



The Sydney Cyclist

Official Newsletter of the Sydney Cycling Club
December 2001 Edition



Presidential cornering style!

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Stan the man!



Success at the Olympic Park Criterium

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SCC Christmas Party
Friday 14th December



From the President's Chair



Well here we are again in the final days of the year, the time upon which all we tend to take just a few moments to reflect on deeds gone by. As this is my first column as the new Club President I'd just like to take some of those 'moments' to thank a few people. Firstly, James Guthrie and the previous committee for the tremendous work done to improve the club's position during the year. 2001 has seen the foundations set by earlier committees being built upon to put the club in a strong position for 2002 and beyond. I'd also like to thank the many committee and club members who have contributed throughout the year. I'd also like to thank our sponsors and advertisers, especially our major sponsor Clarence Street Cyclery for their fantastic support this year.

We are indeed fortunate as a Club to have so many individuals who have willingly given up their time to help fellow club members enjoy a sport we all love. I won't attempt to name them but they have coached, captained rides, driven others to races or acted as a cheer squad, helped new members learn the ways of bunch riding, provided mechanical assistance, organised and

helped with the club's successful race, tour and social programme, acted as 'domestiques' during open races for club mates, contributed to the Club's excellent newsletter, handled at the club's own races, provided administrative support, assisted with special contributions such as Cycle Centennial, made donations of various kinds, negotiated sponsorships, been willing to lend a hand when asked and generally been a good natured bunch. Not only that, many new friendships have been formed. This is the essence of a healthy club spirit and I am indeed fortunate to be asked to contribute this year by joining the committee.

I'd also like to welcome the two other new committee members, Richard Dodds (Tour Secretary) and Tanya Bosch (Race Secretary), who join George Schneller, Suzanne Lyndon, Sam Kosky, Malcolm Wade and IPP James Guthrie and their assistants on the 2002 Committee.

However, we can't keep looking backwards and the new committee has plenty of issues on the agenda for 2002. In addition to ensuring the successful continuation of the club's regular administrative, social, race, tour and ride programmes, club newsletter and sponsorship arrangements, it is clear that many issues are at the forefront of member's minds.

Some of these were raised during the informal members' forum held following the recent AGM. (By the way, thank you to Phil McKnight for presiding at the AGM in the Doc's absence). In summary, the issues raised by members at the forum were:

- ☺ Enhancing communication and consultation with members regarding club management decisions
- ☺ Interest in developing a statement of the Club's objectives - a "Club vision"
- ☺ Introducing the position of a Club Captain
- ☺ Formation of a senior riders' group or committee
- ☺ Organisation of Club rides including, ride captains, ride safety and bunch etiquette
- ☺ Size / growth of the Club

The Committee is well aware of these and many other issues which face us in 2002 - we have plenty to do!. On the first matter, the Committee, at its first meeting, has decided to trial providing a summary of the minutes of the Committee meetings in the Newsletter. We expect to start this from the next edition. The member's forum following the AGM proved to be a useful opportunity to discuss club matters and I hope we can organise similar opportunities through 2002. Space does not permit a discussion on all the issues, however I am willing to listen to and discuss club matters with any member. We can only be a successful club if our members continue to contribute, either by actively assisting with the many club activities, or by cooperating with them. Don't be shy - all offers of assistance will be greatly appreciated.

On a sad note, we received news recently of the death of Michael Atkins, a promising young triathlete and cyclist, the result of injuries sustained during a cycle racing accident at Sutherland. The Sydney Cycling Club extends our condolences to the Atkins family, their friends and the Sutherland Cycling Club.

We are ourselves very fortunate not to have lost one of our own, with Paul Kelly surviving a rather nasty crash with a car while cycling one morning (he was clipped from behind), resulting in an extended hospital stay and operation. Fortunately, Paul has recovered quickly and it is great to see him back on the bike. All very timely reminders that cycling is inherently dangerous and we owe it to ourselves to be vigilant on matters of ride safety. I encourage all members to improve their riding skills and abilities and to help others do the same.

That's enough for now. I hope to see many of you at this year's SCC Christmas / Annual dinner function. It promises to be a great night. Merry Christmas, Happy New Year and safe holidays to all. Safe riding and see you in 2002!

Alex



From the Secretary's Desk

We're not telepathic!

By now all members should have received their membership kits for 2002, either at the AGM or by post. Please contact the secretary immediately if you haven't received your kit

Membership kits were posted to your address as listed in the club database. If you have moved in the last year, but didn't notify the club secretary, then your kit has gone to your old address.

We are not telepathic, if you don't tell us your new address, we don't know it!

Some kits have bounced back to us. It's too late to save that wasted stamp, but act now to redeem yourself in our eyes.

George

Editor's Column



Well here we are again, another month, another newsletter.

This month's edition is full of interesting and diverse information and reports. A good number of SCC riders took part in the recent Sydney to the 'Gong ride. Both Tom Klemola and myself have [written](#) up our

differing experiences on what was a hard day.

Something different again this month. Last month it was a MTB report, this month a film review! Andrew Price [reviewed](#) the French film "2 seconds". Might be something we can organise for a group viewing.

You will notice a brief but successful race report this month; in this case actions speak louder than words. Pictures were by Jochen Schroeder and Ernie Smith. As always you'll find SCC event results and the final point score table for 2001.

Our past president was lucky enough recently to meet Marco Pantini recently, read both his [recollection](#) of the experience plus what really happened!

With the Christmas holidays upon us, our new Tour Secretary, Richard Dodds has organised a host of rides over the holiday period. Check out the [details](#).

