



# The Sydney Cyclist

Official Newsletter of the Sydney Cycling Club  
September 2001 Edition



SCC Women's Gold Medal team



Bronze in the Men's TTT

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SCC in Sardinia



Strange looking but extremely effective start

## From the President's Chair



Well, Spring is with us and Summer looms just around the corner...many of us have been hibernating in winter and need a varied and stimulating riding schedule to shed the few extra kilos and get back in our best form.

For those club members who have seen the winter months on the bike, we have recently had our two day club championships (which Alex Simmons won in fine form), as well as some NSW state titles, veteran titles and lots of other federation events (see race reports).

As usual the newsletter is packed full of SCC coming events, including the normal rides, some longer rides, tours, races, notices concerning our SCC annual general meeting and several social events.

The club is evolving into a club for its members, and for this we can all pat ourselves on the back. We do not model ourselves on any other cycling club, catering for cyclists who are interested in a range of activities. These activities include training, touring, racing, social events and learning more about the art of riding a bike.

The committee has been working very hard of a number of matters, as follows:

1. Peter Montford and Tanya Bosch organised four Sydney Cycling Club Team Time Trial groups in the recent state championships. Including the Sydney (Team Trek) and supports, we had over 50 SCC members at the event...lots of club colours and, as reported in the newsletter, some great results.
2. We are still fighting the battle to save Centennial Park as a safe haven for cycling.
3. Plans are well in hand for the special general meeting, annual general meeting and the end of year Xmas party and awards night. There will be plenty of activities and prizes, including lucky door prizes, for those who cannot win a riding prize or one of the non-racing prizes (eg. Multi fool award, horse's arse). A full list of potential awards will be forthcoming soon, which will include a call for nominations. Please put these important dates into your diary now (see [Important Diary Dates](#)).
4. At the annual general meeting, next year's offices bearers will be appointed. If you could help the Club by becoming a more active member, please contact myself or one of the current committee.
5. A group has been established to review the club web site and suggest ways to improve it, please contact me if you can help.
6. We are arranging a club photo opportunity in the next month or so, details will be forthcoming on email.
7. The new summer clothing order has now been agreed to and orders have been placed.
8. Every Sunday ride will now be a club jersey ride. We meet at the Cannons, not at the Randwick Gates.

Our recent spate of individual and ride falls continues - maybe no more than in previous years, however, we must be careful in the bunch. Just ask Tony Johnson next time you want to buy a helmet... he has bought 4 in the last 6 months.

I would like to repeat some recent words from our Club Secretary on the importance of safety in the bunch and the need for two SCC rides.

"There are sound reasons for **always** having two bunches, even if the bunch is small. Bunch **size** is not the only reason that the two-bunch system is needed. Not all cyclists are created equal, and in the absence of a dedicated second bunch, newer, less experienced and slower riders are not catered for.

When faster riders are frustrated they tend to ride even faster, no doubt in an attempt to drop the slower riders. This needs to be understood. The club won't win any races if the fast guys can't practice. If fast riders are continually frustrated and can't get a good ride with the SCC, they will leave the club.

We have a lot of new blood in the club, and we have a responsibility to these riders. No one wants to have to give up their own ride every week to shepherd those who need shepherding. Yet, someone has to do it for the good of the club. If everyone helps, no one will miss out completely.

So,

- 🚲 There has to be a system whereby every member is made aware that on weekend rides, at least two bunches are **ALWAYS** operating.
- 🚲 Every ride needs a **RIDE CAPTAIN** who knows the way and can hopefully spot disasters before they happen. A system to appoint experienced riders as ride captains has to be put in place.

New members need to be aware that a pace line is **ONLY** for cyclists who are fit, alert and skilled in this technique. Unskilled, unfit or hung over riders should ride off the back of the pace line, (and practice with a slower group).

As we have seen, the consequences of coming together at speed can be catastrophic."

In conclusion, the best months of the year for riding are nearly here. We expect a lot of our old friends to re-emerge from hibernation, let's make them welcome. As we get down to business end of the racing season and SCC points we wish everybody successful and safe cycling.

*Doc*

## From the Secretary's Desk

### Special General Meeting

All members have by now received notification of a Special General Meeting to be held at 9.00am on Saturday September 29, 2001, at the rotunda in Parkes Drive Centennial Park (near the mobile kiosk).

Those of you with email received notification and relevant proposal and proxy forms electronically. Those without email should have received their notification by post. Please notify the Secretary if you have not received your notification, proposal and proxy forms.

The special resolution needs to be approved by 75% of members (present or by proxy) to be passed.

### Using A Proxy Vote

The proxy form can be used if you are unable to attend the meeting in person. For it to be valid, the Club Secretary must receive your proxy at least 24 hours before the meeting is held i.e. by 9.00 am Thursday 28<sup>th</sup> September. Post it to George Schneller, SCC Club Secretary PO Box 547 Paddington 2021.

### About the Special Resolution

Membership in the Sydney Cycle Club currently runs from November 1 until October 31 the following year. The Special Resolution proposes to change this to a calendar year, so that membership runs from January 1 until December 31 each year.

The NSW Cycling Federation uses a calendar year, so this change will simplify club paperwork and reduce confusion. At the moment our fees are due before the NSWCF has released theirs, putting us at a disadvantage.

A bonus of this special resolution, if passed, will be the two extra months of membership this year.

If you have any questions regarding the proposal, please me on 9319 2899.

### **Bunch Safety - CALL ALL HAZARDS - Bunch Safety - CALL ALL HAZARDS**

*Every one of you needs to put bunch safety as your number one priority, or our bunches will simply disappear. If it is safer to ride alone, that is the option that members will take. Falls are still occurring far too often!*

*Every one of you is responsible for the safety of the bunch. It is vitally important that you CALL ALL HAZARDS down the bunch, I can't emphasize this too strongly - your safety and the safety of your fellow bunch members depends on it! Don't leave it to the other guy!*

**Be CAREFUL out there!**

*George*

## Important Diary Dates

This is just a reminder of a couple of important SCC events coming up:

- 🚲 **Special General Meeting** - Saturday 29<sup>th</sup> September at 9am at the Rotunda, Parkes Drive, Centennial Park. This meeting has been called to allow a change to the club constitution to bring the club financial year into line with the NSW Cycling Federation, namely 1<sup>st</sup> January to 31<sup>st</sup> December. Please make sure you attend or at the very least submit your proxy vote. For further information please contact the club secretary.
- 🚲 **Annual General Meeting** – Tuesday 4<sup>th</sup> November at 7pm. A venue and agenda will be advised shortly but put the date in your diary.
- 🚲 **Annual Christmas Dinner** – Friday 14<sup>th</sup> December at 7pm. Again, the venue is still being finalised but put the date and time in your diaries for a great night out.

## Editor's Column



Well here we are again, another month, another newsletter.

Reports, reports, reports. This month has seen race reports from all directions appearing in my e-mail box. We have Open race reports from all around NSW plus reports from all possible angles from the recent NSW

State TTT championships at Calga. So many reports in fact that coupled with all the SCC result pages from

Hilltop etc, I even had to hold over another article one of our members had thoughtfully penned. Thanks go to Phil McKnight for the TTT photos.

I'd like you all to remember about the Special General Meeting on the 29<sup>th</sup> of September. Please attend or get your proxy form in to George Schneller.

'til next month, take care on the road.

