

# THE SYDNEY CYCLIST

NEWSLETTER OF THE SYDNEY CYCLISTS' CLUB AND THE SYDNEY CYCLING CLUB

OCTOBER '87



EARLY ISSUE ... BUMPER ISSUE ... EARLY ISSUE

N.B.

Please note the dates for { ; Club Photo October 24  
; Penrith - Richmond - Kurmond - Pennant Hills  
one day ride October 25  
; Club A.G.M. November 3

## A.I.D.S STRIKES MEMBERS

### ANNUAL GENERAL MEETING

The Annual meeting to have a good whinge and elect new office bearers will be held as usual on the first Tuesday in November (just like another famous occasion I could mention).

The Holdsworth St Community Centre has been booked for 7.30 - that's at the corner of Holdsworth & Morrell Streets, Woollahra. The date is November 3rd. If you care for your club, you should be there.



## CLUB PHOTO

To suggest that the attendance at the recently arranged Club Photo session was a disappointment, is 1987's supreme understatement. Contrary to some opinion it was not a pre-requisite that Club jerseys, old or new, be worn, moreover your support was deemed the main ingredient. Alas, your Committee is still enthusiastic about capturing the spirit that is Sydney Cycling Club in 1987, so another session is being arranged for :-

24th OCTOBER

7.30<sup>AM</sup>

If you have any kind of Club jersey, please give credence to the Event by wearing it, if not please do not be deterred from coming.

To those that attended on the 12th of September, thank you for your support.

# THE SYDNEY RIDING CALENDAR

In answer to many requests, outlined below are the times & days of the week when you will find our Club's enthusiastic Members, either riding in, or setting off from, Centennial Park. Departure times are exact !

**SUNDAY** 6.30am Usually a return ride to Waterfall, Sutherland, or Cronulla, with a brisk pace on the way back. As weather warms, Akuna bay, Palm beach, will be included in destinations.

**TUESDAY** 6.00am-8.00am Always a bunch rolling around the Park

**THURSDAY** 6.00am-8.00am As above

**SATURDAY** 6.30am The Michael/Bruno Show sets off for Watson's Bay.  
7.00am A lovely roll out to LaPerouse & return.

Take your choice !

Note: Where a Time-Trial takes place on a Saturday, coffee & results are digested at Roberto's, & then a ride to La Perouse follows.

Don't forget to consult your Calendars for Sunday Touring Events.

## TIME TRIAL RESULTS - 26 SEPTEMBER 1987

<u>Name</u>	<u>Split 1</u>	<u>Split 2</u>	<u>Total</u>
Brian Mcquarrie	6.12	5.22	11.34
Alan Lumb	5.52	6.10	12.02
Phil Emery	5.56	6.14	12.10
Walter Rolli	6.08	6.08	12.16
Bill Clements	5.59	6.21	12.20
Jeff Page	6.03	6.19	12.22
Anton James	6.09	6.18	12.27
Tony Cook *	6.04	6.29	12.33
Frank Milner	6.07	6.28	12.35
Peter Smith	6.07	6.33	12.40
Rosemarie Peerenboom	6.18	6.38	12.56
Cameron Townshend	6.23	6.34	12.57
Helen Marcus	6.27	6.40	13.07
Matt Marlow	6.41	7.13	13.54

\* on fat slicks

\* \* \* \* TOUR NEWS \* \* \* \*

In the events calendar which was part of the newsletter of 16/8/87, a Southern Highland ride was scheduled for 25 October. ←

Unfortunately State Rail can't provide a train which gets to Mittagong before 9.30, which is a bit late to start riding, so there will be a short tour in areas north of Penrith instead.

We hope to include a Southern Highlands tour in next year's schedule, but it will be a weekend instead of a one day ride.