Late breaking news is the announcement this week of iteamNova, the world's first publicly funded professional cycling trade team launched this past week in Melbourne. It's an extremely interesting concept which we as cyclists should embrace. Checkout the news item [here](#).

Finally an apology. Last month I indicated that the MTB ride was a first for the SCC. I have been reliably informed that this was not the case, although it was in my club lifetime. There have been others; people interested in nostalgia should speak to Bruce Vote.

'til next month, take care on the road.

Malcolm

Track Riding Anyone?

Have you ever wondered what it would be like to ride the Track? Have you ever wanted to ride on the Dunc Gray Olympic Velodrome? Well here's your big chance.....

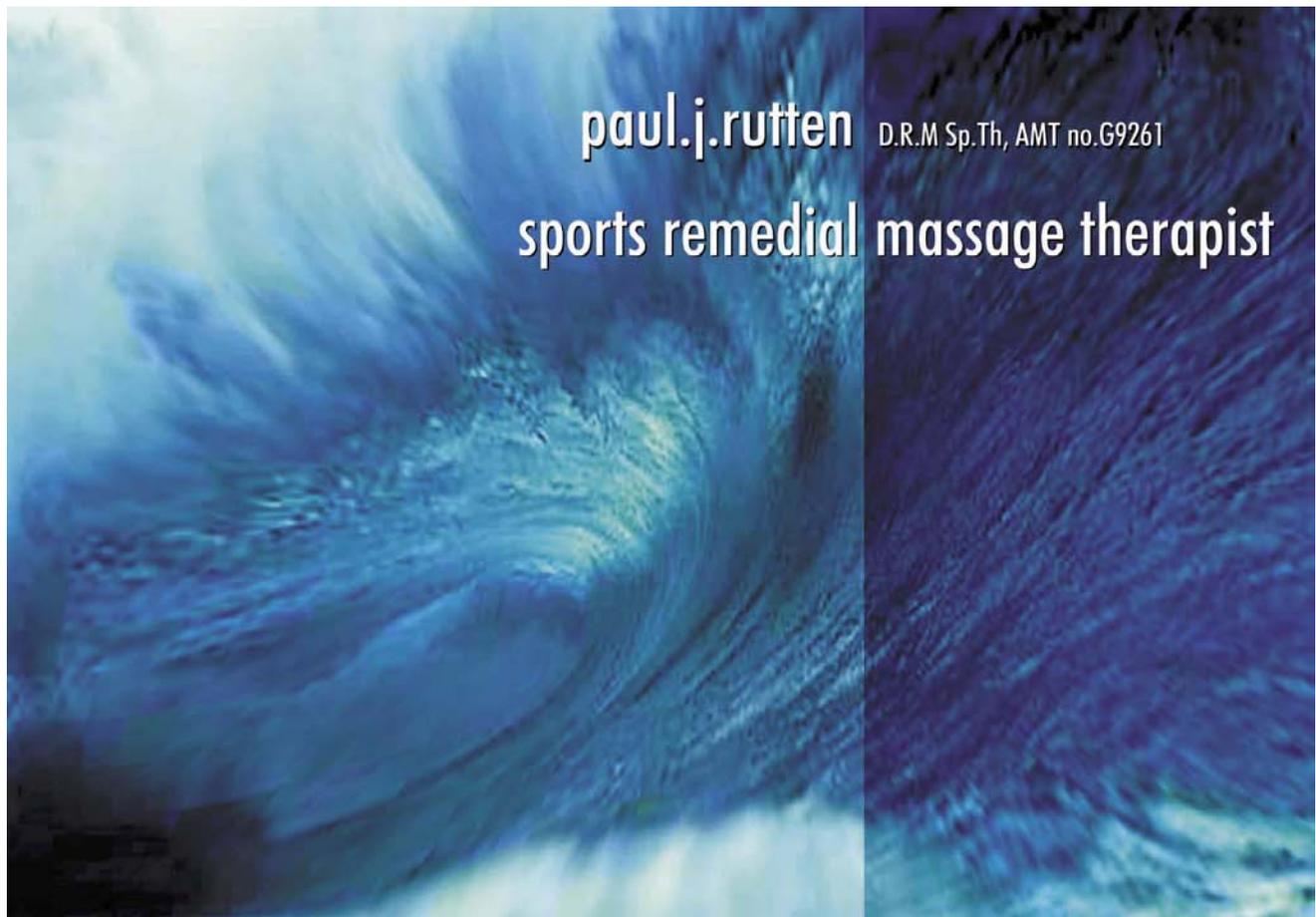
We are negotiating with the NSWCF to hold a Track Orientation session that would allow novices who want to experience the Track to ride on the Dunc Gray Velodrome.

Tom Skulander, NSWCF State Manager has offered to help us introduce anyone interested to Track riding. I've ridden the track and found it a fantastic experience and it is not as daunting as you first think!! If you are interested, please email me at porterbg@ozemail.com.au to register your interest so we can organise a suitable date/time and the necessary equipment.

Phil



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Social News

Deck the halls with bells of holly,
Fa La La La La, La La, La La. . . .
'Tis the season to be jolly . . .

Yeah, yeah, I can hear you all saying "Bah, humbug." Well, find your best red and green, your brightest sequins and sharpest look, the SCC Christmas Function and Annual prize giving is how many more sleeps?

Thanks to all of you who have made the organisation of this event so much easier, by responding and paying promptly. The evening is really shaping up to be a great function with so many things on offer.

