

MARCH 1989

the SYDNEY CYCLIST

NEWSLETTER OF THE
SYDNEY CYCLING CLUB

AUCTION

AUCTION

Yes, folks, THIS IS IT!!! The Club's first Auction in approx. 4 years will be held at Chez Briggs on Tuesday 7 March 1989. Get rid of all your unwanted gear* - your reject may be someone else's treasure.

AUCTION

Bob Greig will be auctioneer. The Club's fee is 10% of knock-down price. All goods to be sold should be left at Juel's place by Sunday 5 March - phone her on 550-0952 to arrange a time to drop off gear.

AUCTION

AUCTION

TIME: 7 pm for 7.30 start of auction

PLACE: 4 Ferris Street, Annandale

AUCTION

The club will provide some grog & nibbles.

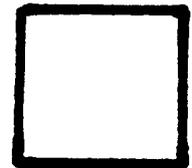
NOTE: There will not be a BBQ first.

* Old knicks must be washed before auction!!

STILL NOT

ARE YOU ~~FINANCIAL~~ ?

If you see RED in the square to the right, you are presently recorded as being unfinancial. As you should be aware, the annual fees were due at the AGM in November. If you wish to continue to participate in club activities and receive the Newsletter, please send the appropriate fees to Juel Briggs at 4 Ferris Street, Annandale, or to P O Box 547, Paddington 2021.



Annual Fee: \$22

Cycling Federation - Non competitive:	\$15
Vets, Seniors:	\$46
Juniors:	\$40
Women:	as above

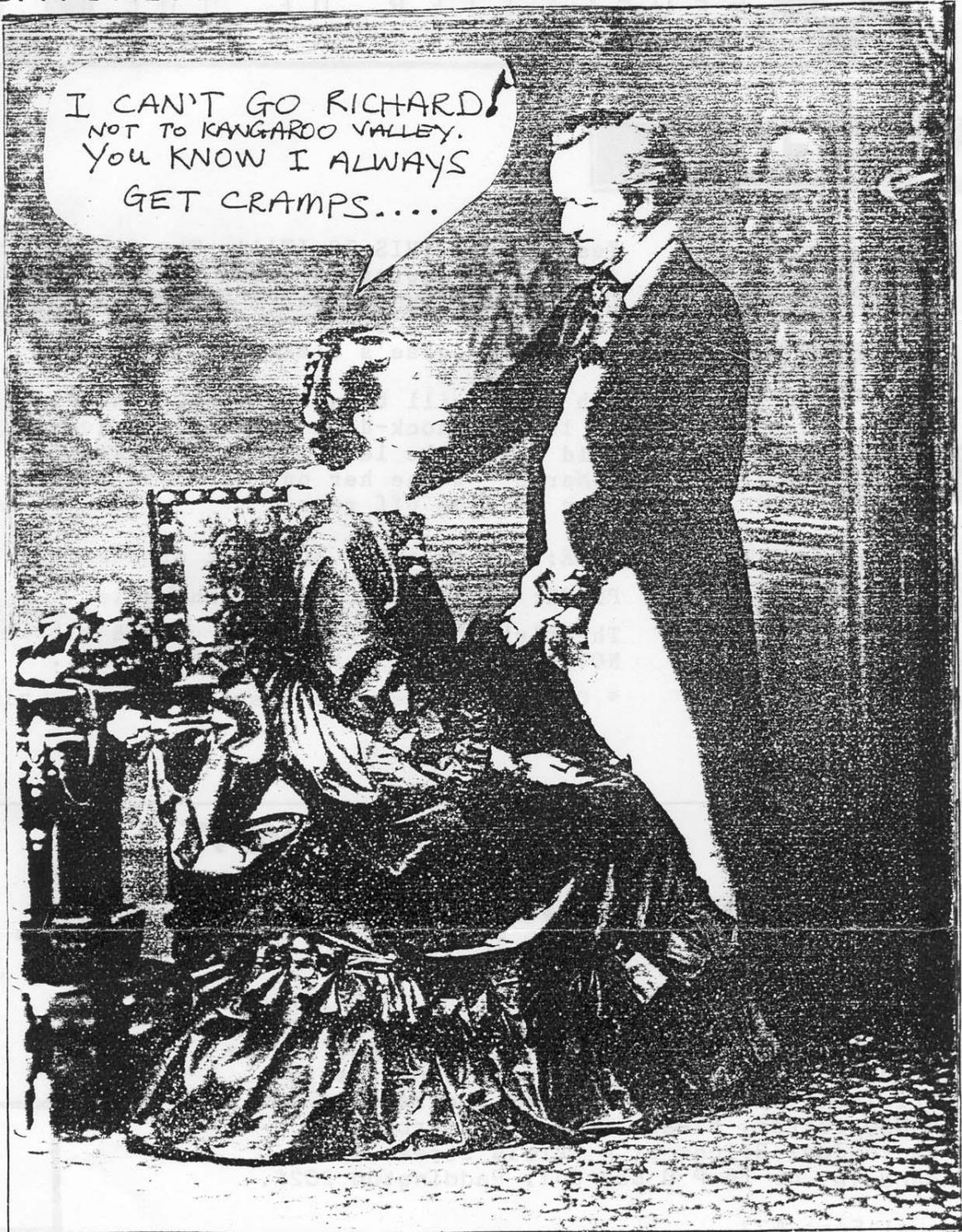
LAST CHANCE!