*Malcolm*



## Tour Secretary's Report



There are loads of different rides planned for the next 2 months – the Cessnock Tour in 2 weeks time, the Galston Gorge / Berowra ride on the Monday of the long weekend, the Palm beach Patonga ride the week after that and the Narrow Neck ATB ride a couple of weeks later. There has

to be a ride here to suit everyone.

### 15-16 September 2001 - Cessnock/Wollombi Tour

By now you would have all received lots of emails about the Cessnock Tour. We are staying at the Australia Hotel in the heart of Cessnock. It is Pub Style accommodation with shared bathrooms. The Hotel has recently undergone renovation and in addition to new beds and linen, 6 new bathrooms have been built. The new food area should be opening up the week of the tour.

The cost of accommodation is \$25 per person per night sharing either 2 or 3 to a room. This is the only pub in town that does not have bands playing on Saturday night and according to the Licensee it is situated next to door to the best restaurant in town.

Details

**When:** Weekend of 15-16 September. Staying overnight in Cessnock on Friday 14 and Saturday 15 September at the Australia Hotel.

**Rides:** Saturday approx. 165 km (shorter option approx 110 km)  
Sunday approx. 120 km (shorter option approx 90 km)

**Cost:** Accommodation \$25/person/night (food extra).

### October long weekend – 29 September to 1 October -

**Saturday (29/9):** Criterium Round 5 (Heffron) or normal Saturday ride.

**Sunday (30/9):** Masters Road Race (Calga) or Waterfall ride.

**Monday (1/10):** Galston Gorge / Berowra Waters / Bobbin Head.

**Note:** All rides start at 6:30 from the Cannons. For race details refer to the [Club Calendar](#).

Or

**Bike and Ski long weekend in Jindabyne (see details [elsewhere](#) in this newsletter)**

### Sunday 7 October 2001 - Palm Beach /Patonga Ride

A challenging 180 km, it is hilly and you need to be fit.

**Destination:** Patonga via Palm Beach and return to the Park (180 km)

**Date:** Sunday 7 October 2001

**Time & Place:** Cannons, 6:30 am

**Ride Captain:** Steve Hogg

**Terrain:** Hilly - especially the ride out of Patonga

**Sag Wagon:** At this stage we are planning on having a sag wagon (to carry food, clothing etc) that will meet everyone at the Cannons in the morning and then meet up with the group again at Patonga. It is not feasible for the sag wagon to follow the group to Palm Beach.

Let me know if you want to come on this ride so I can give Steve an approximate number and I can forward you details as they come to hand - there may be some changes to the route depending on the current ferry timetable (ie ferry may dock at Ettalong instead of Patonga). Note that you must be fit for this ride, the pace will probably be similar to that of the return ride to Wollongong last November (a very memorable 180 km).

### Sunday 21 October 2001 – Narrow Neck ATB ride

And now for something totally different.....

**Ride Captain:** [Christopher Hille](#)

**From:** Katoomba Station

**To:** Clear Hill (return) via Narrow Neck Plateau

**Length:** 35 km

**Ride/Track Grade:** Gentle uphill/4WD track (good quality)

**Walking:** Short walk to lookout at the end

**Height Variation:** 110m

**Transport:** Rail (Blue Mountains Line) 7:32 am ex Central

**Fare:** \$22.40 return, bicycle free.

**Meeting Point:** Central Station Elizabeth Street entrance 7:15 am sharp.

"Narrow Neck is a very long peninsula completely skirted by high cliffs that form the western boundary to the huge Jamison Valley that Mount Solitary resides in. The plateau on top is quite flat and makes fantastic cycling country. Furthermore, most of the peninsula is closed off to motorised traffic. The stunted heath on top of the plateau is testimony to the high winds that blow across from the west. For this reason it is recommended to take a jumper along. A couple of water bottles would also be handy, as there is no water along the way. This ride has become one of the most popular bike tours in the upper Blue Mountains, especially after Andrew Ettinghausen did a tour here for a network television holiday program".

'Cycling The Bush', Sven Klinge '94

There will be an opportunity for morning tea in Katoomba prior to setting off for Narrow Neck, and similarly a lunch stop will be accommodated on return prior to catching the train back to Sydney.

*Meg*

# Trek Team Report

By Graeme Moffett



With the season in full swing the Trek Team has continued to go from strength to strength. A number of races were contested over the last month with some excellent results from the Trek SCC team members.

The Penrith open is run over 160km in the foothills of the Blue Mountains. This is always a very tough race and over the past few years has been won from an early break. Trek SCC tactics were simple: get as many of our riders into the break as early as possible.

From the gun the race was on. After a number of early attacks, which were bought back by a cold scared peleton, a solid group of 8 riders eventually got away. Team Trek had three riders in the group: Graeme Moffett, Anthony Challinor and Kevin

Poulton, whilst there were also three Caravello's and two other riders. The gap grew to 4 minutes at one point, however as soon as the climb of Hawkesbury Look-Out was reached the Peleton began to eat into the advantage. Over the climb four riders were still away and with thirty kilometres still to go there was a lot of racing to come.

In probably the ride of the day Peter Milostic rode across to the break and ended the day by winning on his own. Anthony Challinor, who was away at one point solo finished for second and Kevin Poulton finished fourth.

The Cootamundra weekend always proves to be fun filled weekend with a little racing thrown in for good measure. The Saturday Handicap provided one of the strongest Scratch bunches of the year with ex-pro riders and national team members such as Ben Brooks and Dan Smith ready to hurt all who were not quite fit enough. The blustery conditions didn't deter the chase and in the final Brian Appleyard ended up fastest yet again, only 35 sec down on the race record.

The Sunday Recovery (a well named race considering the night before) was probably the worst conditions of racing for the year. The rain did not stop for the whole race and with 4 - 5 degree temperatures riders were hoping off after 5kms. Many of the scratch bunch from the day before had gone home so 'getting up' was always going to be tough and in the end Graeme got second fastest.

The NSW team time trial is always a dreaded yet rewarding event. The Trek SCC team had done some good preparation and after catching our 9 minute men we felt we were going well. The problem was that on the day other teams were flying. Caravello broke the state record by 2 mins and Sutherland the record by a minute. The team was happy with their overall performance and with potentially a big hitter time trialist joining the team next year, are hoping to do better than the 7<sup>th</sup> place they earned this year.

The Nationals are coming up this month and the team would like to thank SCC for their support for this event. Until next time, keep riding.

## SCC Contact List

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**Newsletter Submission Details:** Next Deadline: **1<sup>st</sup> October, 2001**. Please submit articles to Newsletter Editor via e-mail or post to **108 Rothschild Ave, Rosebery, NSW, 2018** or **Club PO Box**.

# NSW State Team TT Reports

*By Tanya Bosch, Julie Howard, Peter Montford & Alex Simmons*

The NSW State Teams Time Trial championships were held at Calga on the 27<sup>th</sup> September. Sydney CC entered 5 teams with great results:

## **Women's Open and Masters, 27km, "Gold Gold Gold!"**

The gold medal was the just reward for what I thought was the best enthusiastic training, team spirit, and using our resources to the max. Congratulations go to all the girls including those who came to training but did not ride.