To make proceedings run smoothly you'll be given a tag on entry (similar to last year), which will be your ticket for some of the lucky door prizes. Boy, are there some fabulous things to win – Razor scooters (thanks to the Schnellers'), signed jerseys (thanks to Clarence St Cyclery) more SCC club gear, vouchers and lots more!! So don't lose that tag!! Pre-dinner drinks begin at 6:30pm and dinner will be served from 7:30pm.

For those of you who have been asking, here's a sample of the menu and of course, there are more choices and vegetarian options.

Entrée: Goats cheese and roast Mediterranean vegetable stack, drizzled with sun dried tomato olive oil
Main: Herb crusted lamb with gratin potatoes served with basil and tomato dressing
Dessert: Sache torte with cinnamon cream and raspberry compote

It's a good time for me to thank everyone in the club for making the social activities of 2001 so enjoyable. I am very appreciate of all those who have given helping hands in organising events or offered suggestions for improvement or new ideas. Below is a list of activities that could be organised for 2002; some are regular fixtures, others have their time and may come and go, while some are new ideas. I'd appreciate any feedback, either about the type of event or its place in the calendar from all of you.

Possibilities for 2002 Social Calender – comments and suggestions warmly welcomed

Summer: Picnic and/or pastries in the park
Theatre night (eg. Theatre sports at Belvoir St one Sunday night)

Autumn: Tennis Competition (March)
How to Host a Murder dinner
Golf Day (anyone a member of a club that could gain us access?)
Trivia Night

Winter: Pool Night
A (long?) weekend skiing in Thredbo (August)

Spring: Paintball

Christmas Function and Prize Giving (Friday Dec 13)

Well, that's it from your SS for 2001. I hope you enjoyed the events as much as I did. Looking forward to clinking glasses with you next year.

See you at the Fox and Lion.

Sam



Sometimes even a Campagnolo hub can fail!

Film Review – “2 Seconds”

By Andrew Price

Enquiry of your local video store proprietor about whether he has any good cycling movies usually produces a shrug and the suggestion to look in the "Sports/Foreign/Weird" section and try your luck.

If your luck holds you might come up with "Breaking Away" which won an Oscar in 1979 for best screenplay and maybe even "American Flyers" from 1984 which features both a very young Kevin Costner riding the Hell of the West road race in Colorado, and Eddie, an effective but unconventional sprint coach.

Pretty much a drought since then until the 1998 French Canadian release called **2 Seconds** about a downhill cycle racer called Laurie (Charlotte Laurier). Downhill cycle racers use fully suspended mtb's with pretty much the same intent as downhill alpine skiers; they go downhill, very fast. They wear some Kevlar body protection bits but do seem to have a lower than normal sense of self preservation - there is a great scene with 4 of them going up Mammoth Mountain in summer in an enclosed ski lift chatting and comparing scars ("... and this one was a close encounter of the tree kind").

Laurie seems to still be in pretty good shape after 10 years in the sport but starts to think (not a common characteristic in most of her competitors), and unwisely chooses that time in the starting gate when the timer is beeping, to reflect on life, the universe and everything.

It's only a 2 second reflection and notwithstanding a hell of a run down the mountain (good footage) she's off the podium and off the team. Her redundancy package after 10 years? - one bike.

In need of a job, she shares a flat with her brother in a Canadian city (Quebec?) who is a would be nuclear physicist wondering why clever lines about quantum mechanics don't seem to pull the chicks. Sharing digs with non-cyclist leads to some interesting domestic adjustments; ("if you stop using my bath to clean your bike, I won't use your spare gear cassette as an ashtray"). Laurie figures her previous line of work might suit her being a cycle courier - her new co-workers wonder if she's been given the flash bike by a rich daddy to work on her tan over the summer until they watch her go down a couple of flights of stairs her way; it just saves time not getting out of the cleats.

Hunting for a Real Bike Shop she meets Lorenzo (Dino Travarone) who knows bikes but has spent a lot of time perfecting treating potential customers with a breathtaking contempt. Downhill racers/couriers aren't fazed either by snotty receptionists or "difficult" bike shop owners. There is one very memorable scene, after the shops closed, when in a pythonesque routine they each try, while demolishing a bottle of scotch, to one up the other about who has suffered more in their cycling discipline - the downhiller or the domestique from an Italian road racing team of 30 years ago.

Politics and less than great work colleagues are present in all walks of life and Laurie endures her share (hint - never ever borrow a bidon from a courier!!!) but the film is more about finding a mate and that universal human spirit of which cycling is just one of its expressions. Recommended.

[Hint to SBS - this would be a good movie to run while you have us waiting for a live cross to the TdeF next year, it being in French with English subtitles - if you can't wait for SBS and have no luck in the Weird Section of your LVS, Amazon.com and CDNow.com both carry the tape or DVD disk if you can handle the US\$ exchange rate]

SCC Contact List

<u>Position</u>	<u>Who</u>	<u>Phone</u>	<u>E-mail</u>
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Treasurer:	Suzanne Lyndon	9742 6242 (h) 0412 355 455 (m)	Suzanne.Lyndon@chapeast.com.au
Race Secretary:	Tanya Bosch	9369 1436 (h) 0419 217 974 (m)	onyabike@ozemail.com.au
Race Sec. Assistants :			
Tour Secretary:	Richard Dodds	0419 729 206 (m)	rads102@hotmail.com
Social Secretary:	Samantha Kosky	9518 1518 (h) 9568 9370 (w)	samkosky@optusnet.com.au
Social Sec. Assistant :	Lea-Ellen Schneller	9398 7092 (h) 0417 771 955 (m)	Gales@bigpond.com
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Newsletter Editor:	Malcolm Wade	9662 0464 (h) 9227 0263 (w)	malcolm.wade@bikerider.com
Newsletter Submission Details:	Next Deadline: <u>7th January, 2002</u> . Please submit articles to Newsletter Editor via e-mail or post to 108 Rothschild Ave, Rosebery, NSW, 2018 or Club PO Box .		

