

# The Sydney Cyclist

The Monthly Magazine of the Sydney Cycling Club

[sydneycyclingclub.org.au](http://sydneycyclingclub.org.au)

June 2002

Sponsored by **Clarence St. Cyclery**

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Thank you to all contributors!

## SCC SISTA'S TAKE ON BATHURST

Experience and debutants at the Bathurst Tour



The sista's, handy helpers and a couple of ringins

KV tourists and country squire "Digger".





# President's Address

Alex Simmons

A couple of weeks ago, the Club held an open forum where all members had the opportunity to raise and discuss Club business. This followed the first forum at the AGM last November, where the two main areas of concern then were about communications between the Committee and members, and the organisation of the Club's regular ride programme.

Since then a number of changes have been introduced. An Improved web site, an online discussion forum, open member forums and regular reports from the Committee in the Newsletter, all have helped in the communication of Committee business with the membership, and provided opportunities for all to participate, improvements also in the organisation of Club rides but more needs to be done. The introduction of a Club Captain will aid that process. I expect to welcome a Club Captain in the next edition.

This time around we chose to hold the forum in the Park after our regular Saturday ride. Well the cold snap kept many away but a hardy group still participated. A number of issues were raised including Club involvement in open racing, non-members riding in SCC bunches, the return of the pointscore in the Newsletter and some ride safety matters.

Of these matters I'll touch on the involvement in Open racing. Until a few years ago SCC was a regular host of an Open cycling event, which formed one round of the annual NSW Criterium Series. These were held at a closed circuit at Mrs Macquarie's Chair or in Centennial Park but the NSW Cycling Federation pulled the pin on the series and SCC withdrew from supporting open events. A shame really as it was one way the Club contributed to the promotion and development of quality cycling events, especially in the inner city where venues for cycling events are limited. However the costs, resources and risks of hosting such events were increasing and at the time it was prudent for the Club to pull back.

The Club is now in a good position to host a top league event. We have the resources with an expanded membership base for both manpower and management expertise, and the backing of a great sponsor in [Clarence Street Cyclery](#). What we need however is an event. The Committee has been considering a range of options for some time. An opportunity has come about with the inaugural Fox Studios Criterium on 20 July, which this year is being

hosted by the NSWCF. SCC is in discussions to take on the hosting of this event next year. So we now have the chance to see what's required, we have offered to provide some support to the NSWCF with this event. Should discussions conclude to our satisfaction, we will have the opportunity to develop this event beyond the elite level men's race format of this year. We will be calling on members for support on the day to assist with it's running.

Recently Race Secretary, Tanya Bosch and I attended a meeting with Randwick Botany CC and Eastern Suburbs CC. The main item on the agenda was the level of participation in Saturday afternoon racing at Heffron Park hosted by RBCC. While participation by SCC members in our own events and at open racing has been at an all time high over the past 12 months, there has been a steady decline this year in Saturday afternoon racing by both SCC and ESCC members at Heffron. So far this year we have had, on average, less than three riders participate in these races. Considering our level of participation and performances at open level it is a curious development.

Now while this may not appear to directly affect our Club, SCC is part of a "Race Combine" made up of clubs whose members have the right each week to race at this venue. Apart from RBCC and ESCC, the other members of the combine are Dulwich Hill CC and Caravello. I won't get into a discussion here on the NSWCF policy concerning Race Combines, but suffice to say that if we don't use it, we might lose it. Now RBCC have been considerate enough to bring this to our attention and would like our input on ways in which the Saturday afternoon racing could be made more attractive for our members. Tanya and I are open to all suggestions and we'd love to hear from you. In the meantime, I encourage members to rekindle their awareness of Heffron Park and give Saturday afternoon racing a go. For those members not familiar, just ask and we'll help you out. There are grades to suit all comers so it's worthwhile. We could try all sorts of possibilities, eg, encouraging groups on days when SCC has no event or perhaps even consider an inter club championship event to spice up the day.

I encourage any member with questions or suggestions about club business to make contact with any member of the Committee. I know some already take this opportunity and we'd love to hear from you. This is your Club - have your say!



# George Speaks.

George Schneller

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## Members Forum held on May 18 2002

A member's forum was held at 9.00 am on Saturday May 18 and attracted about 25 hardy members, out of a possible 160+ who are in the country. The cold weather and the obvious lure of warm beds may have accounted for the poor turnout. If you missed your chance to have a say at the forum, you can still post to the member's only discussion board on this website.

For those of you receiving this in hard copy and having to login from Internet café's, the Username to access the member's only section is lance and the Password is 3times. This information is only for members. The club's website can be found at <http://www.sydneycyclingclub.org.au>

## NEVER on Sundays!

Yet another reminder that every Sunday ride is a Club Jersey Ride. You can wear your non-club jerseys on any other day of the week – but please turn up in your club jersey for Sunday rides. If your jersey needs replacing, ask Stan Genakis to provide you with a new one. You can email Stan directly on [stangenakis@hotmail.com](mailto:stangenakis@hotmail.com).

## Calling All Designers - Jersey Design for 25th Anniversary

At the risk of being repetitive, where are all the gifted designers in the club? Despite three requests, we've only had one suggestion for the 25<sup>th</sup> anniversary jersey.