DETAILS

- Train: Sydney/Penrith/Lithgow train departs Country trains at 7.10 am, arriving Penrith at 8.00am.
- Meet: 6.30 am in the Main Booking Hall, Country Trains (gives you plenty of time to buy a bike ticket)
- Route: North from Penrith to Richmond via Castlereagh - 24k, nice & flat  
Richmond to Kurmond turnoff via Bells Line of Road, 10k, gradual climb  
Kurmond to Putty Road via Comleroy & Blaxland Ridge Roads, 17k along high ridge  
Putty Road intersection to Sackville via Putty Road & Bull Ridge Road, 10k 1 good downhill (&UP)  
Sackville to Windsor via Ebenezer & Wilberforce 16k fairly flat  
Windsor to Dural via Pitt Town along Cattai Ridge Road, 30k including one steep pinch  
Then to Pennant Hills station or (if feeling fit) to Hornsby via Galston Gorge for a train home.
- Total: distance approximately 120k, but a fair bit is flat.
- Return: There are plenty of trains on the suburban network. A sagwagon will be provided to take any gear, sagging riders etc.

\*\*\*\*\*

▷ SOFALA RIDE - Advance notice (Full details next newsletter)

Will it be hot or cold this year? Anything is possible on the Sofala weekend ride. This year it will be held on the weekend of 28 & 29 November. The usual routine is to leave Lithgow on Saturday morning, ride to Bathurst via roads south of the Highway, then to Sofala for Saturday night. Next day ride south to Lithgow to pick up cars. A sagwagon will be provided. We need some idea of numbers to book accommodation in Sofala. Phone Bob 569-1736

# TIME TRIAL RESULTS - 12.9.87

Name	Time	Average Speed
Hugh Milner	15.47	37.97 km/hr
Michael Griffith	16.05	37.31 km/hr
Paul Montesin	16.19	36.76 km/hr
Brian McQuarrie	16.23	36.63 km/hr
Jeff Page	16.42	35.93 km/hr
Bruce Vote	16.53	35.55 km/hr
Bill Clements	17.07	35.05 km/hr
Helen Marcus	17.40	33.98 km/hr
Spencer White	17.50	33.65 km/hr
Frank Milner	17.58	33.39 km/hr
Alan Lumb	18.01	33.30 km/hr
Matt Marlow	19.12	31.25 km/hr

No, these are not the placings after several rounds of cappuccino at Roberto's, but the first results of the modified Time Trial Championships which began on Saturday the 12th of September. A successful new course of 10km was employed for the first time, starting at the Woolhara gate, snaking it's way downhill past the Paddington gate, & then onto Grand drive, for 2 laps, & then finishing back at the Woolhara gate. All agree it's less testing than last years' 4 lap event, & it will continue to be used every second fortnight. The standard 2 lap event will of course be retained, & indeed be in use on the 26th September.

To be eligible the Finals, don't forget that as was the case last year, you must have completed at least 2 x 6km, & 2 x 10km events. Where you complete more than the minimum required, your 2 best times in each will be considered in determining your ranking. At the time of going to print, the method of selecting our ultimate Champion/s is still under consideration, suffice to say that he/she/they will be successful on the basis of their own improvement, rather than their ability to set records.

Good luck to everyone !

ET AL .....

FOOD FOR THOUGHT

Are you an active member?  
The kind that would be missed.  
Or are you just content  
That your name is on the list?

Do you attend meetings  
And mingle with the crowd?  
Or would you rather stay away  
And complain both long and loud?

Do you give a little time  
And help to make things tick?  
Or leave the work to just a few  
And talk about the clique?

There's quite a program scheduled  
Which means success, if done,  
And it can be accomplished  
With the help of everyone.

So come to all the meetings  
And help with hand and heart.  
Don't be just another member  
But take an active part.

So think it over chaps  
Are you right or wrong?  
Are you an active member.  
Or do you just belong?