Tour Secretary's Report

A big hello to all Sydney Cycling Club members from your new Tour Secretary – Richard Dodds.

Firstly I'd like to thank Meg Croft (Tour Secretary 2001) for nominating me for the position and thanks to all those that supported my nomination. Already I have been overwhelmed by the enthusiasm of several club members, your support is most welcome. I will value highly any advice from ANY club member. I know there are plenty of tour veterans in the club whose knowledge will help make for another brilliant year of cycle tours.

For those that don't know me I am a relatively new member to the SCC. I joined in January 2001 after a recent move to Sydney from sunny Queensland. I very much enjoy being involved with the club and I'm keen to give a little back. I thought last year's tours were brilliant, I had a fantastic time and I'll certainly be doing my utmost to keep the same high standard and maybe include some more adventures to our tour calendar. I know some of you already but would like to get to know as many of you as I can and look forward to listening to your ideas regarding SCC Tour events.

This month there is not too much to report in the way of tours as our last was the Patonga day tour which I all hope you read about in the last news letter – a great day was had by all, thanks again to Steve Hogg.

As you can appreciate there is a lot to consider when developing the Tour Calendar for 2002. I have a draft sorted out and this will be finalised once I get my hands on a 2002 race schedule. Obviously I want to maximise the number of club members that can make it to SCC tours so the new calendar will work around other major cycling events for next year.

So who is up for a few rides over the Christmas break? Have a look at the Day Tour schedule for the week 24th to 28th December. We've got some nice rides planned and hope that you can all fit a few in over your busy Christmas schedules. Thanks in advance to all those captaining rides over the Christmas period, your assistance is very much appreciated.

As I said I'm keen to listen to your ideas about a favourite Tour and hope that we can work together to make the 2002 Tours excellent. See you on the bike.

Cheers,

Richard

Date	Ride	Ride Captain	Start Time	Comment
Saturday 22 Dec 2001	Normal Saturday LaPeruse	TBA	6:30am Cannons	
Sunday 23 Dec 2001	Normal Sunday Sutherland/Waterfall	TBA	6:30am Cannons	
Monday 24 Dec 2001	Reverse Saturday Ride	George Schneller	6:30am Cannons	A good steady ride through our eastern suburbs
Tuesday 25 Dec 2001 Xmas Day	Surprise Ride Coffee at Bondi	Alan Lumb	6:30am Cannons	So what will Lumby dish up for us this year?
Wednesday 26 Dec 2001	Cape Solander	Phil Gomes	6:30am Cannons	Phil tells me its great one.
Thursday 27 Dec 2001	Galston Gorge (130km)	Walter Rolli	6:30am Cannons	Get into the hills again and work off the Xmas pudding
Friday 28 Dec 2001	City, Palm Beach, Church Point, Akuna Bay, Belrose, City (120+km)	Steve Hogg	6:30am Cannons	Beautiful ride up along our northern beaches. Steve will be setting a solid touring pace so make sure your fit for this one.
Saturday 29 Dec 2001	Normal Saturday LaPeruse	TBA	6:30am Cannons	
Sunday 30 Dec 2001	Normal Sunday Sutherland/Waterfall	Alex Simmons	6:30am Cannons	
Tuesday 1 January 2002	Surprise Ride	TBA	6:30am Cannons	

Announcing iteamNova

Reprinted from cyclingnews.com



The world's first publicly funded professional cycling trade team was launched at a gala press conference at Melbourne's Crown Casino today. iteamNova - also the first Australian-registered team to be based in Europe, the first team in the world to have a female manager and the first team in the world to be administered on the world wide web - boasts an all-star international lineup and is primed to tackle the world's premier stage race, the Tour de France within three years.

Ironically, its formation came as a direct result of the bankruptcy of the UK-based Linda McCartney team earlier this year. Brainchild of former CycleSport Victoria executive officer Susan Stewart - who is married to former McCartney team member David McKenzie - iteamNova is an attempt to overcome the well publicised difficulties faced by cycling teams when major sponsors pull out.

McKenzie was devastated when he arrived in England at the start of the year to join the McCartney team, only to find it was no longer in existence, is keen to get into it. "Our race program hasn't been finalized but at this stage it looks like we will start with the Bay Classic then go into the National Championships. We really would like to go to Europe with a green and gold jersey on our backs," he said. "Then we have the Tour of Malaysia at the end of February then onto Europe to do whatever events we can get into."

He said he thought it was good to start at the lower category three level. "We don't want to jump the gun," he said. "And we have Sean, who got the McCartney team up to the top level in just a couple of years."

His wife Susan is a 38-year-old mother of one (daughter Lulu has her first birthday in January), who said she had based the concept on that used by football clubs around the world. "After what happened to Dave and the other McCartney members, I wracked my brains to think of a solution to the problem of a team collapsing when they lose their sponsor," she said. "I thought a public membership base could be the key - and would also get an Australian trade team into the peloton," she said.

"Then, because cycling teams, unlike football clubs do not have stadiums, I came up with the idea to run it all from a website, which members could access to follow the team as it competes on the international scene."