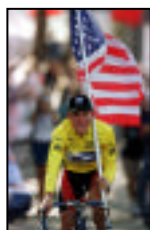
## Warm up with thermals and rain jackets - Clarence Street Cyclery can help.

A plug for our generous sponsor. If you are feeling the chill, a visit to Clarence Street Cyclery will warm you up. Speaking from experience, thermal undershirts and an effective rain/wind jacket can make all the difference to enjoying your ride. If you don't have roubaix tights, you haven't lived!

Be careful out there!

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## Tour De France Dinner



THE BAYSWATER  
BRASSERIE

FRIDAY 2nd AUGUST 7:00 PM

Great venue food and fun! Details coming soon to your e-mail inbox.



# Womens Bathurst Tour

Meg Croft gives us the lowdown on SCC women at Bathurst .



## Trials and tribulations

First up on Saturday Morning was the State individual Team Time trial. Kate Rowe, Julie Howard and Anna Murray took out placing's (2<sup>nd</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>) in their Masters categories. Julie Avakian had a traumatic TT, she was going really well (a definite medal contender) when her hollow carbon fibre seat post snapped off. Luckily she realised what had happened and didn't do herself an injury. The guys in the Hunter Valley support vehicle picked her up from the side of the road, they said it was the 4th Giant carbon seat post that had snapped that they had heard about. Now Julie's Giant is only about 6 months old and Julie is by no means a heavy weight – so keep an eye on those seat posts guys! Glen, the

owner of the local bike shop was really, really, nice and loaned her another seat post so she could keep racing. He said to just post it back to him after the weekend. He took loads of measurements before he changed it over. So if you are ever in Bathurst and in need of some bicycle service or parts then visit Glen at the Winning Edge bicycle shop.

## Road Race – Stories from C grade

The 33km road race was good fun (now). It had a nasty 2.65 km climb for the QOM and then another 4 km of hills straight after. Julie Howard, Anna Murray and some other girl (purple knicks) were the first three over the QOM, I came over 4<sup>th</sup> gasping for breath. We dropped purple knicks at the next set of hills so SCC was in 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> position, which according to Julie A looked good!

When Julie Howard races she is really focused and unfortunately didn't hear Anna tell her to wait up a second so we could catch our breath and all work together for the homeward stretch. A bit further on I yelled out that the turn around was at the white gates that we could see about 50 m up the road. Anna heard me but Julie was still in race mode, didn't hear a thing and went straight past the turn around – she is still stunned that she did that. Anna and I headed around (albeit I ended up in the gravel as some other girls caught us) and then we took off. Not long after I heard some heavy breathing that I recognised as Julie Avakian and thought great! (you couldn't wish for a better wheel for the long downhill stretch home). Julie A, Anna and I just bolted with three other girls from different teams. That meant there were 6 of us in the break - 3 from SCC. We 3 did stacks of work while the 3 unknowns did hardly anything (except get 2 of the placing's at the return QOM) and we didn't know what we could do to make them work without being caught by those chasing. Anna is a bit on the light side so she had to pedal hard to keep up with us on the downhill (Mike and Dan said it was funny watching from the van behind as Julie and I cruised down the hills and Anna pedaled frantically to stick on). A couple of times the other girls would quickly roll through but not really do a turn. Once we left one out there for a while and she yelled at us to do some work so we yelled back at her to do some (this was the eventual tour winner who was under 17 - yes, we 3 were each old enough to be her mother so maybe we should have yelled at her a bit more work. Anyway as we came into the last 4 km it was easy to see that it would come down to a sprint and that Julie was our best bet. I went to the front to give her a break, told her that the sprint was hers and increased the pace. We were pelting along and not quite sure at what point to make a move. Julie came around when we were about 100m from the finish line but then so did the others so I just yelled at her to go and she did, taking out 2<sup>nd</sup> in a photo finish for 1<sup>st</sup> and 2<sup>nd</sup>. Anna had a flat on the train line with about 2 km to go. Luckily Mike and Dan were right behind in the van, they did a quick wheel change and Anna still managed to come in 6th as we had put a big gap in to those chasing us.





## Criterion – C grade

Sunday morning was exceptionally cold with everyone complaining of cold fingers as they tried to warm up (except Julie A who was sweating as she warmed up on her trainer in her warm hotel room). Beth had been suffering with a bit of a head cold on Saturday however her decision not to kill herself by doing the TT on Saturday morning paid off. She felt loads better on Sunday morning and came 4<sup>th</sup> in the C grade criterium (30 minutes + 2 laps on a short hotdog circuit) – go Beth!. There were a whole lot of under 17 and 19 year olds in C grade so it started out pretty

fast and stayed that way. There were also quite a few unique cornering techniques on display which meant that you had to be very wary going around the roundabouts -C grade was the only grade to not have a fall on the roundabouts.

All up I think we all did very well. There are loads more little stories about what went on in the various bunches, punctures, chases, tyres that explode in the middle of the night etc as there always are – you'll all have to catch up with everyone over coffee to hear them all.