Team 1 consisted of Meg Croft, Julie Avakien, Sally Thomson and Breeda Kelly. They were entered into the Women Masters Division that was run for the first time this year. As we arrived at Calga on the day we were admiring the trophies propping up the podium and discovered Sally's name on the open women's trophy from the 1995 women's team from Sydney that won the gold. That put even more pressure on the team to be first to have the club's name on the new masters women's trophy. On arrival at 8am we were told we were not racing until 11.41am. A few expletives later we were on our way to Sydney club's favourite activity - have a cappuccino with all the bikies at Mt White. After all that, it was hard to warm up. It ended up with the whole team yelling to Julie to hurry up with 2 mins to go with the Waratah team sitting behind us looking smug and probably thinking how disorganized we were. It was a relief to finally get away. Mike Avakien volunteered to drive while the coach sat in the passenger seat and tried to contain herself. Breeda found halfway out that a 27K ttt was not the same as an ultra marathon and was dropped. She made up for it later by doing 50K/hr up Blood Hill .....by hanging onto a Porsche. The coach didn't think that even her own skills extended that far! The wind was a bad cross wind but the girls were echeloning nicely. Meg and Julie's experience from last year certainly counted whilst Sally's many years of racing experience was a great help. She certainly knew how to hurt herself. On Blood Hill she started to drop because of all the work she had done. The coach hung out the window (because it was the only time she could be heard!) and yelled at them to wait for Sally and urged them to get up there as fast as possible. Michael could hardly contain his excitement and kept wanting to drive next to the team so as to give them instructions but the coach stopped him because of fear of disqualification. (The following car should drive 25 metres behind the team) Once back together the 3 worked well to the finish and almost dropped Meg in the rush to the line. Waiting for the result was agonising and we only heard it when they presented the medals. As the photographs were taken, one with the coach holding the trophy; the coach's spouse was heard to say, "At least they have finally found something for you to do" Yes!



Team 2 consisted of Beth Bowen, Anna Murray, Kate Rowe and Julie Howard. This team was entered into the open women's because Beth was too young to be a master. We could have replaced Beth with the coach so that they could race in the masters but all the girls made the decision to stick with Beth. She had put in a lot of work and the aim of the 2nd team was to have fun and gain experience. Team 2 was followed by Derek Hemsworth and Dane and many thanks go to them for their support both on the day and in the trial run that we had 2 weeks before. Team 2 worked so well together and showed so much team spirit. Beth's enthusiasm should be bottled. Kate showed a lot of guts and determination in pushing through her illness to be part of it all. Julie did a Herculean effort to get back on after being dropped and was there at the finish. Anna's experience showed through and has discovered what it is like to ride with those who are the same or weaker than herself instead of trying to hang on! Team 2 ended up finishing 5th.

## *Tanya*

### **Womens Team 2, 27km.**

The Women's Team Two certainly had it all, youth/vets status/experienced racers/near novice, one very ill rider & a couple bursting out of their skins, but above all it had real heart!

The team comprised of Beth (the powerhouse) being the baby at 30, Anna, Kate & myself all in the veterans at varying degrees. Hence we had to participate in the open division which really didn't put any pressure on us, as our objective was simply a PB and to try and ride as a team. My objective as by far the most inexperienced rider was to simply hang on!

Our start was pretty good – great to have handlers – thanks guys – and once we ticked along Kate & Anna really talked us into a smooth rotation of turns and not really going for it up hills as much as working together. I think it was about 6kms into the race (a point where I think how am I going to make it at this rate!), when we see our First Team tearing for home minus one rider. We exchanged encouragement for each other and then over the rise came “Breeda” on the Red Porsche Float! I knew I could make it home, even if it was on the Porsche.

This was entertaining but Kate and Anna got us back thinking of OUR RACE and riding together, and before we knew it we hit half way and implemented Tanya's training of tight turns back up hill – I can say no one fell off- that's a good start.

It wasn't long after this that Beth took a floral interest in the roadside plants, she really does have a lot of energy to burn, where as I knew Kate was not well and I was eternally struggling. On passing the fruit stall Beth started asking questions



about the wild apples that were advertised. We all can see we need at least three more under 35 year olds to do her justice!

Not far from Blood Hill Anna told the team “we are going to finish this as a TEAM!” I think it really inspired us, we could all see it was possible – until BLOOD HILL that was! This is a very big hill for those lucky enough to have escaped its pleasures. Half of my body is still there as I got dropped at the bottom of the hill and fought to get back with the guys remembering Anna’s directives.

Then somehow on the top of the hill the finish line is almost there. Excitement really built in the team. Beth shouting – GO GO! Then the sight of “supercoach” about 150m from the finish would inspire anyone. And yes we did finish as a team and in not too bad a time. We were all dead chuffed and a big thanks to the guys in the van Derrick, Dave & Daniel.

Kate and Anna’s experience was invaluable in terms of keeping us steady and smooth. Beth’s power and enthusiasm is very special. The experience was fabulous I can only encourage people to have a go regardless of your standard of racing ability. As a fairly new person to cycling and the club, when you go through the team time trial training you really do feel that you are part of a club, the camaraderie is great. Lastly we all would like to thank “supercoach” Tanya Bosch, we try to ride with the same level of enthusiasm that you bring to every session, let alone at the finish line.

*Julie*

### **Men’s Masters 1, 27km - “and then there were 4”**

This year the State Team Trial Championships proved to be a hotbed of contention for the Sydney Masters. Early on in the year I put together a program that differed from previous years in that we would train on Saturday and do more rides at Calga. Unfortunately I hadn’t counted on the club’s masters riding opens in unprecedented numbers. With little over a month before the TTT we had yet conduct a successful training ride. This didn’t deter me from starting to develop a crude team. Open results, club TT’s and other rides were factorised, quantified and nut cracked to help do what participation at the State individual TT championships should have done for me. The program was re-gigged, and what was meant to be individual TT at Calga with ATTA in August turned in our first real TTT trial of the year. (see <http://members.optusnet.com.au/~decade/TTTHome.html> for our program).



This ride turned out to be a revelation in how bad our technique was under pressure. And of course how we needed to control our start (sorry for dropping you PK). Out next ride at Calga saw Steve Hogg manage two strategic punctures and Peter Scott have his first ever “Bad day”. Leigh rode like a man desperate to shed his “Crystal” tag. (checkout <http://www.nycolor.com.au/France2001/TTT.htm> for photos of this day. There also is a video, which Leigh is rumoured to have watched 356 times). At this point in time I had been ready to name the full team, but with Steve’s problems it was agreed that one more time at Calga was needed to sort the team out. Come a week to the big event and 5 of us lined up to decide the last spot. At this point in time Phil, Peter Scott and myself had put in enough work to justify inclusion into the team, so Hoggy, Leigh and a surprise Dave McAlpin turned up for a fight for the lucrative last spot. Things weren’t to be so clear-cut, Phil had a bad day, Leigh went off on the way home and Dave was feeling the effects of two races the day before. It appeared that one race the day before was the perfect warm-up for Steve and myself. So with three rides at Calga the selection changed to Steve, Phil and myself, with Peter Scott if he gave the ok later in the week. Dave became the first reserve and Leigh the second. Well they say a week is a long time in politics it also is in TTT selections. Come Wednesday and I was on the floor with a virus, still hoping to come good for the race. Thursday arrived and poor old Pete Scott DQ’d himself, so in went Dave, Thursday afternoon and with my virus going nowhere I fell on my toothpick, so Leigh lived to see another TTT. Saturday morning and Dave informed the team he was feeling a little ordinary, and hoped to come good for the next day. I had not really anticipated that we would have to utilise our 7<sup>th</sup> rider, as I had not really determined who was the 7<sup>th</sup> rider.