Miraculously, Stewart has managed to put the whole thing together in just six months, from clinching foundation sponsorship to signing on riders, uploading the website www.iteamnova.com (launched simultaneously with the team today) and producing the bright yellow white and blue team jerseys and other merchandise. (Interestingly, the jerseys were not ready in time for a publicity shoot earlier in the week, which necessitated a G-string clad McKenzie having to endure six hours body painting).

But as of yesterday, iteamNova, which began as a dream and with the team's first outing at the Bay Classic in Victoria in January will become a reality, was all set to enter the peloton at category three level, with a five-year plan to become a totally publicly funded, highly respected force to be reckoned with at international level. Their main goal is to get an Australian team to the Tour de France.

Stewart has taken on the role of team manager, McKenzie is team leader, former English champion (also Linda McCartney sports director) Sean Yates is director sportif, and riders include Australians Jamie Drew, Allan Iacuone, Trent Wilson, Brett Lancaster; Scott Guyton from New Zealand, Russell Downing from Great Britain, Dominique Perras from Canada and Aaron Olson from the United States.

The speed at which she and her supporters managed to put it all together wowed the well-heeled crowd who attended the launch, hosted by former Hey Hey It's Saturday identity John Blackman and attended by five of the team's nine riders, team patron Phil Anderson (the second patron other is cycling commentator Phil Liggett) and various movers and shakers in Australian cycling. Stewart downplayed concerns about the risks of such an operation, saying that each rider had signed a contract and was well aware of "everything, the whole thing".

"I believe that we will get the support, that Australians as well as people around the world, will want to be part of the team," she said. "In Europe people love Australians . . . I think they will get behind us. Now all we need are the memberships, which we hope will come not only from supporters in Australia, but around the globe," Stewart said.

Two levels of membership are available - full membership for \$200 plus 10% GST which offers the team jersey, team postcards and access to all team gear and all on-line benefits; and e-membership which offers on-line benefits like chat with riders and guests, access to live race coverage, discussion of race plans and training schedules, on-line competitions and team news.

The concept has set tongues wagging on the Australian scene and earned top raps. Phil Anderson said he wished something like iteamNova had been around in his time.

"I am surprised it hasn't been done before," he said. "If there is a problem with the sport of cycling, it is the distance between the supporters and the riders. Cycling supporters are very curious about the inside of the sport. This team fills that void. Through the website, the members can get close to the riders, get the dirt." Liggett, in a message read out during the media conference, said it was a concept that brought cycling into modern times and offered Australia a real foothold into the European cycling scene. "I can honestly say if I hadn't been asked to be patron, I would have joined as a member," he said.

Sydney to the Gong Report

By Tom Klemola & Malcolm Wade

I wonder if the monks at the Buddhist temple in Wollongong are thinking of the gong in their temple when they read that 8,000 cyclists are riding to the Gong. After having ridden several rides over 200kms over the years, riding the 93 to Wollongong seems like an invitation to ride back. This year I wanted to accomplish what I could not do in 1999, namely ride to Wollongong without getting a puncture and in under three hours.

I arrived at the start at the start time: 6:30 am and met Tony Johnson with his brother and Malcolm Wade on his mountain bike as we set off. They informed me that Paul Davies was ahead so I set my goal to try and catch up to him.

Just getting from Driver Avenue to South Dowling took a long time. The lanes were full of bicycles and the traffic lights red. Finally by the airport tunnel I found myself in a group of around 15. Needless to say, no holes were being called.

The group broke up around Sutherland. After one hour still no sign of Paul. The traffic lights seemed to be synchronised to red instead of green, but it always seems like that when you're in a hurry.

I kept passing and getting passed by the same people until the road flattened out on the approach to Wollongong. As the Ks counted down it looked like I would arrive on time. Finally I crossed the line at 9:27, just under three hours. I then found Paul who had been there 3 or 4 minutes and Eddie Bosch who said he had caught a fast group and been there since 9:10!

On a 7-hour ride I like to eat more than an energy bar so I had brought some food. According to a sports nutritionist salmon and rice are excellent food choices for endurance sports so that's what I had, with dill and garlic.

Paul and I headed back after about 20 minutes of taking in the atmosphere at the finish. We faced a fairly strong headwind and it was interesting to see all the faces straining. Some of them winced when they saw us returning.

As we headed up the hill to Stanwell Tops, emergency services people were cleaning up after two cyclists had come together on the descent. Nearing the top a large woman going down the hill saw me climbing and proclaimed "He's going the wrong way!"

Paul was waiting for his coffee when I arrived at the pie shop. Just as we were leaving, a woman wearing a skirt rode past and stopped across the street to look at the ocean. On her bike rack she had a large wicker basket containing a powerful sound system blaring "Do, a deer, a female deer; Re, a pocket full of sun..." It was too much for Paul and I and we had to hurry away.

On the way back, we stopped again in Sutherland. Swapping the lead from time to time we caught and passed only two other cyclists returning. Several people honked their horns at us, no doubt some who knew us. We arrived on Darcey Avenue around 2pm with Paul's computer showed an average better than 29kph for the 190kms.

Rides like that upgrade the rest of your life. Everything from eating to sleeping gets better!

Tom

Having included Tom's report into the newsletter I decided to add my own story. I too started the 'Gong ride this year but my agenda wasn't so much to complete the event in a fast time, moreover my goal was to complete the event on my mountain bike with my 4 year old son in tow! I admit I cheated a little, riding to Waterfall first before meeting Damon and his tug-a-long bike. Even so I reckon I'd been past by a good number of SCC riders by then.