Now this report wouldn't be complete without mentioning our wonderful support crew Shaun, Mike, Dan, Dale and Derek. They got to both look after us all weekend and to ride a lap of Mount Panorama - Shaun was excused because he had ridden from Sydney to Bathurst and didn't want to ride any more which we thought was fair enough. We followed them around in Julie's car to check their style and watch for signs of pain but unfortunately Julie's car was in a lot of pain and overheated and smoked really badly as we came over the hill. At least the sight of the smoking car (when it finally registered ) was a good excuse for the guys to take a breather before the wild descent – the car only just got to the bottom of the straight before the bikes.

# The Race Secretary

## Tanya Bosch

Two time trials have happened this month. 5<sup>th</sup> May was the one lapper and 34 riders turned up! 15 were doing their first one and six broke their PBs. Marguerite Beth and Julie by over 15 seconds. The 18<sup>th</sup> May suddenly was cold and it showed in the numbers for the 2 lapper. C Graders don't feel the cold apparently as out of 16 riders 11 were C graders. 5 riders were there for their first 2 lapper and Anna Murray took a whopping 16 seconds off her time.

We are introducing a hill climb series for the first time. Event one in the Eastern Suburbs will be on July 6.

A large contingent from Sydney went to the Women's Bathurst Tour. We were represented in B C and D grades. See the details in this newsletter. The Tour De Femme moved from Forster to Sydney at the last moment. We had 3 representatives there. Beth Bowen and Sally Thompson in B grade and yours truly in D grade. The time trial was at Lansdowne, the criterium at the Dunc Grey circuit and the road race was at Oatley with B and A grade doing the hill each lap. Tanya found the going tough enough in D to get 5<sup>th</sup> in the crit but got dropped in the road race without the hill to finish 7<sup>th</sup> overall. Sally managed to hang on in the crit but not in the road race. Beth pulled out a good time in the time trial to get moved to B grade

which was a good decision as she finished well in the crit and only got dropped on the 2<sup>nd</sup> last hill in the road race. After each race she said she had just done the hardest race of her life!

At Heffron some of the regulars have been getting results. Tim Rice's sprint helped him to 2<sup>nd</sup> in C grade. Andrew Hudson has finished a consistent 2<sup>nd</sup> and 3<sup>rd</sup> this month in C grade. Simon Kenny pulled out a big win in A grade a couple of weeks ago. The week before the Randwick Botany open quite a few of the women turned up for D grade to find the going fast but still Annaliese Aarts and Anna Murray managed to finish 4<sup>th</sup> and 5<sup>th</sup> respectively.

On the subject of Heffron Alex Simmons and I met with the Randwick Botany committee about the Saturday afternoon racing and their concern about our club's dwindling representation. Personally I would like to see more of us out there at Heffron. If you have any ideas on how to encourage more to go or reasons why you or others don't go please email me.

Finally a big congratulation should go to Richard Scriven who finished 12<sup>th</sup> in D grade at the Canberra 2 Day Tour. Any one who has ridden this tour knows that it is an achievement just to finish it. This was his first open. May we see more of this!

# Orgasmic riding on the KV Tour

Richard Dodds rides the bus in Kangaroo Valley



How's the riding been going during the last month? I know one bunch of riders who should be feeling pretty fit after some serious hill work. The weekend of May 11th -12th saw 18 SCC members roll up for the Kangaroo

Valley Tour, one of our premier tours of the 2002 season. Unlike last year the weather this time was kind to us and the riders made the most of the ideal conditions.

Many thanks goes to our long time club member Alan Revell who helped me out big-time in organising the accommodation, the dinner, the ride route and for chauffeuring around an under-the-weather tour secretary all weekend. Yes, a nasty cold meant that I couldn't ride so I rugged up, and played camera man while everyone else got to do all that fun stuff in the hills of KV.

Saturdays ride was a beauty, fine but cold conditions ideal for that mother of all climbs out the western side of KV. All who attempted the climb made it with no problems despite a few red faces. It all looked too easy from the comfy seat of Alan's Land Cruiser. After regrouping at Fitzroy Falls riders headed off on the Robertson route meeting back at Fitzroy Falls for morning tea and a warm up after some brisk miles.

Then it was off to Bundanoon for lunch where we all huddled into the Post office café to fuel up and chat over the morning's ride that, apart from the odd puncture, was with out incident. Those who thought THE HILL just wasn't enough did the leg out to Exeter, the turn around point for the journey home. The full Saturday

distance was just on 170km, a solid ride considering the terrain. No doubt the hot showers where on everyone's minds followed by a hearty meal at the Bounce cafe to fuel up for Sunday's Ride.

Sunday morning in KV started with cool foggy conditions. Riders headed to KV's eastern range ready for some more awesome climbs. I managed to get some great shots from the passengers seat while the guys and girls did it tough up that monster of a climb, almost three chain ring territory! Everyone made it right to the top of the lookout and Alan managed to get the Cafe owner to open early for a well-earned hot chocolate and scones. The view from up there looking out over Nowra and the Jarvis Bay district on such a fine morning was breath taking. Here are some of the rider's comments;

**Digger:** "Ahrrr the whirr of those tyres....I'm about to orgasm!"

**Jono:** F\*\*N HELL!!! (still suffering from the climb)

**Jonathan:** Nice place to end your life! (another sufferer)

**Steve Hobart:** This is what cycling's all about. I didn't buy a bike to ride around the Park. (obviously too fit for his own good.)