Race day dawned and Dave pulled up ok. Steve had taken his 55 Coenzyme tablets, and capsicum oiled and then glad wrapped his legs the night before. Leigh had abstained from grog and conjugal relations and was showing the sign of abstinence. Phil, well!!! being a veteran of the event he only needed to make the appropriate sarcastic remarks to the right persons and he was rearing to go. The object was simple, smooth and fast. After three training rides at Calga we knew that an easy start for the first few k’s was the foundation to a good performance, whether this was the case for Phil is open to debate as his average power for the first 3 minutes was 273 watt (SRM telemetry uplink) Then again maybe the lads were just working him over.

The wind on the way out definitely made for choppy sailing, as Phil was getting blown about on his disk. The lads kept up a smooth relentless pace with Dave and Leigh digging deep and putting some long efforts in. The turn around was reached in 22 minutes, a great time given the conditions.

On the way home the lads enjoyed a big tailwind and Steve and Phil battled it out to see who could do the biggest fastest turn (sorry guys but that’s still mine). Normally the faster speed is reached on the way out but on the way home they

topped out at 75k. On the little pimple before Blood hill we nearly lost Leigh but a huge effort by the little lad (put on some weight before Italian in-laws see you mate) brought him back on. On Blood hill (so named because that's all you taste at the time) Steve and Dave led the way with Phil and Leigh grinding away. Over the top and the speed went up, and then down as a gust of wind got hold of the team. On the run home the lads managed to top 61 k's where before we had only topped 54. Leigh gave it all and went off the back with a k to go. We finished with a time of 39.51 to take the Bronze with Sutherland taking the gold in 38.57, and Parramatta the silver in 39.34. Sutherland's B team was fourth at 40.08. For photos of the day check out <http://www.nycolor.com.au/vetsttt2001/>. The Sydney reserve team (See Alex's report) rode well for a very credible 8<sup>th</sup> at 42.04. Sydney, on these performances, is now the second strongest masters club in NSW. I believe that next year we can build on this strength for Silver or a Gold. Thanks to Phil, Peter Scott, Dave, Steve, Leigh, Michael, Paul, Alex and Wayne. A special pat on the back goes to Dave Clarence for a strong jet lagged one chainring ride in the reserves. A special thanks to Paul Rigby for your support and insightful commentary, Rob Hood, Doc, Jamie, Stan, Chris and everyone else that helped.



*Peter* (Soupy to his mates)

### **Reserve Team, 27km - "spin those pedals"**

Sydney's second team managed a respectable time of 42'04" (average of 38.5 km/h) for the tough Calga course, finishing in 8<sup>th</sup> place (of 31 teams entered). The four riders in Sydney Team 2 were Paul Kelly, Wayne Eastburn, Dave Clarence and Alex Simmons.



The start itself was eventful with Dave experiencing mechanical difficulties on the line. This meant he was unable to operate his front derailleur and was confined to the small chain ring. This is less than ideal for any time trial, let alone a team event with some very fast sections. However, this perhaps proved to be a bonus for Team 2 (but maybe not for Dave's lungs) as the strong cross and head winds on the outward leg meant that the pace was not that high and we needed to ride smoothly to manage our team resources wisely.

The team rode very well together, all riders being fairly evenly matched and communication between the riders being excellent. On the day, Paul Kelly was the strongest rider but showed great patience and used his resources well, especially with big workloads at key times on several inclines. As the ride progressed, we all had our good and bad patches but took heart at catching

the teams in front of us and on hearing the support of SCC members cheering us on. With Alex calling the shots, we adjusted our team tactics to the suit the conditions, using both long and short roll overs to great effect. At the turn around, Wayne was feeling the pinch and so he started to work a little harder with an eye on helping us maintain a high pace. This unfortunately meant Wayne "blew" with about 5km to go – losing his breakfast in the process. Alex, who turned to see if it was worth waiting up for him, observed Wayne's obvious discomfort and made the call to keep going.

After finally getting over "Blood Hill", Alex put in a big turn and then hung in over the last km while Paul and Dave drove to the line.

A great effort by all with the highlights being:

- 🚲 Paul Kelly – he was strongest rider on the team and rode a smart team race.
- 🚲 Dave Clarence is an absolute legend for completing the TT in his small chain ring. Given that speeds at time were in excess of 70km/h, this was no mean feat.
- 🚲 Wayne Eastburn for giving it everything and losing his breakkie in the process!
- 🚲 Alex for bludging at the back a lot, managing to lug his fat arse up those hills and calling the shots.
- 🚲 Stan and Vaughan for their support in the car.

A most enjoyable afternoon and evening celebrating the team's successes were spent at a BBQ hosted by Steve & Margaret Hogg (thanks guys – it was great). The events of this function alone would fill another entire report, best left to the social snoops amongst you to find out. However the "feats of strength" displayed by two unnamed, red wine fuelled members were nothing short of hilarious!

*Alex*



# SCC Race Reports

*By Alex Simmons & Dave McAlpin*

## **Tamworth Tour, 4-5 August 2001 – “Tour de Sydney”**

This two-day, three-stage road race was one of the highlights of the SCC open racing calendar. Seven Sydney riders lined up for this year's Tour and flew the SCC flag brightly. Six riders contested the Division 3 race and one in the Division 1 race. Competing we had:

Division 3: Stan Genakis; Dave McAlpine; Leigh Ringrose; Paul Davies; Wayne Eastburn and Alex Simmons. Joachen Schroeder rode the Div 1 race.

The SCC team rode extremely well with a great effort from all. We rode as a team, had a plan and stuck to it. All SCC riders finished the tour and we gave it our best shot at taking the win. In the end the SCC didn't finish on the podium in the overall standings but Stan managed 7<sup>th</sup> overall (12 seconds down on a podium finish) as well as two 4<sup>th</sup> places in the stages and Dave McAlpin finished in 10<sup>th</sup> place overall with a 3<sup>rd</sup> place in an individual stage. That gives Stan five podium finishes in open races this season (which I define as being in the prize money places) and Dave two.

Three road race stages totalling 220km were ahead of the riders. Day 1 has two stages. In the morning there is a 60km stage. The course doesn't comprise any major climbs, being mostly flat and undulating terrain. About 90 minutes following the finish of Stage 1, Stage 2 presents an 80km challenge. This time over the same course with a 20km extension which included a substantial hill (to be climbed from both sides) with a KOM prize on the first ascent.

Stage 3 is contested on the morning of Day 2 with an 80km race (120km for Div 1), comprising two laps of a sometimes flat but mostly undulating and occasionally quite hilly terrain.

Time bonuses and prize money were awarded for the first five places on each stage.

Conditions for the weekend were next to perfect: sunny, slightly cool and only light or moderate winds. Maximum temperatures were around 22° C.

Pre race nerves were settled in a variety of amusing ways, with the final psyche up being provided courtesy of Alex's car stereo and Leftfield's "Open Up" featuring none other than John Lydon on vocals (aka Johnny Rotten of Sex Pistols fame for those that can recall those heady days).

**Stage 1** (60km): A field of 50 riders lined up for the start of the tour. 12km into the race Alex went with a two, then a four man breakaway which lasted about 15km. This set up the counter attack that got Dave and Stan into the leading break. Wayne, Leigh, Paul and Alex then just controlled the chasing bunch and ensured our guys had the best chance to get a high placing.

Results:

Stage: G White (Hunter V) in 1:45'40" (34.1 km/h); **Dave McAlpin** 3<sup>rd</sup>, **Stan Genakis** 4<sup>th</sup> same time.

Overall: Leader @ 1:45'25"; **Dave McAlpin** 3<sup>rd</sup> @ 6 seconds; **Stan Genakis** 4<sup>th</sup> @ 9 seconds. 2<sup>nd</sup> bunch finished 2'55" down on the leader.