So it was that Damon and I started the descent into the National Park at 08:30. Within 2 minutes there was a clatter behind me and a wail of "my pedal!". For some unknown reason the tug-a-long's left pedal had come off and disappeared into the bush on the side of the road. After turning around, selecting low-range and pedalling back up the hill 100m or so we then managed to get back across the flow of 50kph cyclists coming down the hill, found the pedal (luckily), re-attached it and then proceeded down into the National Park.

The interesting thing about cycling with a tug-a-long is the constant saddle movement as the youngster behind you moves around. At normal speed this is fine; at low speeds as you climb hills this can be quite off-putting as you try and keep the bike in a straight line. At high speeds you have to be on the ball to catch these movements. Of course, with this rare setup people are constantly telling you "he's not pedalling" or "can I have a go?". If they have SPD's I always offer them the front spot ... but so far with no takers!

So we plugged on, stopping at the official 'lunch' stop for a quick bite to eat before climbing out of the National Park, past the pie shop at Stanwell Park where Alan Smith was fuelling up as he always does. Then the fast downhill, with me tempering the speed somewhat; even so we peaked at about 55kph!

Now a 4-year old can only cycle so far without a break (actually; the same could be said for some SCC riders!) so just after the Coalcliff pinch we stopped at a kiddie park for a play and re-fuel. And then we were off again on the last leg through the bike paths to finish just before 11:30, 5 hours after I started and 3 hours for young Damon.

I was pleased. To finally be able to take ones son on this sort of cycling adventure opens the door for other longer trips (read the 2002 RTA Big Bike Ride). And no, Damon and I didn't cycle home!

Malcolm

SCC Race Reports

By Alex Simmons

Olympic Park Crit - In Div 3, Stan won, I got 3rd and the sprint prime, Paul Kelly rode really well. Vaughan competed in Div 4 and finished with the bunch. Sally Thomson and Kate Rowe participated in the Womens' handicap and put in big efforts with Sally unfortunately dropping a chain in the finishing straight which cost her the chance of a podium finish.

Other race results news from me:

I was in Newcastle on the weekend and raced B Grade at Kooragang (an interesting 8km road circuit). I managed 2nd after an 11km 2-man breakaway with the winner. It hurt (I was also crook with a stomach bug)! I also won B-Grade in the Lidcombe-Auburn combined A/B Grade Handicap/Kermesse at Homebush the previous Saturday. Racing and loving it!

[Alex was pressed for time this month and let's face it; results speak for themselves!]



Pantani Interview

Our immediate past president, James Guthrie was recently in Italy and by pure chance, whilst out for dinner one evening found himself in the esteemed company of one Marco Pantani. Here is the 'Doc's account:

"On Friday night I had a pleasant surprise, I was in Forli, via Bologna for a Saturday morning presentation and my host took me to dinner. The restaurant was a small place, specializing in the local dishes. At dinner I was surprised to see a group arrive with a small tanned man, with very big ears and Nike earrings. I instantly recognised the person. After some discussion with my host and the owner of the restaurant, it was agreed that the owner would approach the group concerned and see if I could have a word with the small man, as I was the (ex) president of the SCC. All was arranged and I was ushered into the room with my host (and now my key interpreter) and we spent 5 minutes talking with a great Pantani. As well as the usual signature for my collection, I did ask him about his training (he looked great, not an ounce of fat). Also he indicated that he might do the Giro next year ... anyway when in Italy, why wouldn't you just bump into the great Pantani, my only disappointment was that I did not have my camera with me!!!!"

Unbeknownst to James, his conversation with the great climber was recorded and has been transcribed by one of our members, known for their Italian-English skills (note the SCC does not vouch for the validity of the conversation and places no responsibility on the SCC for its creation):

JG: Marco, very nice to meet.

MP: Likewise, I've heard so much about the great "Doc" from Australia.

JG: Do you know Pino?

MP: Of course, everyone knows Pino! He wanted to sponsor me last year.

JG: So you must be glad the court case about the drug test from '95 is over. Did it cost you much to get out of it?

MP: Yes I'm certainly glad it's over. That was a close call. It cost me a bit more than usual to "grease" the investigators, but it's something I've been doing my entire pro career.

JG: When you crashed your Merc last year, how did you feel afterwards?

MP: Bloody lucky! They only made me blow in the bag, and didn't give me a drug test. Also relieved they didn't check out the boot, it was full of the Team's "Race Preparation" I'd just picked up from Dr Ferrari. Stupid Polizi.

JG: Do those Elephantino ears of yours slow you down on the descents?

MP: They sure do, why do you think I have to climb so fast?

JG: What happened in the Giro this year?

MP: I was clean

JG: Were you disappointed about not being included in the TDF this year?

MP: Not really. My Doctor couldn't get any RSR13.

JG: So what's the future for you now?

MP: I've got the latest undetectable substances, so, I've phoned Jean Marie Le-Blanc and told him I'll be able to keep up with Lance & Jan and still pass a dope test.

JG: It's been really nice to chat with you & I wish you all the best. (Tick, I can add that to my resume ... Armstrong signed TDF jersey, met Ulrich on plane after Olympics, met O'Grady ...)

MP: Thanks for that; it was nice to talk to the great "Doc" from Australia. Give my regards to Pino.