Some us still hadn't done enough and did the ride out to some dam that I don't remember the name of but it had a huge climb on the return leg - best left to masochists like John Kearney and Tim Rice, good job boys, sorry I Couldn't join you.

Now for our next tour!!!





## The Hunter Valley Tour is on for Sat 29th June -Sun 30th June.

### Date:

Sat 29th June ^ Sun 30th June

### Location:

Sovereign Motor Inn  
62-68 New England Highway, Muswellbrook , NSW  
Tel: 02 6543 1138  
Contact: Kate

Cost: \$119 per person^ includes two night's accommodation and a three-course dinner on Saturday night. Or \$193 per person - If you need the whole room to yourself.

### Accommodation Options:

Option A - Room with single beds on Friday, Saturday night OR Option B - Room with double bed on Friday, Saturday night (minimum 2 people)

### Meals:

Breakfast is not included in the cost however the Sovereign Motor Inn has offered us a special deal of \$11 per person per day for a buffet breakfast.

Dinner on Saturday night is included in the cost. This will be at, Palatinos In The Hunter Loxton House, 142 Bridge Street, Muswellbrook NSW 2333. Phone: 02 6541 2211

You will need to look after yourself for Friday night,s dinner and for lunches. The tour route runs through some country towns where last year we found the lunch menu pretty satisfying.

### Payments:

Payment must be via Cheque payable to: The Sydney Cycling Club,  
All payments sent to: Richard Dodds, 27B Beaconsfield Street, Beaconsfield, NSW 2015.

I will be on most of the rides over the next few weekends so you can give me your money when you see me in the park.

There are limited spaces on this tour and it is another popular one so book early. Let me know ASAP via e-mail [rads102@hotmail.com](mailto:rads102@hotmail.com) if you wish to come along on this tour. Please state your preferred room option. Receipt of payment will secure your place.

### For Sale

Now that Reg has joined the Alan Lumb Ribble Club of Australia, he has a bike to sell, I wonder who's next

Fondriest Italian road bike  
nine speed campag components with look pedals  
multi coloured and in excellent condition  
\$1200.00  
contact Reg Shortland  
email: [shortland1@hotmail.com](mailto:shortland1@hotmail.com)  
mobile: 0408 227 460



# Clarence St. Cyclery

## THE ULTIMATE BIKE SHOP

104 Clarence St, Sydney NSW 2000

Phone: 02 9299 4962

Fax: 02 9261 3802

Website: <http://www.cyclery.com.au>

Email: [info@cyclery.com.au](mailto:info@cyclery.com.au)

# 20 Seconds with.....

Here's Julie Avakian



Q: How long have you been a member of the Club ?

A: I was enticed to join about 2 years ago as the club had a drought of competing females at that time and Tanya was looking for naïve femmes to do the team time trial. I was sucked in completely.

Q: What was your most memorable occasion with the club ?

A: That would have to be the podium finish at last years TTT. The spirit of all the teams that day was fantastic. Shame I have very little recollection of the celebration that evening at Hoggys place...

Q: What was your most embarrassing cycling moment ?

A: Hmm, so many to choose from. Probably the first road race I did. I managed to be on the front coming into the turn around (due to bad planning rather than good) doing a hundred miles an hour I tried to take the turn and ended up in the grass paddock. The entire group went around – laughing no doubt – while I got myself back up to the road & clipped back in. Took quite a few kms & sweat to catch them again!

Q: Who is your most admired cyclist and why ?

A: I think Jeanie Longo is amazing. At 43 she won her 13<sup>th</sup> world title in the time trial this year – which leaves me with precious few excuses doesn't it?

Q: What is your favourite ride ?

A: Around Sydney I just love the 'Gorges' (Galston, Berowra, Brooklyn, Bobbin Head). In some parts you look around and you imagine you could be just about anywhere and yet we have this in our backyard.

Q: If you could do one ride anywhere in the world where would it be and why ?

A: For the immense personal satisfaction I want to do 'The Manghen Pass' in the Italian Alps again. At least I know I can get up that one.

Q: What does your training consist of ?

A: Cycle squad with Steam Sports Tues & Thurs mornings which is speed work in summer & strength

(hills) in winter, an easy ride round the hills of Mosman one or two other mornings and, if the weather holds, a long ride Sundays & a shorter ride or crit / time trial on Sat. Plus the odd run when it's raining and a kayak when I can fit it in cause I love it.

Q: What cycling skills or attributes do you wish you had ?

A: Better basic handling – the stuff you learn if you ride a bike as a kid – which I didn't. Like being able to turn tight corners without unclipping a pedal, really useful not just in racing but for everyday riding.

Q: What is your favourite cycling food and when do you eat it ?

A: Definitely not energy bars. Ugh. But, everything else! Crumpets are fav pre-cycles munch.

Q: Where would you most likely be on a Saturday night ?

A: Out! I don't take training too seriously and refuse to curb my social activities for it. The most concession I make is trying to get home so I get 6 hours sleep, otherwise I don't function as well.

Q: What is one thing you can't do without ?

A: Michael my husband.

Q: What are you reading at the moment ?

A: I'm looking forward to reading 'Into Thin Air' about Mt Everest which I admit has been sitting on the shelf waiting for me for a while now.

Q: What are you listening to ?