Amusement was then provided in the form of the NSWCF Commissaires gathering together the entire Sydney team for a discussion. A complaint had been received about the riding tactics of SCC riders that, it was claimed, caused a crash in the bunch by "riding to the front and then putting on the brakes". The Commissaires had a duty to inform us of this, request we "behave" and investigate further. To their credit, their investigation found that we were innocent of the charges and as such no action was taken.

**Stage 2** (80km): It was tough backing up less than two hours later for a longer and tougher stage. Plenty of attacks but basically the bunch stayed together chasing down only the odd lone attacker (some of whom were very odd - especially the Central Coast guy). A longish climb with 30km to go split the field with Paul, Wayne and Alex being dropped. Leigh led the field over the top, not quite catching the break away rider for the KOM title.

In the ensuing chase, Paul managed to get back on, however Wayne & Alex were spent, their domestique duties taking their toll. The front bunch were then lining themselves up for another sprint finish. Leigh, Paul and Dave tried to help Stan to the line but didn't quite manage to coordinate a la Saeco. In the end Stan earned 4<sup>th</sup> place on the Stage to consolidate his overall standing.

Results:

Stage: G. Peadon (Dubbo) in 2:29'02" (32.2km/h); **Stan** 4<sup>th</sup> (same time).

Overall: Leader 4:14'18"; **Stan** 4<sup>th</sup> @ 12 sec; **Dave** 5<sup>th</sup> @ 15 sec.

Following the race, team SCC spent the evening wolfing down pasta, pizza, beer and a glass or two of red, generally having a good time and hatching plans for the following day. A good evening with sleep being the best us old timers could manage (ie, no nightclubs or karaoke singing Slim Dusty tunes for us city boys).

**Stage 3** (80km): With the benefit of a night's rest and more information on results, the final strategy was agreed upon amidst the early morning fog. The plan was to get Leigh away early with another SCC worker and Glen Ingram (Sutherland CC) and then the rest of us would mark the bunch. The idea being that if they could win by around 2'30" then Leigh would have a chance of finishing overall 1<sup>st</sup> or 2<sup>nd</sup>. If the bunch came together then we had Stan at 4<sup>th</sup> place to work for.

The plan went well with Glen, Leigh and Paul getting away only after about 5km. Alex, Dave and Wayne then shut down everything at the front and the break was going well getting to 1'30" by halfway. However, somewhere we missed an attack by the rider placed 3<sup>rd</sup> overall, who managed to bridge the gap (by this stage very few riders were still wearing their club jerseys and trying to remember all the numbers ain't easy!). Once that happened Leigh, Paul and Glen sat up and the bunch really started to crank up the chase.

The four riders were finally caught after a 45km breakaway (a fabulous effort which nearly worked). This meant Paul and Leigh were pretty cooked. Alex was, by this stage, also getting close to cracking and decided to use his remaining reserves by marking absolutely every attack until the climbs started (about 20km from finish).

By then it was up to Stan with help from Dave.

With 20km to go a five man break got away. This was to prove decisive with four of these riders also finishing in the leading bunches on stages 1 and 2. Then another eight riders (including Stan, Dave and another top four of the top six overall placed riders) broke from the bunch on another long uphill drag with 12km to go.

On the next rise after the water causeway, Dave let Stan slip off the front and by the time anybody could react he had 100m which he maintained/extended over the next couple of kms. Dave tried to neutralise until the next small rise where two riders (1<sup>st</sup> and 2<sup>nd</sup> placed overall) got away and eventually caught Stan near the finish. Dave then made sure the rest of the riders did not get across to Stan, including riders placed 3<sup>rd</sup> and equal 5<sup>th</sup> overall.

Once these two riders caught Stan he realised the yellow jersey was cooked and could no longer work, so Stan attacked again with about 2km to go but was caught about 500 metres out. Seeing this was going to be a sprint showdown, Stan kicked again with about 150m to the line only to be beaten by half a bike length by the Hunter rider.

Results:

Stage: J Doyle (Kooragang) in 2:24'11" (33.3km/h); Stan 6<sup>th</sup> @ 1'51", Dave 12<sup>th</sup> @ 2'46".

Overall (Final): J Doyle (Kooragang) in 6:38'38" (33.1km/h); **Stan Genakis** 7<sup>th</sup> @ 1'54"; **Dave McAlpin** 10<sup>th</sup> @ 2'52"; **Paul Davies** 15<sup>th</sup> @ 5'24"; **Leigh Ringrose** 19<sup>th</sup> @ 8'47"; **Wayne Eastburn** and **Alex Simmons** 24<sup>th</sup> @ 15'32".

Then it was back to the hotel for a shower, final packing and the drive home, satisfied in the knowledge that the SCC is capable of fielding a competitive team. Many positive comments were received from the other riders about SCC riders' tactics and the way we rode as a team. Some even expressed interest in joining the club!

I strongly recommend that this race feature a strong SCC team next year.

### **Penrith Open, 107km handicap, 12<sup>th</sup> August 2001 – "All or Nothing"**

Following the exploits of Team Sydney in recent team outings at both the Parramatta Open and Tamworth Tour, it was a little like coming back to reality when SCC managed only one rider in this year's Penrith Open Handicap Race.

Alex Simmons lined up with the 15 minute bunch (which included six Penrith riders) in this 107km handicap event which takes place around a 17km road circuit with the start/finish line at Shane Park (6 laps with the final lap having a 5km detour). The parcours was relatively flat with some slight undulations and a variable road surface with some fairly rough sections. It was sunny and warm (21°C) with light winds.

Alex nearly didn't get a start at all when, during his warm up, the sidewall of his tyre blew out in the gravel car park and of course Alex decided not to bring a spare tyre/wheel! Fortunately another rider was gracious enough to lend Alex a wheel ("thanks mate").

The 15 minute bunch started its work well but soon found the odd rider bludging off the back which always upsets the paceline. After 45km we caught limit (starting @ 24 minutes) and this began to really mess things up as the bunch size was large and 12-15 riders consistently refused to work. Alex tried a couple of attacks to encourage a smaller group to form but no-one was willing. With approx 12km to go, the bunch still had a minute on scratch however too many were not prepared to work for a win and a break away scratch rider came through with 4km to go and attacked.

Alex, who was at the front at this stage and figured this was it - "everything or nothing", jumped to catch the scratch rider and managed to latch onto his wheel, finding that nobody else bridged the gap. The scratchie then attacked twice more with Alex hanging on for grim death. Two other riders then managed to get across the gap and when the third attack went Alex's fuel rods were spent. The bunch then eventually swallowed Alex up, who finished a few seconds down.

The scratch rider ended up the winner - Brendan Cato (Illawarra): 107 km in 2:24'28" @ 44.4 km/h. The first six across the line were scratch & block riders.

For the record, Alex's time was 107km in 2:40' @ 40.1 km/h.

In the "all or nothing" stakes, Alex got nothin'. That's racing....

