

FEBRUARY 1989

# the SYDNEY CYCLIST

NEWSLETTER OF THE  
SYDNEY CYCLING CLUB

## A traveller's tale

THE GREAT SNOWY MOUNTAINS TRIP:

(ON THE TRAIL OF BETTY BOOBS)

(OR, can cyclists survive without bicycles)

27 December 1988:

BAM taxi service dropped off Clay, Paul & I 15 km south of Cabramurra. From there we set out and walked approximately 16 km over the Toolong Range (well named). At 5.30 pm after an exhausting first day trek, we found a sheltered camp spot. Earlier we had met a family of walkers who had told us about camping spots at the foot of Mt Jagungal; referred to as "Pitt Street". After descending Mt Jagungal the next day we discovered "Pitt Street" which had about 4 tents over a small area.

28 December 1988:

The next morning we prepared to ascend Mt Jagungal. Thinking we could cut time and effort, we all agreed to climb the nearest spur to get onto a ridge that would lead us easily up towards the Mt Jagungal peak. After an hour of bushbashing, our legs were cut to pieces and we finally got above the bush line. There we came across a couple who showed us the path they had used to walk up from the "Pitt Street" camping area (a much easier route). Clay and Paul continued onwards while I stopped due to blisters and spent the next couple of hours trying to eradicate the March fly population on Mt Jagungal. The views from the top were spectacular but it was hard to find anywhere to stand with 13 other people. For the rest of the afternoon we continued along the four wheel drive trail hoping to make Valentines Hut by nightfall. On the way we stopped and talked to various walkers. Much to the delight of Clay and Paul, we learnt of a lone walker, described as having big boobs and named Betty, so for the rest of the trip the "boys" were hot on the scent to catch up with her; footprints along the trail were a continual incentive for the pace to increase from 4 km/hour to over 15 km/hour. Late in the afternoon we crossed the Geehi River and set up camp on a picturesque sheltered flat area, Valentines Hut could wait for tomorrow.

29 December 1988:

We were steadily getting closer to the main range. At lunchtime we reached Schlinks Hut where Clay sold his maps for a small fortune to some walkers heading in the opposite direction. In the afternoon we got to Schlink Pass and started the climb onto the Main Range, into the alpine area. We passed around the base of Dicky Cooper Bogong and camped in the Granite Peaks area. We had covered 20 km and it had been a long day. After another of our gourmet freeze dried meals, Clay admitted to his fantasy for Betty Boobs, Black Women & Feet - it's interesting what the mountains do to people!!!

30 December 1988:

We arose early, wanting to cover a large distance across the high country. We no longer had a four wheel drive trail and had to rely on our mapreading skills. We made our way to Consett Stevens Pass, over Mt Tate, passed Mt Anderson and Mt Anton where we stopped and realised that we really didn't know where to go from there.

over...



THE GRANITE PEAKS

31 December 1988:

On our last day we split up; Paul & I headed towards Charlotte's Pass and civilization, Clay continued along the mountain trail which took him to Mt Kosciusko and then the road towards Charlotte's Pass. Paul then drove back to Sydney while Clay & I spent New Year's Eve in Jindabyne, a hot little township.

I'd like to thank Clay & Paul for their great company on this bushwalk, also Brian for his chauffeur service and accommodation in Jindabyne.

Footnote: We have decided Betty Boobs is in fact a mythical creature, like the Sirens who lured sailors to their deaths. It was probably only my presence which saved Paul and Clay from a fate worse than death.

RUTH DARLING

## ARE YOU FINANCIAL ?

If you see RED in the square to the right, you are presently recorded as being unfinancial. As you should be aware, the annual fees were due at the AGM in November. If you wish to continue to participate in club activities and receive the Newsletter, please send the appropriate fees to Juel Briggs at 4 Ferris Street, Annandale, or to P O Box 547, Paddington 2021.



Annual Fee: \$22

Cycling Federation - Non competitive: \$15  
Vets, Seniors: \$46  
Juniors: \$40  
Women: as above

EXECUTIVE MEETING: 18 JANUARY 1989

New Members: It was decided that new members must be nominated by an existing member, & that a new Application Form be produced. As a formal register of members is required for incorporation, all members should be asked to fill in one of the new forms so we have up-to-date details for this. Therefore all members including life & pensioner members who pay no fees, should fill in a new form. Consequently, no new members were passed at this meeting, and existing applicants also have to fill in a new form.