A: At the moment nothing new. I put on all the old favs, Santana, Doobies, George Benson, DIG. Michael usually makes a speedy exit!

Q: What would you never give up ?

A: Cycling, now. It's been four years & I'm hooked.

Q: What would you spend your last \$10 on ?

A: Café Latte with friends. As many as we could get for \$10 bucks. Easy.



# Weekly SCC Rides

Tuesday	06:00	Cannons	Watsons Bay hills ride, approx. 25 km. Eastern suburbs hills and in-between flat bits. Faster riders wait up at the top of Military Rd. for new kids/the hill-challenged. Back at approx. 7am
Wednesday	06:00	Cannons	Coaching session focusing on developing rider fitness and general riding skills. Popular change is one lap of the Olympic road course.
Thursday	06:00	Cannons	Foreshore Road/La Perouse, approx. 35 km. Fast clip [35-40ish] with three even faster [40-55 km] intervals, back in the park at 7ish. We wait up for training enthusiasts but not quite as religiously as Tuesday.
Saturday	06:30	Cannons	La Perouse ride, 45 km. Two bunches leave the park rolling easily until Foreshore, then the first bunch picks up the pace at La Perouse for the run home via Maroubra Beach with a paceline developing along Anzac Parade. Second bunch does the same route at a slightly slower pace with an emphasis on bunch riding. All round off back in the park for coffee about 8.20am  or Regular Time Trials, Criteriums or Road Races as per published calendar in latest newsletter. At the conclusion of TT's all members are invited to attend a bunch training skill session, starting at 07:45 at the Cannons.
Sunday	06:30	Cannons	Waterfall ride, 90 km plus. Medium to hard ride, out at 28-35 km, some turn round at Sutherland (60 km). At Waterfall, smaller groups sometimes go on to Stanwell Tops (120 km) or back through the Royal National Park (110 km). Main bunch U-turns, pacelines back to Sutherland, collects the stragglers, then a fast ride back to the park for breakfast.  Or a more medium paced ride, medium/average fitness level. Same route as above or maybe Short or Long Cronulla (60-70km), Kurnell or Cape Solander (70-80 km) or maybe even Sutherland, then back via Como and Hurstville (70 km). All rides finish back in the park for breakfast (approx 9:30).
First Sunday of the Month	06:30	Cannons	Club Jersey Ride. 100 km plus. Typically combined group goes north to Church Point, where the faster or more keen riders split off heading for Akuna Bay with the rest of the bunch going straight to Terry Hills for coffee at the Bonds Nursery. All then regroup for the ride back.

All rides leave from the appropriate venue in Centennial Park unless otherwise specified. For club events, please ensure that you either turn up to handle when rostered or find a replacement. Dates for the NSWCF Open races are subject to confirmation.

The Sydney Cycling Club does not take responsibility for the conduct or safety of the training rides detailed on this program. Training can be dangerous and you do so at your own risk.

SC TT: Short Course Time Trial

LC TT: Long Course Time Trial

Ext TT: Extended Course Time Trial

FMM : Frank Murray Memorial Trophy

- 1 point awarded for riding and finishing the event.
- Penalties for drafting or breaking in TT's will be 30 secs.
- 6 points will be awarded for handling once in a season, 1 point thereafter.

**Registration:** TT's at start by 06:40, first rider off at 06:50 SHARP! No restarts allowed for missed starts.

Race Sec's decisions are final.

# Contact list

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Submission Details:	Next Deadline: <u>2<sup>nd</sup> July 2002</u> . Please submit articles to Newsletter Editor via e-mail or post to 61 Union St, Erskineville, NSW, 2043 or Club PO Box.		



## Trek 5200 Product Review

Kelvin "12 fingers" Haisman on a Trek.

Recently, as part of [Sydney Cycling Club's](#) sponsorship from [Clarence St. Cyclery](#), I was offered the use of a carbon fibre Trek (the 5200) for a week. Given that I had just bent the down tube of a perfectly good Sintesi into something resembling a flattened Coke can, I didn't need to be asked twice. Under strict instructions not to race the bike (had they been given wind of my ability to fall off?) I set about putting in as many training hours on it, as a week's holidays would allow.

My immediate impression of the Trek was how light it felt and that feeling stayed with me all week. On the first day I took it through the National Park and on climbs where I'd normally sit it felt good to go up a gear or two from my "usual" and stand. I've never ridden a bike with an Ahead stem before and the difference in rigidity that this system makes to the front end when you stand or sprint is noticeable – think I'll have to change my fork!

The lasting impression this frame made on me was however one of comfort. This really hit home when half way through the week it decided to rain and to avoid covering the Trek in sludge, I took my own bike out for a spin. The difference was immediate and obvious as I felt that familiar vibration up through the saddle that on the Trek frame had been all but absent – this was just while cruising around Centennial Park!

So I am in the market for a carbon frame? Most definitely, but I'm embarrassed to admit my reason has very little to do with weight, rigidity or comfort, it's mainly the fact that this Trek frame is a good looker. The way the carbon fibre tubes flow into each other, particularly around the bottom bracket is aesthetically very pleasing and the frame's "stance" looks balanced and fast. So I guess this makes me just another cycling poser, but hey there's worse addictions...

Thanks again to [Clarence St.](#), I'm currently saving my pennies!