## Club Calendar

Day	Time	Venue	Comments
8-23 <sup>rd</sup> Sep.	-	Spain	Vuelta a España
29 <sup>th</sup> Sep.	09:00	Rotunda, Parkes Drive, Centennial Park	SCC Special General Meeting
15-16 <sup>th</sup> Sep.	-		SCC Cessnock/Wollombi Tour. See <a href="#">Tour Secretary's Report</a> in this issue for more information.
29 <sup>th</sup> Sep.	07:15	Heffron Pk.	Criterium Rd 5 (10/9/.../1) Handlers: Alex Simmons & Sally Thomson
29 <sup>th</sup> –1 <sup>st</sup> Oct		Jindabyne	Bike and Ski long weekend (see <a href="#">details</a> in this issue).
6 <sup>th</sup> Oct.	06:50	Ocean St. Gates	LC TT – FMM (8/7/.../1) Handlers: Steve Youngman, Tim Youngman & Carl Horn
7 <sup>th</sup> Oct.	06:30	Cannons	Palm Beach /Patonga one day tour. See <a href="#">Tour Secretary's Report</a> in this issue for more information.
13 <sup>th</sup> Oct.	07:15	Heffron Pk.	Criterium Rd 6 (10/9/.../1) Handlers: John Rutherford & Jonathon Lewis
20 <sup>th</sup> Oct.	06:50	Cannons	Handicap 2 Lap Wheel Race Handlers: Walter Rolli, Robert Hood & Con Roubis
27 <sup>th</sup> Oct.	TBA	TBA	Hill Climb – FMM Handlers: TBA
4 <sup>th</sup> Nov.	06:30	Moore Park	Annual MS Sydney to the 'Gong ride.
10 <sup>th</sup> Nov.	06:50	Ocean St. Gates	Ext. TT – FMM (8/7/.../1) Handlers: Mike Larkin & John Kearney
13 <sup>th</sup> Nov.	19:00	TBA	SCC Annual General Meeting
18 <sup>th</sup> Nov.	08:00	North Sydney to Parramatta Park	Annual RTA Cycle Sydney.
24 <sup>th</sup> Nov.	07:15	TBA	Kilo – FMM (8/7/.../1) Handlers: TBA
14 <sup>th</sup> Dec.	19:00	TBA	SCC Christmas Function
<b>2002</b> 6-14 <sup>th</sup> Apr.		Manilla to Walcha	RTA Bicycle NSW Bike Ride <a href="http://www.bicyclensw.org.au/events/index.html">http://www.bicyclensw.org.au/events/index.html</a>
<b>Regular Rides</b>			
Tuesday	06:00	Cannons	Watsons Bay hills ride, approx. 25km. Eastern suburbs hills and in-between flat bits. Faster riders wait up at the top of Military Rd. for new kids/the hill-challenged. Back at approx. 7am to Bar Coluzzi ( <i>café</i> ) in Bondi Junction.
Wednesday	06:00	Cannons	Coaching session focusing on developing rider fitness and general riding skills. Popular change is one lap of the Olympic road course.
Thursday	06:00	Cannons	Foreshore Road/La Perouse, approx. 35km. Fast clip [35-40ish] with three even faster [40-55km] intervals, back in the park at 7ish. We wait up for training enthusiasts but not quite as religiously as Tuesday.
Saturday	06:30	Cannons	La Perouse ride, 45km. Two bunches leave the park rolling easily until Foreshore, then the first bunch picks up the pace at La Perouse for the run home via Maroubra Beach with a paceline developing along Anzac Parade. Second bunch does the same route at a slightly slower pace with an emphasis on bunch riding. All round off back in the park for coffee about 8.20am  or Regular Time Trials, Criteriums or Road Races as per published calendar in latest newsletter. At the conclusion of TT's all members are invited to attend a bunch training skill session, starting at 07:45 at the Cannons.
Sunday	06:30	Cannons	Waterfall ride, 90km+. Medium to hard ride, out at 28-35km, some turn round at Sutherland (60km). At Waterfall, smaller groups sometimes go on to Stanwell Tops (120km) or back through the Royal National Park (110km). Main bunch U-turns, pacelines back to Sutherland, collects the stragglers, then a fast ride back to the park for breakfast.  or a more medium paced ride, medium/average fitness level. Same route as above or maybe Short or Long Cronulla (60-70km), Kurnell or Cape Solander (70-80km) or maybe even Sutherland, then back via Como and Hurstville (70km). All rides finish back in the park for breakfast (approx 9:30).



First Sunday of the Month	06:30	Cannons	Club Jersey Ride. 100km+. Typically combined group goes north to Church Point, where the faster or more keen riders split off heading for Akuna Bay with the rest of the bunch going straight to Terry Hills for coffee at the Bonds Nursery. All then regroup for the ride back.
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All rides leave from the appropriate venue in Centennial Park unless otherwise specified. For club events, please ensure that you either turn up to handle when rostered or find a replacement. Dates for the NSWCF Open races are subject to confirmation.

The Sydney Cycling Club does not take responsibility for the conduct or safety of the training rides detailed on this program. Training can be dangerous and you do so at your own risk.

Legend: SC TT= Short Course Time Trial  
 LC TT= Long Course Time Trial  
 Ext TT= Extended Course Time Trial  
 FMM = Frank Murray Memorial Trophy

Note: 6 points will be awarded for handling once in a season.  
 1 point will be awarded for riding and finishing the event.  
 Penalties for Drafting or Breaking in TT's will be 30secs.  
 Race Sec's decision's are final. No correspondence entered into.

## News from the Bunch

Here's the general gossip from out and about. As always, reported (almost) anonymously and never letting the true facts get in the way of a good story!

- 🚲 Gossip from the post TTT party. As eluded to in Alex's [report](#) a great BBQ was had by all with the crowning glory being the "mine is bigger than yours" competition where both a female and then a male were used as human bar-bells!
- 🚲 Which SCC member recently discovered a novel way of removing his mountain bike and Rola racks from the roof of his car in one swift easy way? Yes, you've guessed it; this member drove into their garage with it all still attached ... ouch! The important thing was that the bike survived ...
- 🚲 Not so much gossip but credit it to a one-man show ... a quote from a recent e-mail your editor received. "Something you might like to mention somewhere in the newsletter is Steve Hobart's brilliant effort last weekend organising the 2 day tour. His effort on Sunday at Hilltop deserves a mention. Not only did he start the race but he acted as a guide (had to put Stan back on course after he thought he missed the first turn and started doubling back) and official photographer - driving around the course and stopping at least 3 times to take photos of the race *[Ed I haven't see these yet you understand!]* before finally getting back to the finish line in time to clock the finish.

A real one man handling show!"

With all your recent Cycle Centennial work, well done Steve.

## Mountain Bike and Ski Weekend

Yes, for those of you who like to mountain bike and ski, Bruce and Elaine Vote are putting on a weekend down at Jindabyne:

**Date:** 29<sup>th</sup> September to 1<sup>st</sup> October

**Where:** 3-Way Inn, Jindabyne

**Cost:** \$100 (includes three nights accommodation, breakfasts and dinner on the Saturday).

Full details from Bruce on 0418 219 625 or [bruceelaine@bigpond.com](mailto:bruceelaine@bigpond.com)

# Clarence St. Cyclery

## THE ULTIMATE BIKE SHOP

104 Clarence St, Sydney NSW 2000

Phone: 02 9299 4962

Fax: 02 9261 3802

Website: <http://www.cyclery.com.au>

Email: [info@cyclery.com.au](mailto:info@cyclery.com.au)