Race Secretary: Michaela has decided to join & race with St George club, so she has resigned as Race Secretary. After some discussion the committee decided to co-opt David Bullock & Bill Clements to share the duties.

General Meetings: the subject of the February & March meetings was decided - see below.

Time Trials: The rules governing the new time trial season are as stated in the December newsletter & repeated below.

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GENERAL MEETINGS

February: The February meeting will be at Bronte Surf Club on Tuesday 7 February. It will take the form of a general discussion of the year's activities, what people want in the newsletter etc. If you don't turn up, you don't have any input.

March: The March meeting will be an **\*\*AUCTION\*\*** which will be held at Juel Brigg's house, 4 Ferris Street Annandale on Tuesday 7 March, in her garage. All goods to be sold are to be left at her place the week before the auction. Big notice in next newsletter.

TIME TRIALS

The first or autumn season of time trials will be a series of eight fortnightly rides, alternating short & long courses. Members can ride any bike they wish, the only restriction being that members must ride the same bike in all races - no changing half way through the season. The autumn season will finish with the handicap championship in late May or early June.

Because of the disruption caused by rainy Saturdays in 1988, it was decided that if a time trial is cancelled because of rain, it will be postponed to the following Saturday. Starting time is 7 am sharp so entrants must be there by 6.50 am to register - no register, no start. There will be no jumping on at the back of the field. There will be time to do warm-up laps before 6.50, and hopefully time for a ride after the time trial, before the traffic builds up too much.

DATE: Saturday 11 February                      TIME: 6.50 am for 7 am start

COURSE: Short

# SYDNEY CYCLING CLUB

TOURS TOURS TOURS

## 1st ORCHESTRA DE WHEELS

Rehearsal for 1989.

SUNDAY 19 February, 6.30 a.m. #  
at Centennial Park Kiosk.

on " Theme and Variations" by Maestro Bianco.

N.B. Although this is a 1st rehearsal, session members of the S.C.C.Orchestra are expected to dress for the occasion with presto helmets, gala performance jerseys and no thongs. The rules of courtesy to under-rehearsed comrades must be honoured. Any contrary displays of individual cadenzas will be treated as Opera Buffa.

Theme: ONE DAY TOUR : Sydney to Terrigal.

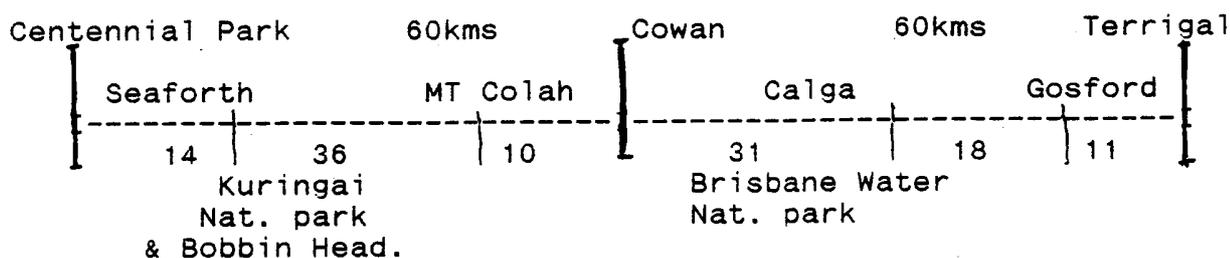
Variations: structured in 3 movement sonata form, marked ad libitum, to allow free improvisation of kilometres.

1. Exposition: " Kiosk to Cowan" Andante Gracioso m.m.60kms followed by a 20 minute interval to allow the Timpani section coming up by train to Rondo-voo with the Orchestra for the remaining two movements. Train departs from Central Railway Terminally Country at 8.11a.m.(Sydney to Newcastle line) via Strathfield and Hornsby; arrives Cowan 8.56a.m. Fare is about \$5. for muso plus drum kit.

