

August 88

# the SYDNEY CYCLIST

Newsletter of the Sydney Cycling Club and the Sydney Cyclist's Club

## VETERANS EXCEL IN THE PREMIERSHIPS

Several hardy Club members made the long drive to Nowra to participate in the Annual Federation Premierships (Teams Time Trials), and Sydney Cycling Club was represented in the Veterans and a composite Womens Squad. It's particularly pleasing to see that women's teams are now able to participate, as we tried this previously... Bob and Janine Greig were on hand to lend assistance to the vets and women. Michael Griffith served as captain, after a dedicated season of coaching the squads, and chose Hugh Milner and Brian MacQuarrie for his squad. The fourth wheel was selected on the toss of a coin between Frank Milner and Tony Bookes. Tony won (lost!) and the veterans team was selected. Off they went, showing fine formation riding; however, Tony pulled a tendon and had to drop back but continued riding. The remaining three powered on and finished an extremely creditable sixth position (note where macho St George would have finished, had they not been disqualified for repeated draughting...).

Word has it that there was a bit of last minute tubular switching done by none other than the coach/captain!

### VETERANS RESULTS (50km Team Time Trial)

1. Paramatta/Holyrod	1:11.11
2. Canberra	1:12.01
3. Illawarra/West Subs	1:13.26
4. Central Coast	1:16.34
5. Bankstown Sports	1:16.39
6. Sydney	1:17.21
7. Nowra	1:17.35
8. Lidcombe-Auburn	1:17.52
St George (disqualified)	1:18.35
9. Manly	1:20.01
10 Randwick/Botany	1:21.56
Eastern Suburbs	DNF

GOOD ON YOU

LADS !!!

Ruth Darling and Michaela Evatt joined forces with Debbie Kinnear of the Penrith Panthers and another Bankstown rider to form a Sydney Composite team, sponsored by Europa Bicycles. This squad took **second** place in the 25km event at 41:19 close behind the Paramatta/Holyrod women (39:59). The Country composite team was third (41:43) and Canberra fourth (42:38).

Next year we will have to look seriously at forming a Sydney Women's squad...



## CLUB WINTER DINNER - BOOK NOW...



Prepare for a real feast, and book your places for the Club Dinner which is to be held at the "NEW Minerva Restaurant", 165 Riley Street, Darlinghurst (just down the hill from Oxford St).

Tables have been booked for the night of **Wednesday, 10th August** (next week) for 7:00pm. Please let Bob or Janine Greig know your intentions ASAP... (569-1736) by Sunday 7 Aug at latest.



The meal will consist of mixed entrees, a main course, coffee and dessert costing about \$15. Grog can be purchased on the premises...

# Freewheelin'

## THE DREADED LURGY!!!

Judging by the lack of riders seen on the road these days, one can only assume that the cold and the various influenza bugs around are keeping many members indoors. Unfortunately, the nasty flu which seems to have most of Sydney hacking and spitting, has put Juel Briggs out of action for some time, foiling her attempts at a competitive cross-country ski season.

It would appear that only the stalwarts - our Team Time Triallists are game to brave the elements. Michael Griffith, Hugh and Frank Milner, Bruce Vote and a few others are seen rocketing around the Park in the chill of the morning.

## ROSEMARIE CLIMBS MOUNT KILIMANJARO !!

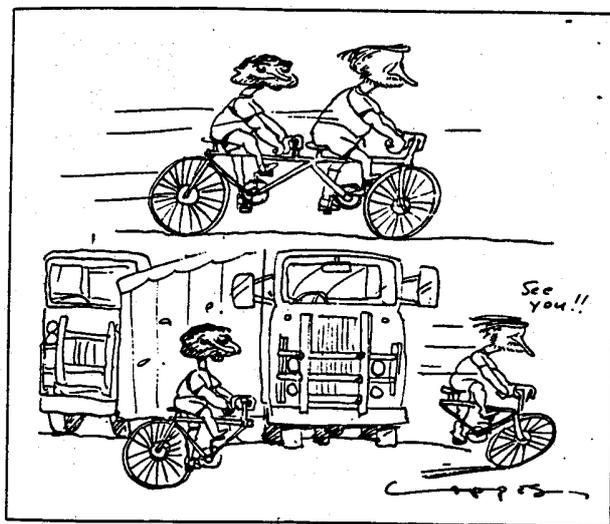
Word has it that our intrepid traveller has been one of four persons in an expedition which made the ascent of the highest mountain in Africa. Rosmarie is attributed with claiming that this endeavour was the most difficult exercise she has yet encountered.