# SCC Event Results

## Criterion Round 3, Heffron Park, 11<sup>th</sup> August, 2001

Name	Start Time	Place Overall	Series Points	Grade	Place in Grade	C'ship Points
Pete Scott	0:00	1	10	A	1	8
Phil McKnight	0:00	2	9	A	2	7
Stan Genakis	0:00	3	8	A	3	6
Steve Hogg	0:00	4	7	A	4	5
Leigh Ringrose	0:00	5	6	A	5	4
Paul Davies	1:00	6	5	A	6	3
Malcolm Wade	3:30	7	4	C	1	8
Kate Rowe	4:45	8	3	C	2	7
Tanya Bosch	3:30	9	2	C	3	6
Beth Bowen	4:45	10	1	C	4	5
Julie Avakian	3:30	11	1	C	5	4
Meg Croft	3:30	11	1	C	6	3
Steve McMillan	3:30	13	1	C	7	2
Alex Simmons	0:00	14	1	A	7	2
Andrew Hudson	1:00	15	1	B	1	8
Ken Lord	2:15	16	1	B	2	7
Vaughan Wickham	2:15	17	1	B	3	6
Frank Milner	1:00	18	1	A	8	1
Mike Avakian	1:00	19	1	B	4	5
Tom Klemola	1:00	20	1	A	9	1
Tony Johnson	1:00	21	1	B	5	4
Richard Kerr	2:15	22	1	C	8	1
Annaliese Aarts	3:30	23	1	C	9	1
Julie Howard	4:45	24	1	C	10	1
Mike Larkin	1:00	25	1	B	6	3
Pete Montford	0:00	DNF		A		
Derek Hemsworth	1:00	DNF		A		
Simon Kenny	1:00	DNF		B		
Rob Wilson	2:15	DNF		B		

## SC TT (FMM), Centennial Park, 25<sup>th</sup> August, 2001

Name	Grade	Lap Time	Finish Time	Place Overall	Place in Grade	Points (FMM Only)	PB / Margin
Pete Montford	A	5:09.49	10:36.23	1	1	8	
Stan Genakis	A	5:16.87	10:43.61	2	2	7	PB – 2 secs
Paul Rigby	A	5:18.33	10:54.20	3	3	6	
Alex Simmons	A		11:27.27	4	4	5	PB – 16 secs
Wayne Eastburn	A	5:39.89	11:30.96	5	5	4	
Paul Kelly	A	5:42.36	11:32.87	6	6	3	
Tom Klemola	A	5:39.89	11:37.91	7	7	2	
Dave McAlpin	A	5:46.77	11:38.02	8	8	1	
Paul Davies	A	5:42.39	11:47.77	9	9	1	
Frank Milner	A	5:54.61	11:57.37	10	10	1	
Vaughan Wickham	B	6:09.14	12:24.80	11	1	8	PB – 1 <sup>st</sup> time
Tanya Bosch	C	6:13.39	12:33.55	12	1	8	PB – 11 secs
Sam Reuben	B	6:07.52	12:41.36	13	2	7	PB – 1 <sup>st</sup> time
Meg Croft	C	6:20.02	12:44.29	14	2	7	
Ken Lord	B	6:18.14	12:47.37	15	3	6	PB – 1 <sup>st</sup> time
Malcolm Wade	C	6:28.79	13:00.07	16	3	6	
Julie Avakian	C	6:32.11	13:02.39	17	4	5	
Kate Rowe	C	6:33.80	13:17.11	18	5	4	
Steve McMillan	C	6:39.50	13:22.83	19	6	3	
Beth Bowen	C	6:35.58	13:25.46	20	7	2	PB – 1 <sup>st</sup> time
Kevin Crowie	C	6:39.05	13:29.83	21	8	1	PB – 1 <sup>st</sup> time
Julie Howard	C	6:42.93	13:33.10	22	9	1	
Bruce Field	C	6:34.54	13:45.13	23	10	1	
Mike Avakian	B		Mechanical	DNF			

### **Criterium Round 4, Heffron Park, 25<sup>th</sup> August, 2001**

<b>Name</b>	<b>Start Time</b>	<b>Place Overall</b>	<b>Series Points</b>
Tom Klemola	2:45	1	10
Dave McAlpin	0:00	2	9
Alex Simmons	1:00	3	8
Steve Hogg	0:00	4	7
Vaughan Wickham	2:45	5	6
Sam Reuben	2:45	6	5
Stan Genakis	0:00	7	4
Tanya Bosch	4:00	8	3
Beth Bowen	4:00	9	2
Meg Croft	4:00	10	1
Julie Avakian	4:00	11	1
Bruce Field	4:00	11	1
Julie Howard	4:00	13	1
Malcolm Wade	4:00	14	1
Eddie Bosch	1:00	15	1
Wayne Eastburn	1:00	16	1
Frank Milner	1:00	17	1
Mike Avakian	1:00	18	1
Ken Lord	2:45	19	1
Dan O'Callaghan	2:45	20	1
SteveMcMillan	4:00	21	1
Kevin Crowie	2:45	22	1

### **Hilltop Round 2, Yanderra, 26<sup>th</sup> August, 2001**

<b>Rider</b>	<b>Start</b>	<b>Finish</b>	<b>Corrected</b>	<b>Place</b>
Alex Simmons	6:15	1:33.11	1:26.56	1
Paul Davies	5:30	1:33.11	1:27.41	2
Paul Kelly	6:15	1:33.11	1:26.56	3
Dan O'Callaghan	0:00	1:35.53	1:35.53	4
Andrew Hudson	3:00	1:35.53	1:32.53	5
Eddie Bosch	5:30	1:35.54	1:30.24	6
Julie Avakian	0:00	1:35.54	1:35.54	7
Meg Croft	0:00	1:35.55	1:35.55	8
Stan Genakis	7:00	1:36.47	1:29.47	9
Vaughan Wickham	3:00	1:39.23	1:36.23	10
Mike Avakian	5:30	1:39.35	1:34.05	11
Kevin Crowie	0:00	1:39.50	1:39.50	12
Steve McMillan	0:00	1:40.48	1:40.48	13
Sam Reuben	3:00	1:41.01	1:38.01	14
Julie Howard	0:00	1:41.06	1:41.06	15
Beth Bowen	0:00	1:45.11	1:45.11	16
Tom Klemola	5:30	1:45.21	1:39.51	17
Ken Lord	3:00	1:46.56	1:43.56	18
Tanya Bosch	0:00	1:50.00	1:50.00	19

For formatting reasons, consolidated results from the 2 day tour can be found at the end of this newsletter.

## **Wanted and For Sale**

**Flatmate Wanted.** Prince Street, Randwick. Share a 3 bedroom unit with two others. \$100pw. Close to Centennial Park for that convenient extra 5 minutes lie in before the club run start and evening training. Contact Carol Melville on 9314 4208 (h) or 041 790 45 16 (m) for further information.

**For Sale.** Carol Melville also has a set of Campagnolo 8speed "Vento" race wheels for sale. Ideal for those club TT's. Used once only on a Sunday! Asking price is \$300. Contact Carol on the above phone numbers for more information.