P.S. If you haven't sent in your new membership form, please do so as soon as possible - we must have up-to-date details on members for Incorporation.

OPERA

IN THE VALLEY

SATURDAY 18 & SUNDAY 19 MARCH



Scene from " GÖTTERDÄMMPUNCTERUNG " - the first silent film version of " DAS KANGÄRÜU WÄLLEY ".

see ORCHESTRA DE WHEELS TOURS - page 2

2nd ORCHESTRA DE WHEELS

Rehearsal for 1989. SAT 18 AND SUN 19 MARCH,

Commencement: 6.15 at Centennial Park Kiosk for 6.30 start.

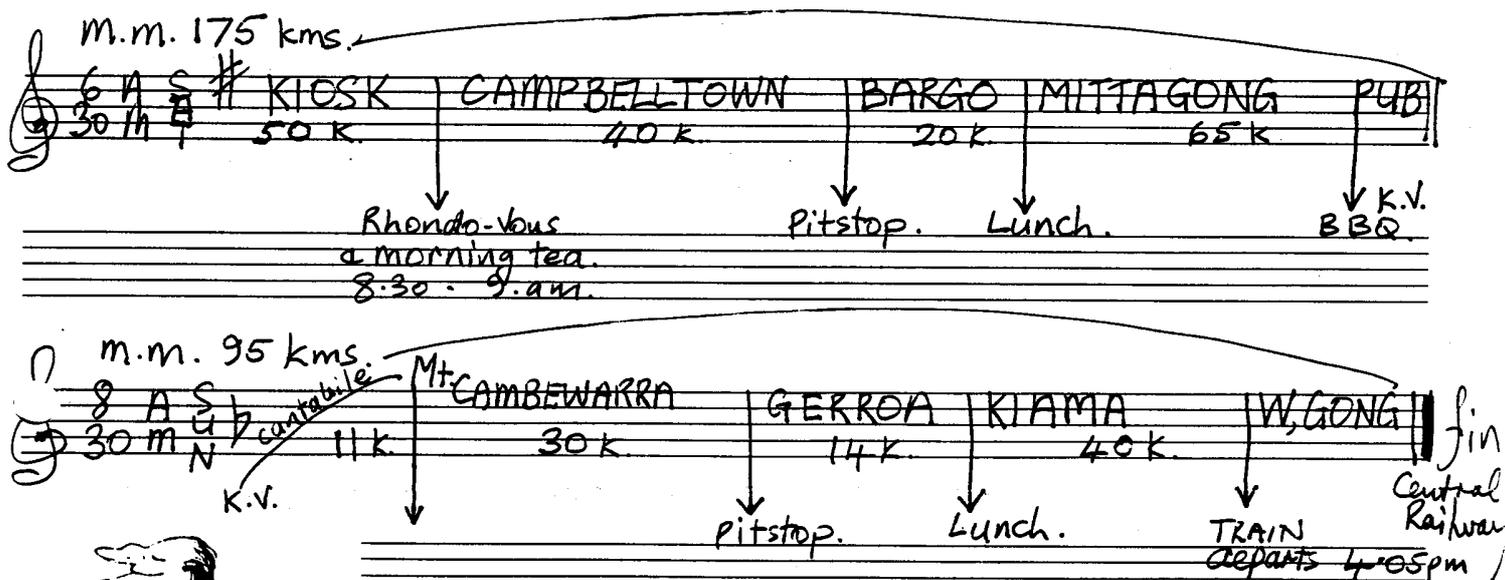
Double basses who want to start playing at Campbelltown can ride from the Park to Central, have a cup of railway coffee, then catch the 7.21 movement from Platform 18 or 19 (probably), arriving Campbelltown at 8.31 for donuts & more coffee mitt Die Walkyries.

opus: The S.C.C. Orchestra will rehearse the two-part Ring Cycle of the Heavy-Metal Opera

" DAS KANGÄRÜU WÄLLEY " by (the) Richard Wagknee.

N.B. This is Grand Opera and will tax all virtuoso skills including eating. Musos should be sure they are kitted out with spare strings etc, scores, canteen money, fresh tuxedos for Sunday, return train fairies, sun cream to prevent the swelling of instruments, "Just in Case" rainwear, bow-ties & evening wear for BBQ and local vocals. "The River" is cool for hot players after rehearsal but a sleeping-bag is recommended for nocturnes or night practice. Also one toothbrush for clusters of true or false teeth..