Club Calendar

Day	Time	Venue	Comments
9 th Dec.	06:15	Central Station	The Oaks Fire Trail MTB ride (Woodford to Glenbrook).
14 th Dec.	19:00	Fox & Lion Hotel, Fox Studios	SCC Christmas Function
24 th Dec.	06:30	Cannons	Reverse Saturday Ride
25 th Dec.	06:30	Cannons	Christmas Day Surprise Ride
26 th Dec.	06:30	Cannons	Cape Solander
27 th Dec.	06:30	Cannons	Galston Gorge
28 th Dec.	06:30	Cannons	Palm Beach & Akuna Bay
2002 1 st Jan	06:30	Cannons	Surprise Ride
6-14 th Apr.	-	Manilla to Walcha	RTA Bicycle NSW Bike Ride http://www.bicyclensw.org.au/bigride.php
11 th May to 2 nd Jun.	-	Italy	Giro d'Italia, http://www.cyclingnews.com/results/2001/giro01/
6-28 th Jul.	-	France	Tour de France, http://www.letour.fr/ and http://www.cyclingnews.com/results/2002/tour01/
7-29 th Sep.	-	Spain	Vuelta a España, http://www.cyclingnews.com/results/2001/vuelta01/
Regular Rides			
Tuesday	06:00	Cannons	Watsons Bay hills ride, approx. 25km. Eastern suburbs hills and in-between flat bits. Faster riders wait up at the top of Military Rd. for new kids/the hill-challenged. Back at approx. 7am to Bar Coluzzi (<i>café</i>) in Bondi Junction.
Wednesday	06:00	Cannons	Coaching session focusing on developing rider fitness and general riding skills. Popular change is one lap of the Olympic road course.
Thursday	06:00	Cannons	Foreshore Road/La Perouse, approx. 35km. Fast clip [35-40ish] with three even faster [40-55km] intervals, back in the park at 7ish. We wait up for training enthusiasts but not quite as religiously as Tuesday.
Saturday	06:30	Cannons	La Perouse ride, 45km. Two bunches leave the park rolling easily until Foreshore, then the first bunch picks up the pace at La Perouse for the run home via Maroubra Beach with a paceline developing along Anzac Parade. Second bunch does the same route at a slightly slower pace with an emphasis on bunch riding. All round off back in the park for coffee about 8.20am <i>or</i> Regular Time Trials, Criteriums or Road Races as per published calendar in latest newsletter. At the conclusion of TT's all members are invited to attend a bunch training skill session, starting at 07:45 at the Cannons.
Sunday	06:30	Cannons	Waterfall ride, 90km+. Medium to hard ride, out at 28-35km, some turn round at Sutherland (60km). At Waterfall, smaller groups sometimes go on to Stanwell Tops (120km) or back through the Royal National Park (110km). Main bunch U-turns, pacelines back to Sutherland, collects the stragglers, then a fast ride back to the park for breakfast. <i>or</i> a more medium paced ride, medium/average fitness level. Same route as above or maybe Short or Long Cronulla (60-70km), Kurnell or Cape Solander (70-80km) or maybe even Sutherland, then back via Como and Hurstville (70km). All rides finish back in the park for breakfast (approx 9:30).
First Sunday of the Month	06:30	Cannons	Club Jersey Ride. 100km+. Typically combined group goes north to Church Point, where the faster or more keen riders split off heading for Akuna Bay with the rest of the bunch going straight to Terry Hills for coffee at the Bonds Nursery. All then regroup for the ride back.

All rides leave from the appropriate venue in Centennial Park unless otherwise specified. For club events, please ensure that you either turn up to handle when rostered or find a replacement. Dates for the NSWCF Open races are subject to confirmation.

The Sydney Cycling Club does not take responsibility for the conduct or safety of the training rides detailed on this program. Training can be dangerous and you do so at your own risk.

Legend: SC TT= Short Course Time Trial
 LC TT= Long Course Time Trial
 Ext TT= Extended Course Time Trial
 FMM = Frank Murray Memorial Trophy

Note: 6 points will be awarded for handling once in a season.
 1 point will be awarded for riding and finishing the event.
 Penalties for Drafting or Breaking in TT's will be 30secs.
 Race Sec's decision's are final. No correspondence entered into.

SCC Event Results

Extended Course TT, Centennial Park, 10th November, 2001

Name	Grade	Lap Time	Finish Time	Place Overall	Place in Grade	Points	PB / Margin
Stan Genakis	A	14:32	23:36.42	1	1	8	PB - 1min 43secs
Paul Kelly	A	15:37	25:24.17	2	2	7	PB - 1min 12secs
Dave McAlpin	A	15:45	25:41.17	3	3	6	PB - 14 secs
Eddie Bosch	A	16:00	26:01.57	4	4	5	PB - 41 secs
Paul Davies	A	16:06	26:12.45	5	5	4	PB - 6 secs
Tony Johnson	B	16:19	26:36.45	6	1	8	
Stuart Davis	B	16:19	26:44.48	7	2	7	PB - 1 st time
Andrew Hudson	B	16:30	26:50.35	8	3	6	PB - 1 st time
Richard Kerr	C	16:30	27:07.01	9	1	8	PB - 2mins 26secs
Tom Klemola	A	16:35	27:10.76	10	6	3	
Dan O'Callaghan	C	17:23	28:06.42	11	2	7	PB - 1 st time
Malcolm Wade	C	17:44	28:51.69	12	3	6	PB - 3mins 54secs
Mark Meltzer	B	18:01	29:14.01	13	4	5	PB - 1 st time
Steve McMillan	C	18:13	29:41.38	14	4	5	PB - 17 secs
Mike Larkin	B			Handler		6	