# One Lap TT Centennial Park May 5 2002

Name	Grade	Time	Place Overall	Place in Grade	Points	PB
Richard Scriven	A		1	1	8	-7.47
Paul Kelly	A	5:19:44	2	2	7	
Andrew Hudson	A	5:27:59	3	3	6	
Jonathon Lewis	A	5:32:03	4	4	5	
Simon Pardey	B	5:33:78	5	1	8	
Simon Kenney	A	5:35:31	6	5	4	
Tim Rice	B	5:35:50	7	2	7	PB 1st
Tony Johnson	A	5:36:69	8	6	3	
Paul Davies	A	5:40:82	9	7	2	
Dan O'Callaghan	B	5:41:44	10	3	6	PB 1st
Scott Thompson	A	5:42:53	11	8	1	
Greg Reinhardt	B	5:44:57	12	4	5	PB 1st
Jeff Sofair	B	5:45:94	13	5	4	PB 1st
Mike Avakien	B	5:50:03	14	6	3	PB 1st
Kevin Crowie	B	5:50:41	15	1	8	PB 1st
George Schneller	B	5:50:63	16	7	2	
Richard Kerr	B	5:58:07	17	8	1	
Ken Lord	C	5:58:50	18	2	7	-1.47
Deb Pearce	C	6:00:53	19	3	6	PB 1st
Andrew Price	C	6:01:18	20	4	5	PB 1st
Ross Scott	C	6:01:78	21	5	4	PB 1st
John Slater	C	6:02:34	22	6	3	PB 1st
Annaliese Aarts	C	6:05:47	23	7	2	PB 1st
Meg Croft	C	6:05:69	24	8	1	-2.19
Andrew Gresham	A	6:06:50	25	9	1	PB 1st
Julie Avakien	C	6:08:63	26	9	1	PB 1st
Beth Bowen	C	6:09:69	27	10	1	-36.04
Julie Howard	C	6:10:28	28	11	1	-17.95
Jeff Reinhardt	C	6:17:57	29	12	1	PB 1st
Steve McMillan	C	6:18:44	30	13	1	

Bruce Field	C	6:23:34	31	14	1	
Breeda Kelly	C	6:26:31	32	15	1	
Marguerite Young	C	6:46:54	33	16	1	-37.69
Ruth Lax	C	7:06:91	34	17	1	PB 1st
Steve Hobart	B	Handler			6	
Peter Montford	A	Handler			1	
Eddie Bosch	A	Handler			6	
John Kearney	B	Handler			6	
Stuart Davies	B	Handler			6	

## Short Course Time Trial

18 May 2002

Name	Grade	Finish Time	Place Overall	Place in Grade	Points	PB / Margin
Richard Scriven	A	11.11.84	1	1	8	
Stuart Davis	B	11.38.79	2	1	8	-12.21
Simon Pardy	B	11.38.95	3	2	7	
Jeff Sofair	B	11.57.67	4	3	6	PB 1st
Dan O'Callaghan	B	12.05.73	5	4	5	PB 1st
Deb Pearce	C	12.41.19	6	1	8	
Annaliese Aarts	C	12.53.23	7	2	7	PB 1st
Ross Scott	C	12.56.11	8	3	6	PB 1st
Tanya Bosch	C	13.11.26	9	4	5	
Stephen McMillan	C	13.12.32	10	5	4	
Erin Chamberlen	C	13.19.73	11	6	3	-2.27
Kate Rowe	C	13.19.83	11	7	2	
Alan Lumb	C	13.29.32	11	8	1	
Bruce Field	C	13.32.32	14	9	1	
Anna Murray	C	14.06.63	15	10	1	-16.82
Barbara Phillips	C	15.11.48	16	11	1	PB 1 <sup>st</sup>
Paul Kelly	A	Handler			6	
Steve Youngman	C	Handler			6	
Ken Lord	C	Handler			6	
Marguerite Young	C	Handler			6	



# Progressive Point Score

You asked for it, and it's back. Now stop bothering Tanya!

Date	Feb 9	Feb 16	Mar 2	Mar 23	Apr 7	Apr 20	May 5	May 18	TOTAL
Event	1 Lap	SCTT	LC TT	ExtTT	Hilltop	Crit	1 lap	LC TT	C'SHP
NAME					Rd 1	Rd 1			
<b>A GRADE</b>									
Richard Scriven	3	7	8	8	5		8	8	47
Paul Kelly	6	5	5	6			7	6	35
Phil McKnight	7	8	7						22
Tony Johnson		3	6	4	1		3		17
Andrew Hudson	4		6		1		6		17
Alex Simmons	1		4	7	3				15
Jonathon Lewis	5	1					5		11
Simon Kenny					7		4		11
Leigh Ringrose			6	5					11
Steve Hogg	6	4							10
Stan Genakis	8								8
Peter Montford				6	1		1		8
Matt Smithson					8				8
Eddie Bosch			2				6		8
Andrew Gresham		2	4				1		7
Scott Thompson	1	2	3				1		7
Kelvin Haisman	1	6							7
Paul Davies	2				4				6
Jamie Bedford					6				6
Paul Davies							2		2
Paul Rigby					2				2
Danny Rutherford					1				1
Frank Milner	1								1