2. Development: " Cowan to Gosford" Con espressione e anima m.m.49kms N.B. there will be a molto rallantando at bar 20 for " Tea For Two Legs" (cafe con fuoco). This gives the first violins time to fine-tune for the molto animato Climb at bars 26-31. Bars 39-49 are marked accelerando e brillante but watch out for the staccato especially after the rain. Stradivaris are expensive. Bar 49 is marked Gosford Station: for those with no more music to play may choose a quick da capo here. Trains run 2 per hour at 27 & 36 minutes past the hour. Fare is \$4.60 & \$1 for French Horns.

3. Recapitulation: "Gosford to Terrigal" Attacka molto fooda m.m.11kms Those long winded players in this movement will have to repeat these 11 bars as the Coda but not till after lunch. On completion of the score at Terrigal musos may leave their instruments at the Casa Bianco, stay for lunch and video (screening "Eddy Mercxs Tips On Golf") or mooch around down town this thriving resort -the New York of the Central Coast- boasting 4 cappuccino machines and the new Peppers On Sea hotel with 2000 empty rooms. A beautiful place for a family picnic and swimming.

Scores available from Maestro Spencere Bianco;  
Ph. 76 0525.

OUTLINE OF SCORE:"Bar by Bar" by G. Whizz Handel

Centennial Park to Seaforth: via the Harbour Bridge; North Sydney (Miller & Falcon Strs); Military Rd to Spit Bridge; Left- up Battle Blvd; then through a few back-streets to Wakehurst Parkway.

Seaforth to Cowan: via Wakehurst Parkway; Right- Forest Way; Left- Mona Vale Rd; Right- Penticost Rd; Right- Bobbin Head Rd; Right- Belmont Rd & Left over bridge & Right- Pacific Highway (Mt.Colah); Left fork- Old Pacific Highway (83) to Cowan.

Cowan to Gosford: via Old P.H.(83); through Mt.White; Right- at T junction (Calga) to Gosford.

Gosford to Terrigal: 1st Right- after railway bridge at Gosford; connects to The Entrance Rd, passing through East Gosford and Erina; Right- Terrigal Drive (off the large roundabout).

FIN. MOLTO GRAZI!!!

A full dress rehearsal for **WAGNERS "KANGEROO VALLEY RING CYCLE"** will be held over 2 days Sat 18 & Sun 19 March. The score will be published in the March newsletter; but bookings must be taken NOW due to limited seating at the Hampden Bridge Caravan Park Opera House and secured with a \$5.00 deposit. Estimated costs for accommodation and food - \$20.00 pp - excluding return train fare.

PRE-BOOKINGS phone: Maestro de Tours 76-0525.

Day 1- C.P. to Kangaroo Valley; Day 2- K.V. to Wollongong.  
Return to Sydney by train.

\*FANTASTICO!!! MILLE GRAZI\*



This little brain teaser is for all those addled minds who have had a little too much holiday cheer.

Those members who do not have access to the Oxford Dictionary of Music can ring Spencer White for a translation.

## LOOK, MA! No Picnic!

For the second year in a row, the club's picnic was washed out - not by gentle rain like last year, but by a downpour. Sight of the day at Nielsen Park was El Presidente Bob skipping blithely through the heavy rain (albeit under a very large umbrella) - it gave the people huddled under the trees a giggle, anyway.

Perc & Des Carter turned up complete with sea kayaks. In the end the Carters, Alan Smith & Gwen Chance, & Bob & Janeen had a picnic in the shelter shed in the middle of Centennial Park, sharing it with 10 Vietnamese families & umpteen kids, and with a bunch of Russians who sang maudlin songs. Juel, Brian & Ruth were spotted at the kiosk looking very bedraggled (they rode), and decided to call it quits and go home before they caught pneumonia.

Never mind, we'll try again next year.