Who knows, maybe the North Face of the Eiger will be next on her travels!

## FACES

Bob and Janine returned home after the Sydney Criterium to find our long lost wandering minstrel **Spencer White**, waiting at the door for them. Spence was quoted as "Can I lend a hand?". Definitely a candidate for the 'good timing' award...

Clay Kesting, John Beauchamp and Paul Montesin have been seen around the traps. They are now almost regular commuters between Sydney and southeast Asia. Clay spends his time in India, John in Thailand and Paul trekking in the Himalayas, although he has discovered the advantages of shopping in Bangkok. Where else can you get lime green (Lacoste) riding socks!!!



Jack Browne sent this one in...

Don't know what Kermit and Tim are meant to be doing!!!

Janine and Bob Greig have heard a word from Alan Smith and Gwen Chance currently in Darwin escaping another winter, and the Criterium (again!!). They are living in luxury [luxury: see Alan Lumb for correct pronunciation...] feeding on fresh Barramundi and terrorising the town on their bikes. They also have a spare room, but only until the end of August.

## GOOD NEWS DEPARTMENT

Carl Sibilias is back home and slowly recovering from his illness. Judy, Karen and Carl were much missed at the Criterium. We hope Carl continues to make steady progress, and the whole Sibilias family have the Club's best wishes.

## BAD NEWS...

Alan Lumb's time trial bike was stolen recently. This custom made 'funny bike' with disk wheels cannot remain hidden forever, so please keep your eyes peeled for a full Mavic equipped machine and let Alan know if you see it or any of its special components.

MEMBER

1ST TIME TRIAL

Sat. 20 August

# SYDNEY CITY CRITERIUM

# A GREAT SUCCESS!

Well, 26 June turned out to be one of those perfect days - clear and warm, with only a light breeze. Before first light, the workers had gathered, to present that master show the SYDNEY CITY CRITERIUM. Road sweepers Frank & Hugh Milner put many a council worker to shame in their approach to the task of a clean track. Barricades were erected and gates guarded to stop unauthorised entry to the circuit, and to meet the conditions of the Gardens Trust; those oft-forgotten heroines, the stall workers beavered away to do a 'loaves and fishes' performance for the anticipated hordes of locusts.

O Lowe attempted to give everyone, especially YT, heart failure by not arriving at the appointed time. Ros and Andy, in slothful bliss, were rudely awakened by a plaintive plea for the 'lowe down' on his whereabouts... All was well, a mere slip of the clock had caused the collective hearth to miss a beat; the arrival of the tents had everyone working to ensure that proceedings started on time.

It was good to see the Club represented in the ladies (?), the vets (✓✓) and the Senior events - whilst the performances fell below hopes (especially in one case!), congrats to those who tried. Experience gained by those who risked life and limb will stand them in good stead in later events. Perhaps other members will attempt to enter the fray on another occasion.

Whilst the competitors may not have reached the heights they desired, the day ended in success. The stall again proved a major attraction, thus permitting the Club to show Paul Keating that private enterprise can show a profit, in this case \$665.90. Thanks to all those who baked cakes, other goodies, and special thanks to Elaine Vote, Marjorie Lobban, Carmel Griffith and Janine Greig for serving all day behind the counter. The Sabilia touch was sorely missed, with Karl, Karen and Judy out of action on the day. Thanks also to those who sold raffle tickets, and to Alan Revell for donating the raffle prize.

To all those members who helped - Matt, Jack and Tony who guarded the gates (Dad's Army?) - Bill, Douglas and Lumby on track patrol, etc. Don and Bruce for organising the event, Sister (mother) Helen for first aid when the zambuck didn't show, all the judges and everybody else that I've left out - Thanks a lot, it wouldn't be the same without you. In fact, it wouldn't happen at all...

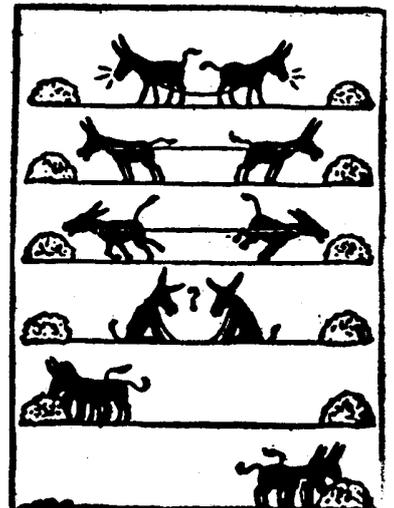
Bob Greig

## SYDNEY CRITERIUM - FINANCIAL REPORT

The 1988 (Bicentennial!) Criterium has once again proved to be a financially successful event, providing the Club with some additional beer money.