<b>B GRADE</b>									
Simon Pardey	8		8	8	8		8	7	47
Stuart Davis	6	6	7				6	8	33
Tim Rice		5	6	5	3		7		26
Dan O'Callaghan			3	7			6	5	21
George Schneller	7	1	2	6	1		2		19
Richard Kerr	5	1	5	6			1		18
Richard Dodds	4	5			5				14
Martin Henery		5			7				12
John Kearney					6		6		12
Jeff Sofair							4	6	10
Steve Hobart							6		6
Jonathon Warr				6					6
Greg Reinhardt							5		5
Vaughn Wickham					4				4
Mike Avakien							3		3
Karl Bellamy					2				2
Walter Rolli					1				1

<b>C GRADE</b>									
Debbie Pearce		8	8	5	8		6	8	43
Ken Lord	7	7		7	3		7	6	37
Julie Howard	6	6		8	7		1		28
Kate Rowe	6		6	3	6			2	23
Steve McMillan	4	6	5	1	1		1	4	22
Kevin Crowie				6	4		8		18
Erin Chamberlen		3	7	1				3	14
Annaliese Aarts			4		1		2	7	14
Tanya Bosch	6	1	1					5	13
Ross Scott					1		4	6	11
Glen Butterworth	5	5							10
Andrew Price					5		5		10
Tim Youngman	3	6							9
Steve Youngman	1	2						6	9
Marguerite Young	1				1		1	6	9
Meg Croft				7			1		8
Malcolm Wade	8								8
Bruce Field	2		3	1			1	1	8
Ross Theo	6	1							7
Craig Warner			6						6
Sean Gleeson		4			1				5
John Slater					1		3		4
Mark Meltzer				2					2
Barbara Phillips					1			1	2
Sally Thompson					2				2
Kate Roberts					1				1
Armon Hicks					1				1
Daniel Hynes					1				1
Peter Hickmott					1				1
John Hickmott					1				1
Breeda Kelly							1		1
Ruth Lax							1		1
Julie Avakien							1		1
Beth Bowen							1		1
Jeff Reinhardt							1		1
Anna Murray								1	1
Allan Lumb								1	1

<b>Women</b>									
Debbie Pearce		8	8	5	8		6	8	43
Julie Howard	6	6		8	7		1		28
Kate Rowe	6		6	3	6			2	23
Annaliese Aarts			4		1		2	7	14
Erin Chamberlen		3	7	1				3	14
Tanya Bosch	6	1	1					5	13
Marguerite Young	1				1		1	6	9
Meg Croft				7			1		8
Sally Thompson					2				2
Barbara Phillips					1			1	2
Beth Bowen							1		1
Julie Avakien							1		1
Ruth Lax							1		1
Breeda Kelly							1		1
Kate Roberts					1				1

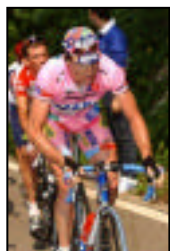
# Calendar of Events

Day	Time	Venue	Comments
15th June	07:15	Heffron Park	Criterion Rd 2 (10/9/.../3) Handlers: Paul Rigby, Dave Clarence, Erin Chamberlen
22 <sup>nd</sup> June	-	TBA	NSW Hill Climb Championships
29-30th June	-	Hunter Valley	SCC Rosemount Tour and Rosemount Open on the 30th
30th June	-	Woodforde	Woodford to Glenbrook MTB classic contact Chris Hille <a href="mailto:starvingstudents@bigpond.com">starvingstudents@bigpond.com</a>
6th July	07:00	Eastern Subs	Hillclimb Round 1 (8/7/.../1) Handlers: Tanya Bosch, Tim Rice
Sun 14 <sup>th</sup> July	-	MTB ride	Andersons Fire Trail contact Chris Hille <a href="mailto:starvingstudents@bigpond.com">starvingstudents@bigpond.com</a>
Sat 20 <sup>th</sup> July	06.50	Ocean St Gates	Extended TT(FMM), (8/...../1), Handlers: Glen Butterworth. Sean Gleeson, Ken Lord
28th July	TBA	Calga	TTT Training Ride
Fri 2 <sup>nd</sup> Aug	7:00pm	Bayswater Brasserie	SCC Tour de France Dinner, see ad in Newsletter.
4th Aug	TBA	Calga	TTT Training Ride
11th Aug	TBA	Calga	NSWCF Mens ITT Championships
18th Aug	TBA	Calga	NSWCF TTT Championships, all catagories.
Sun 25 <sup>th</sup> Aug	-	Sydney MTB ride	Great North Road contact Chris Hille <a href="mailto:starvingstudents@bigpond.com">starvingstudents@bigpond.com</a>
31st Aug 1st Sept	06:50 08:00 09:00	Cannons Heffron Yanderra	Two Day Tour. Points awarded to respective series. NOT to overall point score <ul style="list-style-type: none"> <li>• SC TT – FMM Handlers: TBA</li> <li>• Criterion Round 3 Handlers: TBA</li> <li>• Hilltop Round 2 Handlers: TBA</li> </ul>
Sat 7 <sup>th</sup> Sept	-	TBA	12 hour MTB challenge contact Chris Hille <a href="mailto:starvingstudents@bigpond.com">starvingstudents@bigpond.com</a>
Sun 22 <sup>nd</sup> Sept	-	Olympic Park	Olympic Park criterium
Sun 15 <sup>th</sup> Sept	08:00	West Head	Club Championships. Handlers TBA. No points awarded.
Sat 28 Sept	-	Wagga	NSW State Masters Championships, men and women
Sun 29th Sept	-	Wagga	Masters Handicap at Wagga
Sat 5th Oct	07:15	Heffron	Criterion Rd 4, (10/...../3). Handlers: Phil McKnight, Simon Pardy, Deb Pearce
Sat 12th Oct	06:30	Cannons	Hillclimb Rd 2, (8/...../1). Handlers: TBA
5th-14th Oct	-	TBA	World Masters Games, all cycling events included.
Sat 19th Oct	-	Dunc Grey	NSW Masters Championships, Bass Hill circuit.
Sat 26th Oct	06:30	Cannons	LC TT, (8/...../1). Handlers: Annaliese Aerts, Dan O'Callaghan, Andrew Hudson, Andrew Gresham.
26-27 Oct	-	Wee Jasper	MTB weekend. Contact Tanya Bosch: <a href="mailto:onyabike@ozemail.com.au">onyabike@ozemail.com.au</a>
Sat 3 <sup>rd</sup> Nov	-	Five Dock	Five Dock Criterion
2 <sup>nd</sup> - 9th Nov	-	Sydney	Gay Games, cycling events held in Centennial Park etc.
Sat 9 <sup>th</sup> Nov	07:15	Heffron	Criterion Rd 5, (10/.../3). Handlers: Jonathan Lewis, Frank Milner, Tim Youngman.
Sat 23 <sup>rd</sup> Nov	06:30	Cannons	1 Lap TT, (8/.../1). Handlers: Martin Henery, Scott Thompson, Bruce Field, Kevin Crowie.
Sun 24 <sup>th</sup> Nov	-	Olympic Park	Olympic Park Criterion
Sat 7 <sup>th</sup> Dec	07:15	Breakwater	Kilo, (8/.../1). Meet at Cannons @ 06:30. Handlers: TBA