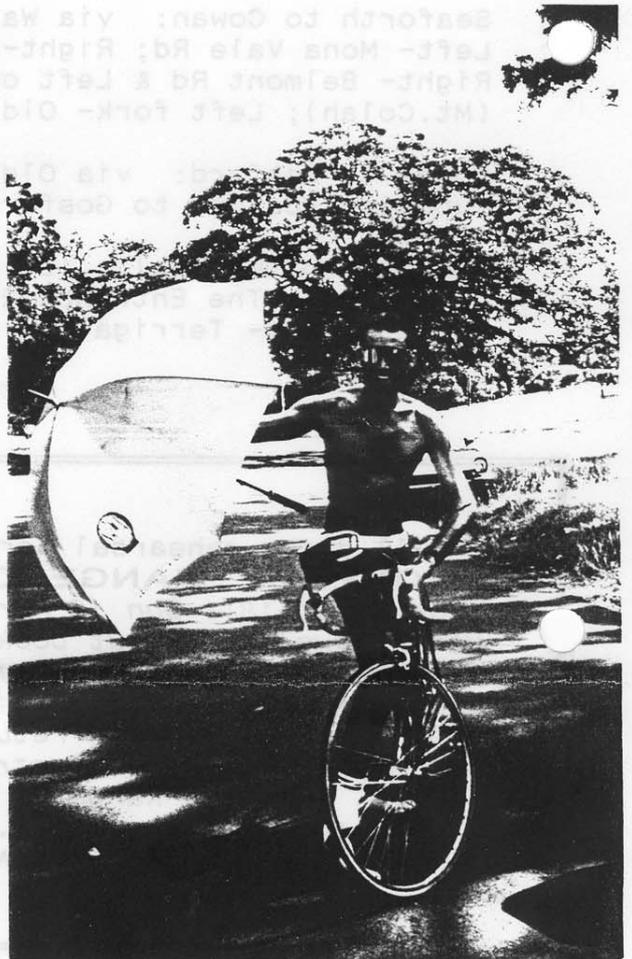
## \*CHRISTMAS COAST\*

All members who have no regard for personal safety turned up at the Woollahra gates at 4 pm Christmas Day for the big event. Things got underway with a bidon fight, aimed primarily at Michaela in her Superheroes costume (this time with underwear), & Juel, in her skiing body suit. Bill objected to having his cranks taped, so his leg was taped instead.

Peter Smith demonstrated the new zigzag start to try to build up speed at the top. The winner was defending champ Jeff Page who demonstrated the new zigzag finish, which was much more effective. Other competitors were Ruth, Francis Murray, Bruce Vote, David Bullock & Bob Greig. Paul Montesin was a late starter, who turned up with an NRMA umbrella which he hoped to use as a spinnaker.

Jeff had to take home the yukky bottle of bubbly which he brought for the winner, & the rest of us enjoyed a couple of glasses of better stuff before heading home.

*Monty & his secret weapon*



## National Heart Foundation of Australia

SUN-HERALD PEDAL FOR HEART

SUNDAY 12TH MARCH 1989

START BETWEEN 9AM AND 11AM

ENTRY FORMS FROM NATIONAL HEART FOUNDATION (211 5188)

(AND JUEL BRIGGS)

# Tattle Tattle Tattle

David Bullock announced his engagement to the lovely Fiona on Saturday January 14.

The SMH on Monday 16 printed this:

## COLUMN 8

□ TRUTH in advertising doesn't hurt sometimes - an oil company seeking a librarian advertised in a recent *Herald* noting "Prima donnas and office politicians need not apply." In the same issue, this was under Engagements: "Mr and Mrs A. H. Sandilands, of Nelligan, are greatly relieved to announce that their only child, Fiona Elizabeth, has finally been taken off the shelf by David..."

Great story, we thought... unfortunately it was a different David & Fiona. Our David is planning to marry in late April.

## Goings

The CIMINOS: Ralph, Rosie and family have moved to Orange in pursuit of a better life - good luck and all the best. Looks like there will be a Tour d'Orange next year.

Ralph says if he makes it to Sydney for a weekend he'll see us at the Time Trials...

Bruce Vote's renovations are finished at last: good to see him back in circulation again, even if he's not spending much time on the bike as yet.

### LETTING IT ALL HANG OUT DEPT

Five club members are featured on the front of the Jan/Feb "Freewheeling" in their Superheroes outfits from the 'Gong ride.

There's Michaela trying to be incognito behind her goggles, but she is easily recognised by her other attributes.

Clay, in his revealing outfit, is carefully posed behind Kerrie - members who wish to see a full frontal should ask Perc Carter for a look at his feelthy photographs. They will be sent in a plain brown wrapper....

