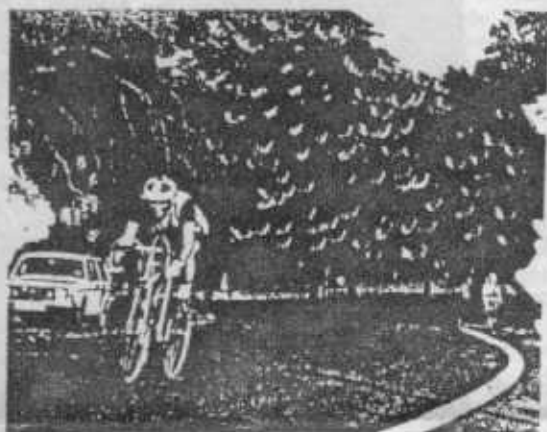


the Sydney Cyclist



NEWSLETTER OF THE SYDNEY CYCLISTS' CLUB AND THE SYDNEY CYCLING CLUB

JUNE 1983



MARJORIE WINS !

The inaugural Ladies Time Trial got off to a great start, with a clear morning and most pleasant atmosphere for all those who attended. Actually, the preparations for the event proved to be most interesting as well. Several of our lady members now have much better equipment, having taken the time to inspect their machines and seek areas of improvement. Christine Flint went so far as to equip a new A.L.A.N. frame for the event, and can now be seen tearing around on her beautiful silver machine.

Having motored into Centennial Park with the sparrows, I wasn't too surprised to find several of the hopefuls already out warming up. As the hour approached, a great group of organisers, spectators and a few competitors congregated opposite the kiosk for the thirty second interval start; only to find that someone had mislaid the stopwatch ! Unfortunately, the much heralded 'Regent Street Ragers' were not among the starters.

At about this time, a blood spattered man wandered into the starting area, mumbling something. Anticipating the worst, Clay Kesting went over to him to query his problem. Discussion ensued with a thick Irish brogue giving out with some comment about a 'kick start', and Clay burst into hysterical laughter. Nothing more was said, so you'll have to speak to our secretary to find out what happened. Frank Conceicao from the Portuguese Club was on hand to give the girls some last minute pointers.

The ladies went to the line, with Paul Montesin and John Sunde sending them off in orderly fashion, with Martin Hanley shouting a chorus of "may the best man win..." First away was Cathy Fry, followed by Christine Posa and Desma Carter. Jan Weighton, our new girl, rolled to the line expressing some concern about how (or why) to get onto the big ring! Rosemary Doyle powered away from the line with a great show of strength, followed by Marjorie Lobban on silk tubs and a newly installed 72 rear gear. Margaret McLachlan, from Randwick-Botany was last away, having been invited to provide a comparison with another club.

Around they went, with Marjorie mixing it up with Margaret and Rosemary. These three powered around to pass most of the other riders over the duration of the two lap cycleway circuit of eight kilometres. The Club press vehicle clocked Marjorie at 44 kph during the second lap on the back of the circuit. Final bursts of power were laid on as the finish came into view, with Christine Flint first across the line. Margaret McLachlan laid on a burst of power in pursuit of Marjorie, but was unable to bridge the necessary gap. All riders finished, and the timers mulled over the results finally posting the following:

	Lap 1	Lap 2	Total		Lap 1	Lap 2	Total
Marjorie	6:37	6:45	13:22	Cathy	7:42	7:44	15:26
Margaret	6:59	7:01	14:00	Chris. Posa	7:46	7:53	15:39
Rosie	7:00	7:09	14:09	Jan	7:56	8:09	16:05
Desma	7:29	7:37	15:06	Chris. Flint	8:03	8:15	16:18

Following the posting of results, the group adjourned to the infield for a most sumptuous continental breakfast catered by our social secretary. Paul Montesin went on to present the prizes, including carnations and Russian chocolates for all competitors.

The winning time is going to be difficult to better, but we expect bigger and better results next year.

Next Meeting: 5 July, 7:30 P.M. at the Royal Hotel, Randwick

*** CHAMPAGNE BREAKFAST / MIXED TIME TRIALS on 26 June (see back page)***

Cycling win for Walsh brothers

With good defence tactics and fast sprinting, brothers Charlie and Bob Walsh defeated eight other teams to win the 5AD Action Radio seven night teams Cycling Spectacular at the Norwood Velodrome last month.

The public were treated to a week of top class entertainment, but unfortunately rain on three nights prevented what could have been a great success for the promoters, the Norwood Cycling Club.

The team of Italian rider Nino Solari and former amateur Austrian rider, Wally Sorger, finished second in the event only 20 sprint points behind Walsh brothers. Third placing went to the Whyalla team of Kym Smoker and John Murray.

Former Dutch amateur riders, Aart Verhoef and Everet Jonker, after being in the lead at one stage took fourth placing. All teams in the event were sponsored by business firms, and the printers of this magazine.

Messenger Newspapers Pty. Ltd. sponsored the winning team, which compensated them for the defeat of their team Bob Ryan and Joe Ciavolla in the six-day event last year, when they were defeated by the Sid Patterson-Charlie Walsh combination by seven points.

The 5AD personalities race which was run on the Tuesday night resulted in a win for "Big Bob" Francis, who used his handicap to advantage to defeat a select field of riders including Barry Ion, Dean Matters, and Arthur Verco.

Bob was the proud receiver of the 5AD cup for his victory, whilst all other placegetters received a bottle of "reviver" each (compliments Kaiser Stuhl).

On each night a finalist was selected for the Miss Cycling contest, and Miss Jacquelin Perriman, who was selected by the 5AD boys, went on to take the title on the final night from eight other contestants.

A special match race between Sturt footballer Bob Shearman and Juventus soccer player, Nilo Rusalen, resulted in a 2-1 win to Rusalen in a furlong time of 13 and two-tenths seconds.

The Norwood and Payneham City Clubs are now planning their programmes for the new road season.

Australian Sportsman

1956!

Any offers to assist would be welcome by the secretaries of both clubs.

On Good Friday riders will ride from Nuriootpa through the Barossa Valley, Gawler and Elizabeth to help the 5AD, Channel 7 Good Friday appeal for the Royal Adelaide Children's Hospital.



HAIR DRYER ?



• A WELCOME boost for the cyclist — a rear mounted, battery powered "Pedajet" fan provides sufficient thrust to propel the rider along at speeds up to 12 mph (19 kph). This British prototype model is likely to lead to the development of more advanced units, including petrol-powered options. Pedajet's ducted multiwing fan, contained in a plastic cowl, is driven by damage resistant batteries. To operate the unit the rider simply switches on the power and pedals to the speed required, relying on the fan to maintain the velocity, no torque being available for acceleration.

• PUNCTURE PREVENTION •

EUROPA CYCLES, Kensington have developed a method of pressure injecting tires with a water-based sealant that is guaranteed to protect any previously unpunctured high pressure or single tire from seven punctures in a year. The actual treatment adds about 30 gms. to a single and about 65 gms. to a high pressure tire. Life expectancy of the sealant is five years.

Demonstration tires in the shop have had more than 40 punctures, and still retain air at proper pressures.

Several top racing riders are now having their tires injected for the road season.

Australia Post is having all its bicycles treated with the material, replacing the previously used solid inner tubes.

John Abeni is offering specially injected training singles ready for mounting with a years guarantee against punctures. The guarantee will not cover normal wear or large cuts.

Road testing (and racing) has shown no ill effects. The tires appear to handle the same, and there are no apparent side effects. The centrifugal action of a moving tire moves the sealant around, maintaining distribution of the material and providing near-instant sealing of any small puncturing.



Garden
Gnomes
for sale
Price
negotiable
contact:
P.&D. Carter

Hunter Tour Report

by Dave Stakes

6:05 A.M. Saturday morning, pouring with rain again, and I'm wondering whether to set off up to the Hunter for the Club Tour. Knock, knock, knock on the door and there was J.B. Tunnelrock, a dripping wreck. Apparently he wasn't listening when I stated - "if wet, stay at home and I'll come get you".

The drive up didn't make the weather any better and things were looking grim. Arrived NEATH HOTEL, a quaint country pub on the edge of town. It was the first building - smart people these early settlers, build the pub first! - the rooms were comfortable and amenities first class.

All participants had arrived by 10:30 A.M. and eyes went skyward, it rained harder! After some liquid refreshment, a decision was made on what to do. A tour of the winerys by auto... Vehicles, passengers, etc were organised and off we went. First stop was Tyrells, much imbibing and mumbles of approval. Plastic money was flashed and wine found new owners. Four winerys later with a flash back to Tyrells for lunch - home-made steak pies delicious. Tunnelrock demolished a pie, a quiche and coffee - Hollowrock is his name!

Back to Neath and more liquid refreshment, dinner was served and duly demolished. And then we retired to the lounge around the coal fire where small talk and crustacean jokes were exchanged, and so to bed. ZZZzzzzz.

Sunday was cloudy and not promising, breakfast was consumed, we retired to the back porch and eyes were cast heavenwards. "There's a patch of blue sky", says Bruce. Some of us saw it, a vote, a majority decision and the plunge was made. Perc and Des went home to drink there previous days tastings. The bunch went off towards Wollombi and did so without getting wet. A bit of the pavé (cum Roubaix) was encountered, along with a few high and low spots.

I hit the deck on a pick-a-plank bridge, when I ran out of plank! Clay managed to puncture while walking over the bridge... Walter punctured while passing through Bellbird. Jan, our new lady member, rode with us all, and was looked after by the chivalrous bunch.

We logged 86 km. and arrived back at Neath around 1:00 P.M., just as it started to rain again. Another liquid refreshment break, and then we all started to pack up and drift away home.

Quote of the Tour came from Perc Carter: Didn't know what was worse-to ride in rain and puncture two \$30.00 singles, or tour winerys and purchase \$60.00 worth of plonk.

And so ended a pleasant, if slightly damp weekend...

JAZZ/PUB CRAWL

John Beauchamp has researched some of the best jazz pubs around Sydney, and has set out a proposed 'tour' for Saturday, 11 June (long weekend). No special prizes for drinking schooners at each of the stops. You may need money for a taxi, and will certainly need lights!

Start at 1:00 P.M., at the first pub:

- | | | |
|----|-----------------------|---------------|
| 1. | LOUIS AT THE LOO | |
| | 22 Forbes Street | Woolloomooloo |
| | bicycle to: | |
| 2. | EAST SYDNEY HOTEL | |
| | 111 Cathedral Street | Woolloomooloo |
| | bicycle to: | |
| 3. | GOVERNOR'S PLEASURE | |
| | (Buckleys Bar) | |
| | Circular Quay West | The Rocks |
| | Ferry and bicycle to: | |
| 4. | LONDON HOTEL | |
| | 234 Darling Street | Balmain |

bicycle to:

- | | | |
|----|--------------------------------|---------|
| 5. | RIVERVIEW HOTEL | |
| | 29 Birchgrove Road | Balmain |
| | bicycle to: | |
| 6. | CAT AND FIDDLE HOTEL | |
| | Darling Street (Cnr Eliot) | Balmain |
| | bicycle to: | |
| 7. | ROSE, SHAMROCK & THISTLE HOTEL | |
| | Evans Street | Rozelle |
| | bicycle to: | |
| 8. | VULCAN HOTEL | |
| | 500 Wattle Street | Ultimo |
| | bicycle to: | |
| 9. | VANITY FAIR HOTEL | |
| | Goulburn Street | |
| | (Cnr. Wentworth Avenue) | City |

PREMIERSHIPS

Having had a very impressive demonstration of time trialling by the ladies, the lads get their chance on 18 June. This is a team event, and means that teams of four wheel against the clock, rather than individually. The time is actually taken on the third cyclist across the line.

The N.S.W. PREMIERSHIPS will be held on the Castlegagh Circuit, near Penrith. The Sydney Cycling Club will be entering a Senior and a Veterans team in this event. The senior training squad is comprised of: Mark Kitteridge, John Burraston, Martin Maas, David Stakes, Peter Lafferty and Michael Griffiths. This group trains in the Park on Wednesday mornings from 6:00. The veteran squad consists of: Bruce Vote, Alan Revell, Perc Carter, Hugh Milner and Clay Kesting. They train on Thursday mornings from 6:30 A.M.

On the day, 18 June, we will need to have two persons to assist the Union with marshalling, and each of the teams may need to have a following vehicle driver and assistant. Please contact Mark Kitteridge if you are interested in assisting. The final teams will be selected on the day, with final decisions made by each team captain. Come along and cheer the lads along....

REMEMBER TO MARK YOUR CALENDAR FOR THE 2ND ANNUAL KANGAROO VALLEY TOUR, ON 23 & 24 JULY
(FURTHER DETAILS IN THE NEXT ISSUE OF THE NEWSLETTER)

RACING

The Club colours have been 'flying' with more frequency at this seasons Union race meetings. Since the spectacular showing by Mark Kitteridge at the Nepean Open (winning 'C' grade), several riders have done well in other events. The Europa Open at Heffron Park, saw Bruce Vote demonstrate his endurance by participating in his morning event, and coming back for the repechage in the afternoon.

The Northern Suburbs Open tended to sort the men from the boys, especially after two weeks of incessant rain. Clay Kesting made a very good showing in the 'B' veterans category, finishing fourth. He has learned a great deal about the tactics of road racing, and improves with every event entered. As mentioned elsewhere, the racers are presently in training for the Team Time Trials to be held at Castlereagh on the 18th of June.

The "SUNDOWNER"

The first of the point-to-point, long distance road races will take place on 9 July, starting at Coonabarabran in the northwest. This race will run for a distance of about 110 km. on the way to Gunnedah. Three riders participated last year, and many more are expected this year. This is a very pleasant event, riding through some very interesting country. There is a good pub at about the half-way mark for those riders who find that the pace which will be set by the scratch bunch, may be a bit much.

This is a handicap start, and hopefully our Club riders will get a favourable placing and work together during the event. This could lead to some very good placings, considering the general condition of the riders at present.

Gunnedah to Tamworth

A brisk paced race on the Sunday morning from Gunnedah to Tamworth will finish out the weekend. This is a separate event, but has the effect of creating a two-day stage race. This event will give riders an opportunity to power along on big gears, as most of the race is downhill (!) into Tamworth. The length of 75 kms. assures a fairly rapid pace for the day.

Last year there was a meal laid on at the Royal Hotel in Tamworth, before riders returned to the city.

CUNNING STUNT OF THE MONTH: Bruce Vote has vowed to cut down to five cigarettes per day, as part of his training regimen for the forthcoming PREMIERSHIPS... (18 June)

SATURDAY RACING STILL ON AT HEFFRON PARK: The action starts at about 2:00 P.M. every Saturday afternoon. Several members have been showing the Club colours. Give it a try, you don't have to be licenced to have a go - OR - come out to cheer the boys and girls along.

QUACK,s

A great time was had by all members and guests who attended the dinner held at the Royal Hotel in Randwick. This social event took the place of the regular monthly meeting, with an excellent meal prepared by the cycling chef working at QUACK'S BISTRO in the hotel. The consensus was that more of the same is in order.

MIXED TIME TRIALS

The ladies and the gents will have had separate opportunities to demonstrate their TIME TRIALLING expertise by SUNDAY, 26 June. At that time it is proposed to hold a mixed time trial on the Bunnerong Circuit.

It is proposed to have couples participate, starting at 8:00 A.M. from Military Road, La Perouse near the old Bunnerong Power Station. Each person will do a lap of the circuit, with the aggregate time counting as the result. Each lap of the circuit will be about eight km. Entries on the line. See you there.

BREAKFAST

Following the MIXED TIME TRIALS, the group will roll on around Botany Bay to meet at Perc and Desma Carters to join in a CHAMPAGNE BREAKFAST.

Our Club Captain, Dave Stakes is leaving for a vacation in England and we are giving him a royal (champagne) sendoff at the Carter residence. Members can meet at the house, starting from 10:00 A.M. Preference will be given to participants in the MIXED TIME TRIALS.