## 2001 Progressive Point Score

Date	03-Feb	10-Feb	24-Feb	10-Mar	01-Apr	28-Apr	26-May	09-Jun	23-Jun	21-Jul	04-Aug	11-Aug	25-Aug	FMM	TOTAL
Event	1 Lap	SC TT	LC TT	Ext TT	Hilltop	1 Lap	SC TT	LC TT	Crit	Crit	1 Lap	Crit	SC TT**	Total	C'SHIP
Name					Rd 1				Rd 1	Rd2	FMM	Rd3	FMM		
<b>A Grade</b>															
Phil McKnight	6	8	7	6	6	5	8	6			7	7		7	66
Tom Klemola	3	6	4	5	1	6	5	6	1	1	5	1	2	7	44
Pete Scott			3	7			7	8	4		6	8		6	43
Stan Genakis	7	7	5			7		6				6	7	7	38
Paul Kelly		5	6	3	5	1	4		6	3	3		3	6	36
Peter Montford	1		2	1		6	6			7	8		8	16	31
Alex Simmons		1			2	4		5	7	8		2	5	5	29
Paul Davies	1	3	6			2	1	7	2	4		3	1	1	29
Dave Clarence	5	6	6	8			3								28
Paul Rigby		1	8		7	8							6	6	24
Steve Hogg						1			8	6	4	5		4	24
Frank Milner	1	1	1		6	1			1	5	2	1	1	3	19
Leigh Ringrose	1	2	1	2	1	1			3	2		4			17
Eddie Bosch	6		1		4	1				1	2			2	15
Dave McAlpin	4	1			3				5	1			1	1	14
Jochen Schroeder					8	3									11
John Arkwright	8														8
Jonathon Lewis	2		1	4		1									8
Wayne Eastburn					1		6		1				4	4	8
Dave Pye		4					2								6
Simon Pardey			1								1				2
Derek Hemsworth											1				1
<b>B Grade</b>															
Tony Johnson	2	5	7	8	4	6	8	8		7	5	4		5	64
Rob Hood		4	8	7	1	8	7		7		6			6	48
Andrew Hudson					6				8	8		8			30
Doc Guthrie	4	8		6	1						4			4	23
Simon Kenny					8	7					7			7	22
Mike Avakian					7		6					5			18
John Rutherford	7	6	4		1										18
George Schneller		2	3	5	1						6			6	17
Kelvin Haisman	5	3	1		3	4									16
Mike Larkin	8					5						3			16
Carl Horn	3		5		1						6			6	15
Monique Batterham	6	6	1												13
Shane Maundrell		7	6												13
John Kearney					5	2	5								12
Craig Warner	1	1	1			3				6					12
Alan Lumb	1	1	1	6											9
Stuart Davis											8			8	8
Ann Clarence	6		2												8
Sam Reuben					2				6				7	7	8
Roy Keyes					1	6									7
Ken Lord												7	6	6	7
Vaughan Wickham					1							6	8	8	7
Andrew Price									6						6
Mark Meltzer							4								4

Sally Thompson											3			3	3
Walter Rolli		1													1
<b>C Grade</b>															
Richard Kerr	7	8	6	7	5	7	5	8	6		8	1		8	68
Meg Croft	6	7	7	8		6	8	7		6	6	3	7	13	64
Tanya Bosch	8	6	8		6	3	4		5	8	7	6	8	15	61
Steve McMillan	2	1	4	6	7	1	2	5	6	7	5	2	3	8	48
Malcolm Wade	4	4	3			5	7	6	8			8	6	6	45
Heydon Miller	5	6	5	5		4									25
Bruce Field	1	1		3		2	6		1	5	1		1	2	20
Kate Rowe				6			3				4	7	4	4	20
Julie Avakian					8		6					4	5	5	18
Steve Youngman	1	1	1	2		8									13
Julie Howard	1	2				1			3		3	1	1	4	11
Tim Youngman	1	1	1	4		1									8
Dave Bullock	1					6									7
Dan O'Callaghan									7						7
Hiroyuko Toyozumi					6										6
Paul Montesin							6								6
Beth Bowen											1	5	2	3	6
Anneliese Aarts									4			1			5
Breda Kelly	3										2			2	5
Pino D'aguianno		5													5
Ross Theo							1		2		1			1	4
John Slater		3													3
Glen Butterworth	1		2												3
Ian Cranston	1														1
Anna Murray							1								1
Margeurite Young											1			1	1
Kevin Crowie													1	1	0
<b>Women</b>															
Meg Croft	6	7	7	8		6	8	7		6	6	3	7		64
Tanya Bosch	8	6	8		6	3	4		5	8	7	6	8		61
Kate Rowe				6			3				4	7	4		20
Julie Avakian					8		6					4	5		18
Monique Batterham	6	6	1												13
Julie Howard	1	2				1			3		3	1	1		11
Anne Clarence	6		2												8
Beth Bowen											1	5	2		6
Breda Kelly	3										2				5
Anneliese Aarts									4			1			5
Sally Thompson											3				3
Anna Murray							1								1
Margeurite Young											1				1

Please report all inaccuracies to the Race Secretary.

\*\* This event does not contribute towards Annual Championship

## 2 Day Tour, Consolidated Results, 25-26<sup>th</sup> September, 2001

Two Day Tour - August 2001	Grade	Time Trial Centennial Park				Criterium Heffron Park			Hilltop – Road Race						TOTAL TOUR POINTS (Place)
		Time (TT)	Place (in Grade)	Tour Place (TT)	Tour Points (TT)	Place (Crit)	Tour Place (Crit)	Tour Points (Crit)	H'Cap (H'top)	Finish Time (H'top)	Corr Time (H'top)	Place (H'top)	Tour Place (H'top)	Tour Points (H'top)	
					A			B						C	A+B+C
Pete Montford	A	10:36.43	1												
Stan Genakis	A	10:43.61	2	1	40	7	5	22	7:00	1:36.47	1:29.47	9	5	40	102 (3rd)
Paul Rigby	A	10:54.20	3												
Alex Simmons	A	11:27.27	4	2	35	3	2	35	6:15	1:33.11	1:26.56	1	1	60	130 (1st)
Wayne Eastburn	A	11:30.96	5			17									
Paul Kelly	A	11:32.87	6						6:15	1:33.11	1:26.56	3			
Tom Klemola	A	11:37.91	7	3	30	1	1	40	5:30	1:45.21	1:39.51	17	12	18	88
Dave McAlpin	A	11:38.02	8			2									
Paul Davies	A	11:47.77	9	4	26	13	10	11	5:30	1:33.11	1:27.41	2	2	55	
Frank Milner	A	11:57.37	10			18									
Vaughan Wickham	B	12:24.80	1	1	40	5	3	30	3:00	1:39.23	1:36.23	10	6	36	106 (2nd)
Sam Reuben	B	12:41.36	2	2	35	6	4	26	3:00	1:41.01	1:38.01	14	9	25	86
Ken Lord	B	12:47.37	3	3	30	20	12	9	3:00	1:46.56	1:43.56	18	13	16	55
Mike Avakian	B	Mechanical				19			5:30	1:39.35	1:34.05	11			
Tanya Bosch	C	12:33.55	1	1	40	8	6	18	0:00	1:50.00	1:50.00	19	14	14	72
Meg Croft	C	12:44.29	2	2	35	10	8	14	0:00	1:35.55	1:35.55	8	4	45	94 (4th)
Malcolm Wade	C	13:00.07	3			15									
Julie Avakian	C	13:02.39	4	3	30	11	9	12	0:00	1:35.54	1:35.54	7	3	50	92 (5TH)
Kate Rowe	C	13:17.11	5												
Steve McMillan	C	13:22.83	6	4	26	22	13	8	0:00	1:40.48	1:40.48	13	8	28	62
Beth Bowen	C	13:25.46	7	5	22	9	7	16	0:00	1:45.11	1:45.11	16	11	20	58
Kevin Crowie	C	13:29.83	8	6	18	23	14	7	0:00	1:39.50	1:39.50	12	7	32	57
Julie Howard	C	13:33.10	9	7	16	14	11	10	0:00	1:41.06	1:41.06	15	10	22	48
Bruce Field	C	13:45.13	10			12									
Steve Hogg	A					4									
Eddie Bosch	A					16			5:30	1:35.54	1:30.24	6			
Dan O'Callaghan	C					21			0:00	1:35.53	1:35.53	4			
Andrew Hudson	B								3:00	1:35.53	1:32.53	5			