COURTESY OF JACK BROWNE

**Ticket to ride**

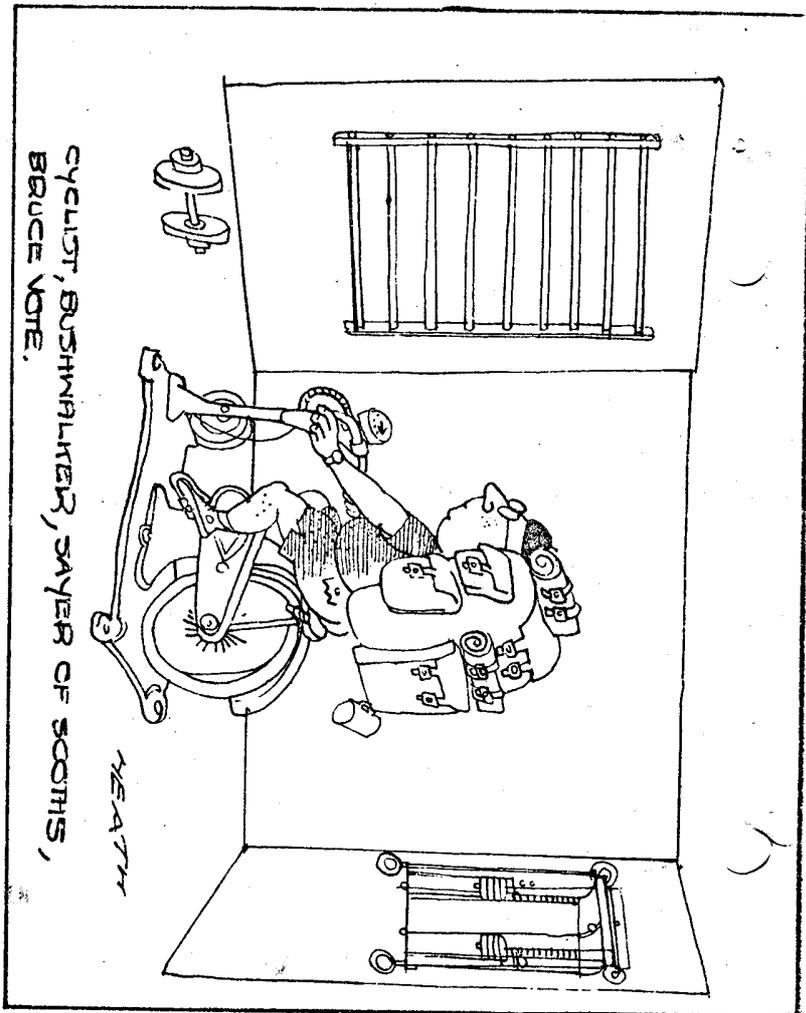
ONE evening recently, one of CBD's informants saw the bizarre spectacle of aspiring stockbroker, Andrew Main of Ord Minnett, in regulation broking uniform of suit and tie, his long limbs pumping a bicycle through the darkened streets of Kirribilli at 11pm.

In fear that this humble mode of transport - Main usually drives a BMW - could be the signal that the end of the bull market was nigh, we anxiously confirmed the sighting.

The dapper Scotsman claims it is commuting speed, rather than straitened circumstances, which prompted the change of transport.

He is miffed, however, that his betters among tenants in the building have banned his bike from its 9-to-5 hidey hole under No 1 York Street. The supervisors have been told a bicycle is not a sufficiently grand vehicle for the surrounding exotic motor cars. The banished bike now spends its days chained to a nearby tree.

COURTESY OF BRUNO SIBILIA



MORET-SUR-LOING (Seine-et-Marne)  
Illuminations du panorama sur le  
Leign au cours du festival "Jeux, son et  
lumiere" presente avec le concours des  
habitants.

Dear Friends  
Fantastic time  
For a week already.  
I've been cycling  
every day - HOT weather  
I've been preparing  
the torture - next week  
All my friends very  
please to see me  
again - See you soon  
S. Ibert

Editions "GUY" 38, rue Ste Croix-de-la-Bretonnerie, Paris 4  
Imprimé en C.E.E. - Reproduction interdite

PROPRIETE  
REUNITE

Hixth's Jack Browne  
42 READ ST  
WAVERTLEY  
NSW - 2026  
AUSTRALIA

0705  
3005

Blaise RAPPART FROM PARIS - BREST - PARIS.

National News

round Tianjin

Bike boom means more accidents

Noise pollution

Tianjin newspapers have been carrying a lot of complaints about noise. People who live near factories or construction sites say they cannot sleep because of night work.

City authorities have ordered factories to control their noise by installing sound insulation, but some plants have claimed they cannot afford to and have agreed instead to 500 yuan a month in fines.

Spoilt meat

More than 40 people were poisoned by spoilt beef and pork in soya sauce sold by a pedlar in Tianjin's western suburbs, the Tianjin Evening News said.

The meat was found to be infected by bacteria. The pedlar's licence was revoked, and he was ordered to pay a 1,500 yuan fine.

Second-hand shops

Tianjin needs second-hand markets to sell its increasing amount of old clothes, Tianjin Daily said.

People like fashion nowadays, the article said. They are always buying new clothes, while more and more old clothes are packed away. There is nowhere to sell them, and it is a waste of money.

One second-hand shops now sell only new garments, while others only carry work clothes, it noted.

Home for elderly

The first home for the elderly in Tianjin has been set up in the Hedong District, the Tianjin Evening News said.

It is run by a neighbourhood committee. Elderly people in working couples' families who cannot take care of themselves can use the facility, by the day, the week or the month, depending on their circumstances.

The home include a small dining hall, showers and a recreation room. The elderly can also have their clothes washed free and treatment.

Bikes versus cars — the battle for limited road space is intensifying in China, the well-known "kingdom of bicycles."

With the great influx of cars in recent years, the ever-increasing popularity of bicycles has brought many disturbing problems, said Huang Jicheng, director of the Management Committee for Beijing Municipal Works.

Because of a lack of regulations, cyclists have seriously interrupted the flow of traffic, especially at crossroads, where they jostle with each other, turning in different directions, Huang discusses the problem in a report to be delivered next week to the Beijing International Conference on Urban Traffic Engineering and Planning.

In Beijing there are now as many as 48 crossroads which have a flow of more than 10,000 bikes a day. In Tianjin 22 out of 33 bottleneck intersections are actually congested by bikes rather than cars.

The highly mixed traffic is also a major cause of the rising number of traffic casualties, Huang said. In Beijing, the road death toll is double that of Tokyo, though the Japanese city has 15 times more cars.

Between 1981 and 1985 more than 2,700 people were killed in road accidents in Beijing. Of these, 35 per cent were found to be victims of accidents involving bicycles.

In recent years, Huang said, the total number of bicycle owners in Beijing has been increasing at an annual rate of 500,000. By the end of the first half of this year, there were a total 6.4 million of them. The whole country now has more than

92 million bikes, compared with about 70 million at the end of 1985.

Huang said bicycles were still indispensable as an interim means of transport in China, a developing country with insufficient public transport.

In Beijing there are only 4,000 public buses and trolley buses. During rush hours, 90 per cent of them are crammed full. In the city proper, 20 of the bus routes are overloaded, with up to 13 people per square metre of the bus floor, compared with a designed capacity of at most nine people per square metre.

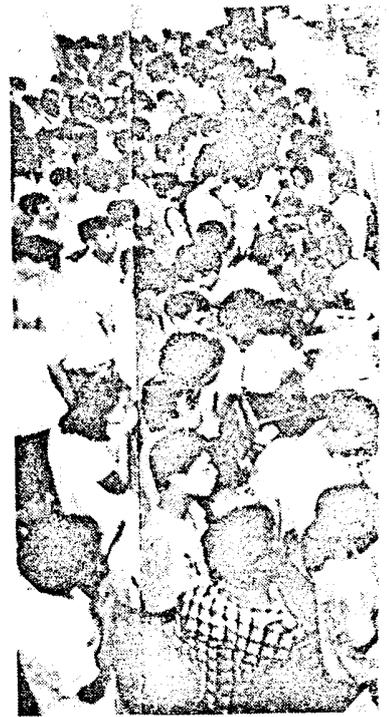
Sharing the roads with more and more other vehicles the buses can rarely move at more than 20 kilometres per hour in rush hours. It takes most people 44 to 66 minutes to get to or from work in the city.

As a result, many still prefer bicycles to buses for daily travel within cities. According to a recent survey, the ratio of travellers by bike to those by bus is 43 to 57. In Tianjin the preference is for bicycles, with a ratio of 81 to 19.

Research

According to Zhang Guowen, an urban traffic adviser for the Beijing municipal government, the city has listed management of bicycles as one of its top research subjects for the Seventh Five-Year Plan (1986-90).

The purpose of the research is to find new ways to regulate the bicycle traffic as it flows with other methods of transport. But the best possible solution lies in the further development of public transport vehicles so that they can attract more passengers and be a more efficient means than bikes of daily travel, he said.



A five-day labour market in Guangzhou, Guangdong Province, attracts many young people.

Xingcheng 'should be tourist city'

Two senior Party leaders have urged local departments to make Xingcheng in Northeast China's Liaoning Province a tourist centre like Beidaihe within five years.

Beidaihe, near Qinhuangdao in Hebei Province, is a popular place for tourism and convalescence in North China.

Yang Shangjun, member of the Political Bureau of the Chinese Communist Party Central Committee, and Wang Zhen, Vice-Chairman of the CPC Central Advisory Commission, made the call on Wednesday during an inspection tour of Xingcheng.

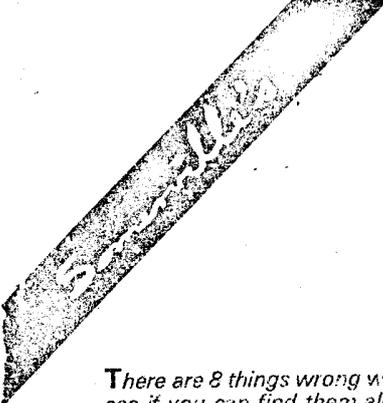
The idea of making the city "a second Beidaihe" was first conceived by Premier Zhao Ziyang during a tour of it in July 1984.

Facing the Bohai Sea, with hills nearby, Xingcheng has a beautiful landscape and pleasant weather, and its beaches are good for swimming. The city was built in 1428, during the Ming Dynasty (1368-1644), with repairs made in the following years.

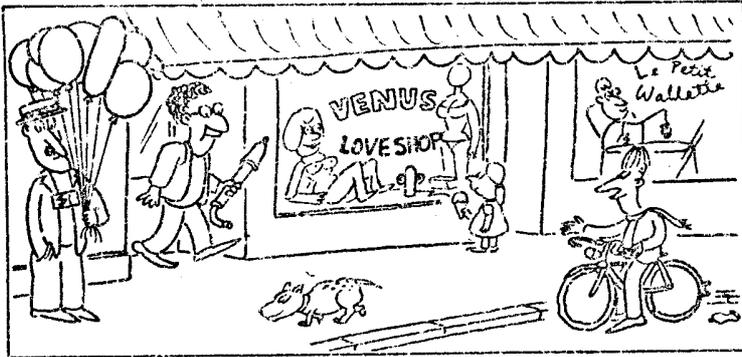
The first beach opened to the public receives more than 40,000 tourists a day, and up to 100,000 during peak periods. (Xinhua)

High Walker  
12 Galfrey Rd Antwerp

4195968



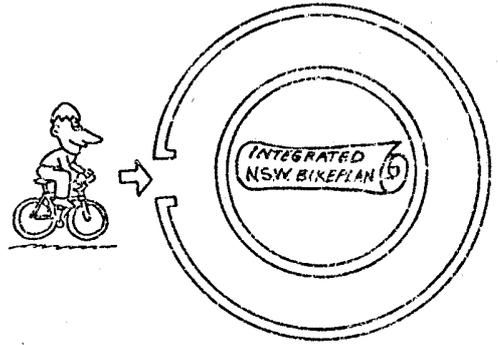
There are 8 things wrong with this picture. Study the scene carefully and see if you can find them all.



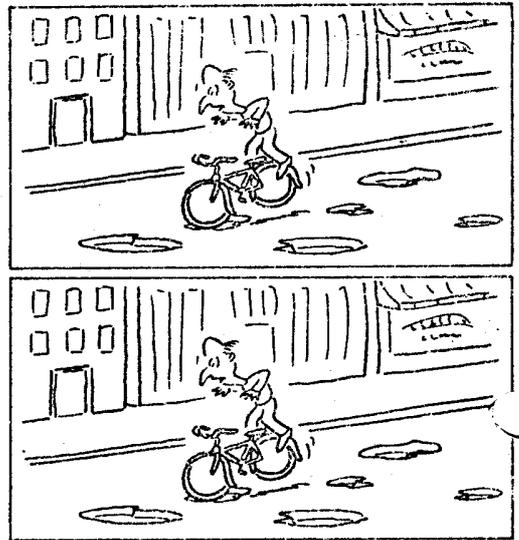
**SOLUTION**

1. The third balloon from the right being held by the street vendor is a salami.
2. The owner of the Venus Love Shop has borrowed a pump that fits a car valve but his current stock of love dolls have presta valves.
3. The man in the restaurant has just ordered in his best French. He will be served a lightly steamed lug wrench.
4. The cyclist is wearing a 100% woolen scarf, however the washing instructions on the label are for Acrylic.
5. Owing to a clerical error at the city engineer's office the footpath is made of pastry instead of asphalt.
6. Three of the ball bearings inside the bicycle's front hub are rusty.
7. The dog in left foreground is a cartoon dog yet is *not* biting the cyclist, chasing a postman or urinating on a tree.
8. The cute little girl eating an ice-cream is misplaced and in fact belongs in a single-panel gag cartoon in next month's *Reader's Digest*.

Sidney the cyclist is entering a mysterious maze in search of a long-rumoured treasure. Can you trace the usual route?

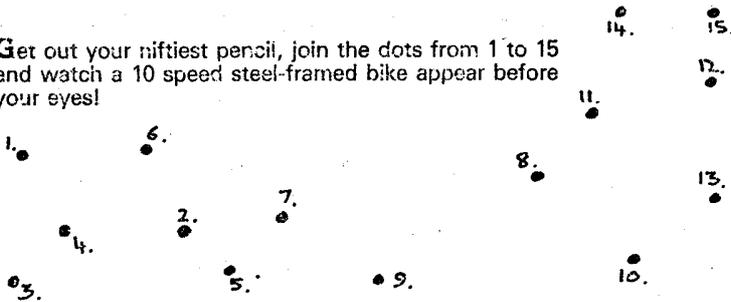


Here are two identical pictures of the same Australian road. Or are they? Sharpen your eyes and spot the difference!



**ANSWER**  
The top picture is November, 1954. The bottom picture is March, 1987.

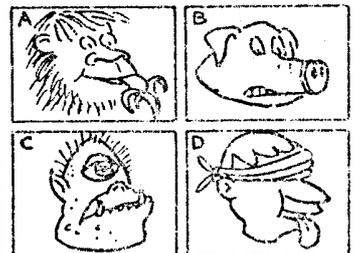
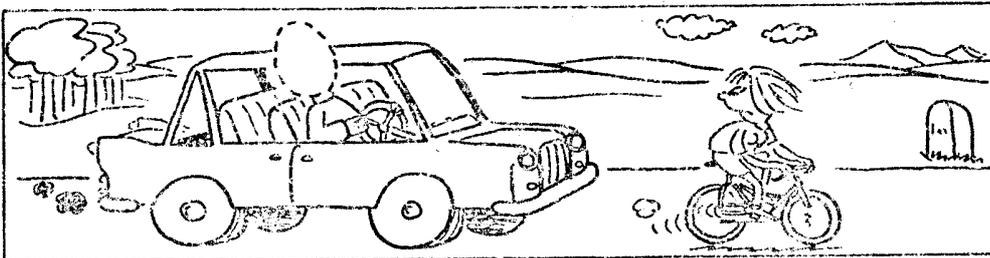
Get out your niftiest pencil, join the dots from 1 to 15 and watch a 10 speed steel-framed bike appear before your eyes!



**ANSWER**

No, you haven't joined the dots in the wrong order. This is what the bicycle looked like when unloaded from a baggage car after being freighted interstate by rail.

Which head is the motorist's head? Choose the one that you think fits. Is it A, B, C or D?



**ANSWER: Yes!**