Clay, as Spiderman, certainly impressed someone. This was in the *Herald Guide* on January 30:



Morning, somewhere on the Main Range:

RUTH: (looking at condensation inside tent)  
*There must have been some hot breaths in here last night.*

CLAY:  
*I didn't know you had a lisp.*

STEVE TURNER:  
*She said to tell you not to ride through red lights.*

ROSEMARIE: (in last newsletter)  
*Dykes, young & old on bikes ...*

Dear Juel,

At the moment I am neck deep in snow, hard work and homesickness. A lot of snow has fallen here, and the skiing is great, but after 2 days of working in the hotel, I shall scream if I have to make another bed or clean another toilet. The Austrians are very fussy and everything has to be absolutely perfect which is certainly a challenge to me and my slapdash ways. By the time I leave here I shall be a bed-making toilet-cleaning champion, and hopefully my skiing shall be better too.

There are a lot of Poms travelling around, but I haven't come across many Australians lately - I'm told they all go to Kitzbuhl. Of course I rarely hear news about events in Australia, so I'll assume the country is still there in relative social and economic harmony.

Finding a job here was quite easy, despite the dire warnings from everyone that I couldn't get a job without a work permit. After the winter here, I plan to go to Czechoslovakia, Hungary, Yugoslavia, Turkey, Greece etc and back to Holland for a while, but my money is going quicker than I expected. At the moment I'm pissed off because I'm supposed to be going skiing with the hotel's owners but they are very late. It's a beautiful day, and I'm wasting it.

P.S. Just came back from a great afternoon's skiing. I was getting very frustrated with my skiing - it was awful, but today was a vast improvement. It's cheered me up a lot, and the view was spectacular. Love & best wishes,

Rosemarie.

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## CALENDAR OF EVENTS

- |          |          |  |
|----------|----------|--|
| FEBRUARY | 7        | General Meeting - Bronte Surf Club   |
|          | 11       | Club Time Trial - Centennial Park, 7 am                                    |
|          | 10/11/12 | State Track Championships - Canterbury (CF)                                |
|          | 17/18/19 | " " " " " "  |
|          | 19       | DAY TOUR TO TERRIGAL   |
|          | 25       | Club Time Trial - Centennial Park, 7 am                                    |
|          | 26       | Omnium Champion Championship - Canterbury (CF)                             |
| MARCH    | 3/4/5    | Australian Veteran Championship - Canterbury (CF)                          |
|          | 7        | General Meeting ***AUCTION*** - Juel's place<br>4 Ferris Street, Annandale |
|          | 11       | Club Time Trial - Centennial Park, 7 am                                    |
|          | 12       | Pedal for Heart - Centennial Park 9 till 11 am                             |
|          | 11 to 18 | Australian Track Championships - Canterbury (CF)                           |
|          | 18/19    | WEEKEND TOUR TO KANGAROO VALLEY  |
|          | 25       | Club Time Trial - Centennial Park, 7 am                                    |
|          | 24 to 27 | EASTER: GEAR Ride Southern Highlands (BINSW)                               |
| APRIL    | 4        | General Meeting - Bronte Surf Club   |
|          | 8        | Club Time Trial - Centennial Park, 7 am                                    |
|          | 16       | DAY TOUR - CASTLEREAGH/HAWKESBURY REGION                                   |
|          | 22       | Club Time Trial - Centennial Park, 7 am                                    |
|          | 25       | Anzac Day Public Holiday - ride to be decided                              |

# SYDNEY CYCLING CLUB INC.



## APPLICATION FOR MEMBERSHIP

I, .....(Applicant's full name)

of .....(Address)

.....(Occupation) hereby apply to become a member of the Sydney Cycling Club Incorporated. In the event of my admission as a member, I agree to be bound by the rules of the Club for the time being in force.

Signed: .....

Date: .....

Telephone: Home ..... Work .....

Date of birth: ..... Have you raced before? .....

If yes, previous Licence No.: ..... Category: .....

What type of bicycle(s) do you own?

Touring  Commuter  Road racing  Track racing

Do you have any particular preferences for club activities?

Fitness rides  Workshops, lectures

Weekend tours  Restaurants, parties

Other: .....

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I, ..... (Full name) a member of the Sydney Cycling Club, nominate the applicant, who is personally known to me, for membership of the Club.

Signed: .....

Date: .....

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Probationary fee paid:                      Date:                      Committee O.K.

Full membership granted:                  Date:                      Fee paid: