

the Sydney Cyclist

Roll 1



NEWSLETTER OF THE SYDNEY CYCLISTS' CLUB AND THE SYDNEY CYCLING CLUB

83/84

**gala
festive
issue**

T.T. to BONWICK

The Club rounded out its competition season by running a time trial on a circuit within the Royal National Park on November 6. The numerous cycling events during the preceding weekends led the organiser, Paul Montesin, to have some concern about participation; however, on the day there was a good turnout for the event. The proposed circuit was to start at the Karingal picnic area going up the Waterfall hill to the entrance station and back to the picnic area. This was modified on the day, as several of us discovered that a tree had fallen across the road on the Waterfall - testing our ability to brake quickly - while on the ride out to the picnic area from the city. The shortened route led to the following results:

Mark Bonwick 24:37, Paul Montesin 24:59, Hugh Milner 25:24, Dave Stakes 26:02, Don Sigsby 26:13, Bruce Vete 26:59, Alan Smith 28:02, Andy Doldissen 28:51 and Juel Briggs setting a 29:19 to give warning to the record for the 1984 ladies time trial!!!

Following the competition all riders and their friends adjourned to the quiet of the picnic area for broiling in the sun and eating the fine fare provided by the various members. The day ended with a walk down to Burning Palms and a swim before returning to the city.

Christmas dinner

In spite of our worst fears after reading Leo Schofield's article, the proprietor and staff of THE THAI ORCHID RESTAURANT put on a superb evening for the many members of the Club and their friends. A great response was received to the publicity announcing the dinner, with more than sixty persons attending. Once again, Paul Montesin was responsible for bringing many of our less active members out into the open, to join in the convivial atmosphere. The food and service were excellent, leaving everyone well satisfied; although Martin and Sue appeared to be rather dazzled upon departure - does anyone know why ??? As the champagne continued to flow, the repartee became more animated. We understand that Perc's ear will soon be back to normal. The entertainment was mostly self generated; however, the team of Kitteridge/Lumb provided that little bit extra in variety, well supported by the Zara look-alike. The evening was a great success, and will certainly be discussed for a long time to come. Thank goodness most members planned to taxi home!

While you are lying on the beach enjoying your seasonal holidays, give a thought to the direction our Club activities should pursue in 1984. The past year has provided a dearth of activity to suit all tastes - or so it was thought - based on the questionnaire circulated early in 1983. In reviewing these events, it appears that the same small core of active members participated; with only the 'SILENT MAJORITY' appearing for a couple of the social occasions.

IS THE CLUB PROVIDING THE TYPE OF ACTIVITIES YOU WISH TO PARTICIPATE IN ????? ?

*** A.G.M. ***

THE ANNUAL GENERAL MEETING OF THE SYDNEY CYCLISTS' CLUB AND THE SYDNEY CYCLING CLUB WILL BE HELD AT THE PADDINGTON TOWN HALL, STARTING AT 7:00 PM ON 14 FEBRUARY 1984. THE PURPOSE OF THE MEETING IS TO ELECT OFFICERS FOR 1984, DISCUSS A PROPOSAL FOR SPONSORSHIP, AND DISCUSS PROPOSED ACTIVITIES FOR 1984. ANY ITEMS FOR THE AGENDA SHOULD BE RECEIVED C/ SECRETARY, P.O. Box 361, PADDINGTON, 2021 BY LAST POST ON 27 JANUARY 1984.

INTRODUCING

CYCLE-BALL AND ARTISTIC CYCLING

Cycle-ball game originated in Europe about one hundred years ago. It quickly developed into a competitive sport on international level with mainly European countries competing in annual international championships. In recent years this sport found new enthusiasts in Japan and Hong Kong and two years ago also in Sydney.

Our aim is to participate in next year's world championship in cycle-ball and artistic cycling to be held in France.

What is this game? Well, it is played on and with bicycles. A team consists of two players who try to score goals with a round ball against the opposing team. The ball may be propelled only with the bike. These bicycles are specially built for the game with fixed gear ratio 1 : 1 to enable the players to pedal also backwards with ease. The duration of the play is 2 x 7 minutes.



It is a very exciting game and I would like to see it grow here in popularity so that we may give the other countries a bit of a competition.

You can see the game being played every Monday night from 7 p.m. to 10 p.m. as well as artistic cycling training sessions in our gymnasium at 16 Grattan Crescent (off Bantry Bay Road), French's Forest.

We will gladly assist any club interested in taking up this sport. Come and watch it. Let us build a new competition.

Contact: Vic NOVAK, Secretary
Tel.: 30 6781

SYDNEY CYCLE-BALL AND ARTISTIC CYCLING FRENCH'S FOREST

HEARD AT THE THAI ORCHID RESTAURANT DURING THE CLUB CHRISTMAS DINNER.....