# The stories behind the Giro headlines

Race report from the SCC Roving correspondent, James "Doc" Guthrie.

Recently I was able to attend the 15<sup>th</sup> stage of the Giro held just north of ferrara (Stage 15 - May 28: Terme Euganee-Conegliano, 156 km). Before the race, I was able to interview a number of riders for the SCC newsletter, below is an abridged version of two of the interviews.



**Doc.**

Hi Cadel, I was wondering if you are missing the quiet of mountain bike racing. Especially as everyday the Giro has been in the national headlines about drugs, disqualifications, withdrawals and the exiting of big names.

**Cadel.**

Before I answer, I would like to take this opportunity to thank all my friends in the SCC for the emails, faxes and telephone calls. Also be sure to visit my new web site at: <http://www.cadelevans.com/>, It's great to be loved and admired, especially in my first full year of road racing and my first grand tour.

**Doc**

What can we expect from you over the next few days?

**Cadel.**

Well I want to get into Pink, as my mum and grandmother will be at the end of today's ride, and the only way I can get onto the Italian live coverage of the tour is either to change my passport to Italian or at least be in pink. My mum and grandmother are desperate to see me on TV!!

**Doc**

What can we expect to be the next big news item of the Tour?

**Cadel**

Well we have had the whisper that the magistrate in the next region is very keen to make a name for himself, so there will be another raid on the Teams, looking for drugs etc like last year. I understand that we are well prepared for this one and a few of the riders have been practicing their lines in the peleton!!

**Doc**

How do you feel dressed in those very colourful Mapei colours?

**Cadel,**

Well you have to do what the team tells you, this is very unlike mountain biking, were I was an individual, road racing is a team sport, what the Director says goes.

**Doc**

From all of us at SCC, we wish you well for the rest of the Tour, it would be a great honour if you were to be in the Pink. My understanding is that you will be the first Australian ever and only in your first full year and first grand tour. Also thanks for taking the time to sign the SCC jerseys

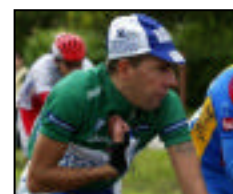
**Cadel**

We will see what happens!!

**Doc to Casagrande**

I am here to wish you luck for today's stage and thanks for signing all the Pinarello stuff.

What are your expectations for today which is a relatively flat stage?



**Casagrande,**

well it looks like it is going to rain. I really want to keep the green jersey (leader of the mountains classification), so I will be defending it to the death today and over the next few days. However, I have been having a problem with a smaller Colombian rider who keeps half wheeling me.

**Doc,**

I know the problems, many of my fellow SCC riders are half wheelers, do you want some advice. It is better to sort out the problem before it leads to a fall in the bunch.

**Casagrande**

Well, I told him on Sunday, if he does it again I am going to fix him, so lets hope he understands Italian.

In summary, a great day was had following the start of the stage, meeting the riders and then watching them come around after the mountain stage... they all went past in a bunch at about 60 Kms an hour, it was lucky I did not blink and I am sure my camera was too slow to get any pictures, so it looks like I will have to ask the club for some funds to purchase one of the flash digitals like Phil's, so I can have some European photos for the WWW and the newsletter.