<u>INCOME</u>		<u>EXPENDITURES</u>	
Cash Sponsorship * (AGC, Sebel, Otis, Micos and Pallin)	\$2100	Cash Prizes *	\$2080
Race Entry fees	896	Fee for Venue	200
Stall/Raffle	666	Printing	225
		Advertisements	135
	-----		-----
	\$3662		\$2640
<u>Nett Profits</u>	<u>\$1022</u>		

\* These figures do not include prizes-in-kind from Hanley Trading and Europa Bicycles, or the raffle prize donated by Alan Revel...



NEW MEMBERS

The Committee is pleased to announce the following probationary members, and hope to see them participating in future Club events:

- Eaton, Kerrie-Ann; 7/52 Cowper St Randwick 2032
- McNulty, Louise; 59 O'Brien St Bondi 2026
- Pedersen, Rosanna; 7/52 Cowper St. Randwick 2032

Moving with the times... dance teacher Helen Haskas with one of her classes at Randwick Botany club.



## The changing face of the Police Boys Clubs . . .

POLICE Boys Clubs are no longer lonely halls where street kids hang around and compete in the occasional boxing match.

With a new name—Police-Citizens Youth Clubs—and a new outlook, they are trying to meet the needs of boys—and girls—as well as pensioners and the disabled.

If you drop in at your local club you are now more likely to see a group of three-year-olds learning physical culture than a gang of toughened juvenile t

You will even see fam. learning to use computers; aged and disabled people having a meal and people of all ages learning Greek dancing.

Superintendent Perc Carter, president of the Federation of Police-Citizens Youth Clubs, has been in charge of the recent transformation.

"Kids these days are more intelligent and better educated," he said, "so we have to offer them programs and activities which present them with a challenge and keep them interested."

There are 52 Police-Citizens Youth Clubs across NSW. To find out where your nearest club is call (02) 265 5376.

## It must be in their blood

IF THERE is one word, above all others, that is important to the Aussie, it is the word "bloody". It is known as the "great Australian adjective", and its use is best illustrated by this poem, written by John O'Grady and reprinted from the Sydney Bulletin.

It is called, The Integrated Adjective.

I was down on Riverina, knockin' round the towns a bit  
 An' occasionally restin' with a schooner in me mitt  
 An' on one o' these occasions, when the bar was pretty full  
 An' the local blokes were arguin' assorted kinds o' bull  
 I heard a conversation, most peculiar in its way  
 Because only in Australia would you hear a joker say  
 "Where yer bloody been, yer drongo, 'aven't seen yer for a week.  
 An' yer mate was lookin' for yer when 'e come in from the Creek.  
 'E was lookin' up at Ryan's and around at bloody Joe's

'An even in the Royal where 'e bloody never goes".  
 An' the other bloke said "Seen 'im. Owed 'im half a bloody quid  
 Forgot ter give it back to 'im but now I bloody did.  
 Coulda used the thing me-bloody-self; been orf the bloody booze  
 Up at Tumba-bloody-rumba shootin' kanga-bloody-roos."  
 Now their voices were a little loud, an' everybody heard  
 The peculiar integration of this adjectival word  
 But no one there was laughin' and me I wasn't game  
 So I stood around and let 'em think I spoke the bloody same  
 An' one of them was interested to ask 'im what he'd got  
 And how many kanga-bloody-roos he bloody went and shot.  
 An' the shootin' bloke said "Things are crook, the drought's too bloody tough  
 I got forty-bloody-seven and that's good e-bloody-nough  
 An' this polite rejoinder seemed to satisfy the mob  
 And everyone stopped listenin' and got on with the job  
 Which was drinkin' beer and arguin' and talkin' of the heat  
 An' boggin' in the bitumen in the middle of the street  
 But as for me I'm here to say the interestin' news  
 Was Tumba-bloody-rumba shootin' kanga-bloody-roos.



Remember, book for  
 Club Winter Dinner  
 by this Sunday...