- "Some of the best times I've had, were good times"
B. Vote
- "Mark is my friend, but I didn't bring him tonite!"
A. Lumb
- "Go for it, Don" from across the dining room
M. Kitteridge
- "Was that Burraston's bird, she's been looking at
me all night long"
F. Conceicao
- "If you want to get rid of Martin, put him at a
table with Mark!"
Name withheld by
request.....

Just prior to Christmas, Randolph the Range Rover which served as the Club's sagwagon and race support vehicle for most of the past two years, was put out to pasture. In future, riders will have to obtain alternative transportation as Randolph was replaced by a coupe!

Special thanks must go to Desma, Gwen and Elaine for the many hours spent patiently sitting or driving the vehicle, while waiting for the aspiring Merckxs and Hinaults during road races or on the various weekend club tours.

GEE, DIDN'T WE HAVE A GREAT TIME

STOLEN

Keep an eye out for the following bicycle which was stolen at the Nepean Triathlon on 11 December. It is a 23 $\frac{1}{2}$ " road racing frame, newly painted Transparent Red (Burgundy) with the prugnant lugs infilled with yellow.

It is equipped with Cinelli bars and stem; Campagnolo headset, bottom bracket and pedals and Zeuss 2001 brakes - with yellow cables. There is a Zeuss seat pillar with a TTT saddle. The wheels are singles with Super Champion rims and Dura-Ace high flange hubs. The bike was unique in being fitted with a single (18 tooth) freewheel and a 49 tooth chainring on a SR Royal crankset with 170 mm cranks.

Contact Paul Montesin (519-6215) if this machine is seen.

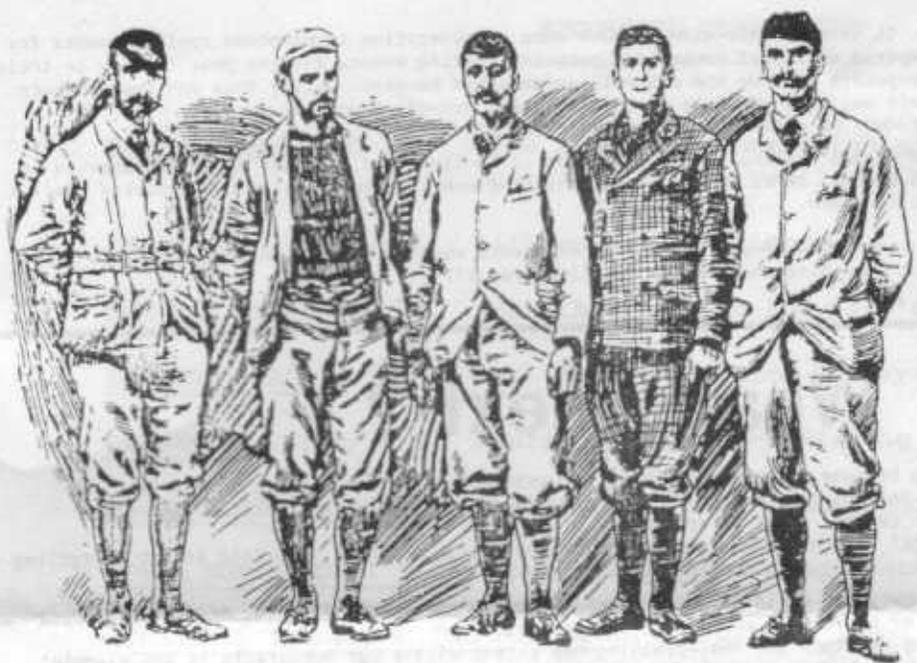
TRACK RACING

Copies of the 1983-84 Track Carnivals can be obtained from the Secretary - Clay Kusting

+ January 22	JIM BUNDY Madison	Juniors / Women	(Canterbury)	6:00
+ " 27-30	State Championships	all categories	"	6:30
+ February 2-5	"	"	"	6:30
+ " 11	C. Manins Memorial	"	(Hurstville)	6:30
+ " 19	Bowlers Sprints	"	(Canterbury)	5:30

1983

WHAT A YEAR!



<u>Bruce Vote</u>	<u>Paul Montesin</u>	<u>Don Beavis</u>	<u>Alan Smith</u>	<u>C.J. Kesting</u>
Touring Secretary	Social Secretary	President	Treasurer	Secretary

Following the last A.G.M. held in November 1982, the newly elected Executive Committee set out on a very ambitious programme. The calendar planned set out a wide series of activities to suit all abilities and interests of the club members.

Mind you, this newly elected Committee, supported by the Cycling Club's Captain (Dave Stakes) and the N.S.W.A.C.U. Representative (Mark Kitteridge, replacing John Sunde) had a very challenging act to follow. John Beauchamp had filled all these positions for the two prior years!