Kilo Championship, Port Botany, 24th November, 2001

Name	Grade	Time	Place Overall	Place in Grade	Points
Stan Genakis	A	1:12.45	1	1	8
Tom Klemola	A	1:16.55	2	2	7
Paul Davies	A	1:16.95	3	3	6
Andrew Hudson	B	1:17.35	4	1	8
Eddie Bosch	A	1:17.92	5	4	5
Stuart Davis	B	1:18.86	6	2	7
Dan O'Callaghan	C	1:19.48	7	1	8
Tony Johnson	B	1:21.92	8	3	6
Malcolm Wade	C	1:26.13	9	2	7
Steve McMillan	C	1:26.95	10	3	6
Meg Croft	C	1:27.01	11	4	5
Tanya Bosch	C	1:27.48	12	5	4
Steve Youngman	C	Handler			6
Tim Youngman	C	Handler			6
Dave Clarence		Handler			

For Sale

Tom Klemola is moving soon and will have a flat full of nearly new items to sell. For a list contact Tom on 9387 8757 or tklemola@yahoo.com. Of particular interest to us all might be the following:

Fast tires: Continental Supersonics 23s, 145 psi 150g
 Vittoria Ultraspeed 23s, 160 psi 165g
 Continental GP3000 20s, 150 psi 200g

Each has about 50 km of wear and cost about \$140 a pair. Tom is asking \$110.

Clarence St. Cyclery

THE ULTIMATE BIKE SHOP

104 Clarence St, Sydney NSW 2000

Phone: 02 9299 4962

Fax: 02 9261 3802

Website: <http://www.cyclery.com.au>

Email: info@cyclery.com.au

2001 Final Point Score

Date	03-Feb	10-Feb	24-Feb	10-Mar	01-Apr	28-Apr	26-May	09-Jun	23-Jun	21-Jul	04-Aug	11-Aug	08-Sep	29-Sep	06-Oct	13-Oct	20-Oct	10-Nov	24-Nov	25-Aug	FMM	TOTAL	
Event	1 Lap	SC TT	LC TT	Ext TT	Hilltop	1 Lap	SC TT	LC TT	Crit	Crit	1 Lap	Crit	SCTT	Crit	LCTT	Crit	Hill	Ext TT	Kilo	1 Lap**	Total	C'SHIP	
Name					Rd 1				Rd 1	Rd2	FMM	Rd3	FMM	Rd5	FMM	Rd6	Climb						
<u>A Grade</u>																	FMM	FMM	FMM	FMM			
Stan Genakis	7	7	5		1	7	5	6				6	8	7	8		7	8	8	7	46	84	
Tom Klemola	3	6	4	5	6	6	5	6	1	1	5	1	3	8	5	5	3	3	7	2	28	78	
Phil McKnight	6	8	7	6	6	5	8	6			7	7	6								13	72	
Paul Kelly		5	6	3	5	1	4		6	3	3		4	5	7	6	5	7		3	29	70	
Paul Davies	1	3	6			2	1	7	2	4		3	2	3	6	8	4	4	6	1	23	62	
Pete Scott			3	7			7	8	4		6	8									6	43	
Alex Simmons		1			2	4		5	7	8		2		4		7				5	5	40	
Dave Clarence	5	6	6	8			3						5								5	33	
Eddie Bosch	6		1		4	1				1	2			2			6	5	5		18	33	
Peter Montford	1		2	1		6	6			7	8									8	16	31	
Steve Hogg						1			8	6	4	5		6							4	30	
Paul Rigby		1	8		7	8														6	6	24	
Leigh Ringrose	1	2	1	2	1	1			3	2		4	7								7	24	
Dave McAlpin	4	1			3				5	1								6		1	7	20	
Frank Milner	1	1	1		6	1			1	5	2	1	1							1	4	20	
Jochen Schroeder					8	3											8				8	19	
Jonathon Lewis	2		1	4		1										4						12	
John Arkwright	8																					8	
Wayne Eastburn					1		6		1											4	4	8	
Derek Hemsworth											1					6					1	7	
Dave Pye		4					2															6	
Simon Pardey			1								1										1	2	
<u>B Grade</u>																							
Tony Johnson	2	5	7	8	4	6	8	8		7	5	4			8	7	4	8	6		31	97	
Andrew Hudson					6				8	8		8		8		6	6	6	8		20	64	
Rob Hood		4	8	7	1	8	7		7		6										6	48	
Simon Kenny					8	7					7			6		8					7	36	
Stuart Davis											8				7		5	7	7		34	34	
John Kearney					5	2	5							5	6		8				14	31	
Doc Guthrie	4	8		6	1						4										4	23	
Mike Avakian					7		6					7					3				3	23	
Mike Larkin	8					5						3						6			6	22	
John Rutherford	7	6	4		1																	18	
George Schneller		2	3	5	1						6										6	17	
Kelvin Haisman	5	3	1		3	4																16	
Carl Horn	3		5		1						6										6	15	
Sam Reuben					2				6					7						7	7	15	
Monique Batterham	6	6	1																			13	
Shane Maundrell		7	6																			13	
Craig Warner	1	1	1			3				6												12	
Ken Lord												6								6	6	10	
Alan Lumb	1	1	1	6																		9	
Mark Meltzer							4											5			5	9	
Ann Clarence	6		2																			8	
Richard Dodds																	7				7	7	
Roy Keyes					1	6																7	
Vaughan Wickham					1							5								8	8	6	