**569-1736**

# Penrith to Albion Park

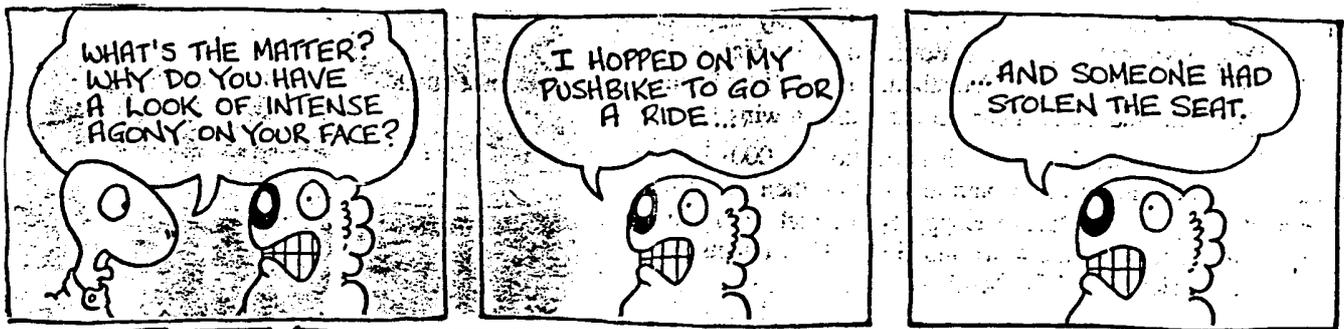
## 21 August, Sunday

The annual Club one day ride from Penrith station to Albion Park is to take place on **Sunday, 21 August** this year. This ride is very good training for the Goulburn to Liverpool Cycle Classic, and other long distance events such as the Green Valley Twin Century which will be held on 16 October.

The ride will depart from the Penrith Railway Station at about 8:15 AM with riders being responsible for their transport to that point. Several trains depart from the urban and country platforms at Central to meet this proposed schedule. (or meet at 6:30 at Central Station)

Riders making the full tour to Albion Park, will catch the train at that point (or at Waterfall) for the return to Sydney. Shorter routes are also possible, with riders going only as far as Picton or Campbelltown if desired.

Contact Bruce Vote (344-8156) for further details....



## Goulburn to Liverpool

*Open to all riders this year...*

*Race entries must be in  
by: Sunday, 7 August!*

*Book for the DINNER NOW!*

After two years of invitational participation only, the GOULBURN to LIVERPOOL CYCLE CLASSIC is to revert to open competition. This extremely popular handicap road racing event has always attracted many clubmen, and proves to be a challenge for all riders.

Unfortunately, the short notice means that race entries must be lodged with the Federation (usual address, shown on Calendar) by this Sunday, 7 August...

# Sydney Cycling Club

- August
- Back New →
- 7 Penrith Panthers Open (CF)[17/7]
  - 10 CLUB WINTER DINNER - New Minerva Restaurant
  - 20 Time Trial Series begins at Centennial Park
  - 20 Muswellbrook-Tamworth (CF)[31/7]
  - 21 Penrith - Albion Park ONE DAY RIDE
  - \* 28 Goulburn-Liverpool (CF)[7/8]
- September
- 3 Club Time Trial
  - 11 Gosford-Calga Race (CF)[21/8]
  - 17 Club Time Trial
  - 18/24 National Vets Championships - Forster [1/9]
- October
- 1 Club Time Trial
  - 2 Southern Hemisphere Cup - Vets
  - 8 Grafton-Inverell (CF)[18/9]
  - 15 Club Time Trial
  - 16 Green Valley Twin Century - Audax
  - 16/29 Commonwealth Bank Cycle Classic
  - 29/30 HALLOWEEN TABLELANDS TOUR - Sofala or Rockley
- November
- 1 Annual General Meeting
  - 5 Club Time Trial
  - 5 N.S.W. Cycling Federation Dinner
  - 10 Fisher's Ghost Criterium (CF)
  - 19 CLUB TIME TRIAL CHAMPIONSHIPS
  - 23or29 CLUB ANNUAL DINNER
- December
- 11 Club Picnic and Time Trial

ENTRIES  
CLOSE ON  
SATURDAY, 7 AUG

(BINSW) = Bicycle Institute of NSW function

(CF) = NSW Cycling Federation event

[15/5] = Race entry closing date - Entries to:

NSWCF, P.O.Box 2343, North Parramatta 2151

## CLUB TIME TRIALS

## RECOMMENCE ON 20 AUGUST...

After the autumn layoff, the fortnightly Time Trials are about to recommence. Starting on Saturday, 20 August the Club will run its Time Trial Series in Centennial Park with timing beginning at 7:00am sharp...

The series will be open to financial members only, and records will be maintained through the series to establish handicaps for the culmination of the series - The Club Time Trials Championships which will be held on 19 November.

Get your gear ready, and get into training !!!