In looking back over 1983, we find that there were activities to suit nearly everyone. The annual touring events were expanded to four in number, with rides to the Bathurst District and the Hunter Valley, in addition to the Kangaroo Valley and Southern Highlands events being staged. These events were well attended, and should prove very popular again in 1984.

The social calendar saw a wide variety of events ranging from a few beers at the Royal Hotel, Randwick to several, very interesting speakers at Paddo Town Hall. There were some very memorable dinners held again this year, with more than one training diet being ruined in the process - to say nothing of the hangovers which followed. The Ladies Time Trial proved to be a great success, bringing many of the lady members out for a most enjoyable morning in Centennial Park. This should prove to be a promising event for the competition calendar... The Sunday rides continued to be very popular, although the Waterfall ride has its problems with the outsiders! This event may require some serious rethinking in '84. It has certainly lost its identity as a Sydney Club event!!!

Of course, the core of the Club remains the morning rides in Centennial Park. These continue unabated. Nearly every weekday morning will find a bunch of Clubmen doing their best to solve the world's problems (if not those of the Club). What an enjoyable way to start the day! It has also been a very effective way to transact the necessary business of the Club. The consensus appears to be to keep it that way, rather than having monthly business meetings for the sake of holding meetings...

We have also been well represented in competition. The White, Red and Blue jerseys have been seen in several N.S.W.A.C.U. events. Mark Kitteridge made an early score by winning C grade at Nepean, Mark Poowick again won C grade at The Carnivale Criteriums and Dave Stakes won his grade in the Blue Mountains Classic. Several riders contested the Mattara Open and The Goulburn-Liverpool Classic again this year. In addition, the unique Club structure of our club, has seen several clubmen elect to do their racing under other colours: Agullo (Sutherland), Hanley (Suntour), New and Nicholson (Randwick/Botany), Sigsby (University) and Sunde (Clarence Street). At intra-club level, Bruce Vote has become a real threat at Heffron Park. Dave Stakes has also done a very admirable job in flying the colours there as well.

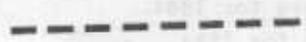
Triathlon fever is catching among the membership, with Bill Roney, Frank Brandon and Paul Montesin participating regularly. "Dr. Bill" continues to take out first in the veterans in most events; however, we hear that Frank is getting mighty close to his overall times!!! Andy Doidissen continues to be our 'marathon man', competing in these running events on an international basis - if only we could get a bicycle under him.

Speaking of internationals, we must note that Stephen Poole and Frank Brandon successfully rode the AUDAX event: Paris - Brest - Paris this year.

John Beauchamp, Desma and Perc Carter, Don Sigsby and Bruce Vote dusted off their touring bikes and panniers to participate in some long-distance touring within Australia. Stephen Poole rode across the U.S.A. with Russel Moore on their way to the Audax event, and Allan Griffiths was last heard from in the U.K. after riding across the bikecentennial Trail in the U.S.

The CARNIVALE CRITERIUMS were a great success, both from the view of competition and as a fund raiser for the Club. This event was held on a circuit adjacent to the Opera House. (thank goodness it didn't rain!). Plans are already underway for a bigger event in 1984.

All this, plus the many kilometres logged just for pure enjoyment - isn't that what it's all about ??? There are undoubtedly several other events which should be mentioned; however, suffice to say that it really has been quite a year....



'84 events

As we are already well into 1984, it is certainly time to give some consideration to proposed cycling events for the year. John Beauchamp has prepared a list of known, and proposed touring events for the year (a copy is included in this Newsletter). The proposals include the now well-established Kangaroo Valley Tour and The Southern Highlands (Bundanoon) Tour; as well as, another visit to Sofala, which proved so popular in 1982. Other possibilities are also included; as well as, the various AUDAX rides.

Riders are reminded that the Road Season (racing) calendar is yet to be finalised, and may have some bearing on final dates for the proposed Club rides. There will be several racing events which many of our aspiring roadies will be looking forward to with a vengeance.

Members should also give some consideration to any other type of events which might be considered for the year. Any new restaurants, which haven't been discussed by Leo Schofield yet ???
What about a Poker Run ???

What's next ?

Most of us have taken up cycling because of pure enjoyment, and possibly to maintain a reasonable level of personal fitness. If we're not careful though we find that there are many activities that can jeopardize this basic sound approach to our central means of enjoyment.

We may find a number of peripheral actions which take away from the basic, and most important aspect of cycling - RIDING.

1. We may find ourselves slowly (or rapidly) going broke by buying more sophisticated, or just different machines or components; or additional equipment, clothing etc.
If the plethora of exotic machines and fine clothing now extant within our membership is any example, Sydney bicycle shops must have had a bumper year during 1983!
2. The growing number of activities available to the cyclist may cause a frustration in trying to decide just which ride we should participate in. Should we race or tour this weekend ??? Should we join those at the gate or at the pavilion, or just go by ourselves...
Should we take up track racing, as well as being a 'roadie'; will we participate in the Audax events....
3. We may become caught up in the organizational, and administrative functions which tend to promote, regulate or activate this - otherwise - fine activity.
Do monthly meetings really achieve anything that wasn't resolved during the morning rides in the Park ?
Does BINSW really achieve anything? Should we be trying to assist the N.S.W.A.C.U. with its racing programme ???

Meetings, bloody meetings - seemed to be the catch cry for 1983, with regards cycling. Did they achieve anything? We had meetings to supposedly conduct necessary business every month, and meetings to discuss participation in racing events, and meetings to organize tours, and meetings to organize a race, and meetings to discuss 'executive' matters. These latter have led some members to query whether we have an executive, or by what rules we have anything! How did there come to be two clubs ??? Maybe the earlier call for some recording of the history of the 'club' wouldn't be a bad idea.
When and how did the club start promoting the Criterium races ?

While on the subject of racing, we find that more and more of the clubs involved in racing are being sponsored to varying extents. Cycle racing, like other sports is very expensive and financial assistance is very helpful to those involved. It's interesting to note that the rules for amateur cycling now allow a rider to win more than \$2000 per year, and retain an amateur standing. Several of Australia's top riders receive full financial backing for their riding throughout the year. Sponsorship appears to be quite common nowadays. The Sydney Cycling Club has recently been approached - informally - for sponsorship from a company within the bicycle industry in N.S.W. This firm would provide some limited assistance to top-grade (aces) riders and the three best - if deemed suitable - would have provision made for a year of riding in an amateur team in Italy. This situation is similar to the structure which put Phil Anderson his present position.
Is the Club interested (or capable) of accepting such a sponsorship ??? The implications are very broad, and several members have been considering the matter for some time now... It will be put to a vote at the A.G.M. Why did you join the club? Was it to associate with some of the top riders in the country, or was it to have a good time riding with other riders in your same age group and general capability ??? Will becoming a big racing club improve our weekend tours, training rides and varied social activities ???
Give it some thought and then attend the A.G.M.

NOTICE OF MEETING

The ANNUAL GENERAL MEETING of the Club(s) is to be held at 7:00 P.M. on Tuesday, 14 February at the Paddington Town Hall. Business without prior notice will not be entertained at the meeting. Agenda items should be sent to the Secretary, c/ P.O. Box 361 Paddington 2021 by last post on 27 January 1984.

AGENDA (as at 17/1/84)

1. Reports by the 1983 office bearers.
2. Proposal for Cycling Club sponsorship.
3. Election of office bearers for 1984.
4. Proposed Club activities for 1984.

SUGGESTED CLUB RIDES

- EASTER (April 20-23) Ride Across Southern Highland (RASH) organized by Australian Cycle Trails with support vehicles.
- SOFALA (April/May) Lithgow-Sofala-Lithgow
- ONE DAY RIDE (June) Penrith-Mittagong-Bowral-W'gong
- KANGAROO VALLEY (June/July) Sydney-Kangaroo Valley-Wollongong (Start Liverpool?)
- BUNDANOON (Sept/Oct) Penrith-Bundanoon-Mittagong
- SHOALHAVEN (Nov/Dec) Small ride: Moss Vale - Shoal Haven Heads-Mittagong
- LOWER NORTH COAST RIDE: Cowan-Maitland-Dungog-Newcastle

AUDAX HAS SCHEDULED THE FOLLOWING RIDES:

- | | |
|-------------|--|
| March 10 | Wollongong-Picton-Mittagong-Wollongong (175Km) |
| May 5 | Sydney-Windsor-Campbelltown-Sydney (200Km) |
| May 27 | Bathurst-Sydney (200Km) |
| June 6 | Parramatta-Windsor-Wisemans Ferry-Mangrove Mt-Hornsby-Sydney (225Km) |
| June 24 | Parramatta-Campbelltown-Penrith-Windsor-Castle Hill-Parramatta (250Km) |
| July 8 | Sydney-Moss Vale-Sydney (300Km) |
| November 11 | Singleton-Sydney (200Km) |
| December 2 | Green Valley-Twin Century |

Dates for the club rides will be settled when the racing calendar is known. Dates and venues are still open to suggestion and discussion.

Members interested in participating in club rides should contact John Beauchamp 662.3319 (office) or 665.4255 (home), and let him know of your interest. When the dates and other details are settled you will then be advised and can confirm your intention to participate.

The Ride Across the Southern Highlands is strongly recommended. Warren Solomon (Freewheeling Magazine) organizes these rides through Australian Cycle Trails. Previous rides have been most successful. Participation is limited to 50. If the club is to reserve a few places you should be RASH and let John Beauchamp know of your interest right away!

The AUDAX rides are organized by Russel Moore and Stephen Poole.