ROUTTEE-TUTTI:



For ALL details concerning this 2 DAY TOUR i.e. basic costs to cover one nights accommodation at Hampden Bridge Caravan Park (K.V.), petrol for sag-wagons (transportation for personal luggage & short score performers), and food supplied by S.C.C. for Sat evening BBQ & Sun breakfast....
PLEASE PHONE: the Maestro de Tours: Spencer White on 76-0525.
if NO DEPOSIT PAID (\$5.) then NO ACCOMMODATION!



FANTASTICO!!! MILLE GRAZI

.....There is talk of a sequel to this film next year to be called "GOTTERNOTHERDAMMPUNCTERRUNG II".

GENERAL MEETING: 7 February 1989

There was a good attendance at our first meeting for 1989, at Bronte Surf Club. Early discussion centred around Cumberland College's Sports Clinic's programs. The first, a series of Athlete Seminars, is to be held on the second Friday of each month, starting on 10 February. Subjects addressed include sports psychology. Cost is \$20 per seminar unless booked beforehand, when it's \$15, and this includes supper. Phone 646-4644 with any enquiries. The second program discussed was their fitness testing, which includes individual muscular-skeletal appraisal and a personal injury prevention program. The cost is \$135 per person, if 3 or more members go. A number of members expressed interest, and will be tested later in February. We hope to have a report in the next newsletter.

The most immediate decision reached on the night was to start the Sunday Waterfall ride at the Randwick Technical College gates at 6.35, instead of at the kiosk. This will commence on 5 March 1989. See notice elsewhere in this issue. The meeting also decided that members would like a one-off longer time trial some time this year and referred it to the Committee for organisation. Also, due to the early Easter this year, serious training for the State T/T championship will commence after Easter.

The 7.30 Sunday ride for new and not-so-fit riders will, from March, be led by a senior rider each week, to help develop skills in bunch riding. Volunteers as leader included Juel, Ruth, Spencer, Peter Smith, Clay, Steve White, Bruce Lamb, Bob Greig, Alan Lumb and Greg Clarkson. Other interested members please let one of the Committee know. It was also noted that Neville Wran & Leo Schofield, both cycling sympathisers, are now members of the Centennial Park Trust.

EXECUTIVE MEETING: 15 February 1989

Arrangements for the auction were finalised, as were details for the Kangaroo Valley tour. A longer time trial will be held in June or July, depending on the racing calendar (when it becomes available). It will be held on the Hilltop course, on the loop road between Picton & Mittagong; the course will be 50 km for men and 25 km for women. We hope that members will bring families and a picnic lunch or BBQ for afterwards. Further details in a later newsletter.

The following people have been granted full membership:

Victoria Clarke, 3/46 Kareela Road, Cremorne Point. Phone: 909-8120	Michael Cleary 8/1 Aston Gardens, Bellevue Hill. Phone: 326-1556	Murray Sallaway, 157 Gordon Street, Port Macquarie. Phone: (065)83-2866
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The following people have been granted probationary membership:

Steven Berveling, 3/22 Hastings Parade, North Bondi. Phone: 30-6522	Brett Heil, 10/221 Darley Road, Randwick.	Kevin Pascoe, 27/267 Castlereagh St., Sydney.
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Finally, the Committee decided that it was time we organised another dinner - it will be held on Wednesday 19 April, venue to be decided. Details in next newsletter.

TIME TRIALS - AUTUMN SEASON OF THE RACE OF TRUTH HANDICAP EXTRAVAGANZA

What a great turn up for the first of the new season's time trials!! Just goes to show what a lay-off over the summer does for enthusiasm - what have all the members been putting their energies into without time trials, I wonder?

Anyway, results for the first short course, held 11/2/89:

Vybranec*	10.19.74	Mark Bonwick	11.10.13
Walter Rolli	11.24.55	Brian McQuarrie	11.29.03
Steve White	11.29.97	Paul Montesin	11.33.33
Frank Murray	11.37.55	Clay Kesting	11.39.74
Eil*	11.42.06	Tony Bookes	11.50.66
Steven Berveling	11.52.64	Ruth Darling	11.55.11
Jeff Page	11.57.70	Chris White	12.01.82
Michael Cleary	12.03.61	Alan Lumb	12.12.56
Steve Turner	12.24.48	Montgomery*	12.24.49
David Bullock	12.27.51	Kevin Pascoe	12.32.14
Spencer White	13.16.48	Louise McNulty	13.41.49
Matt Marlow	13.50.72	Mark Turner	14.05.00

* Ring-ins - not members

The first long course was held on 25 February. Not nearly as many starters this time - what's the matter, are you all wimps or something? What's happened to the Milners, by the way?

Brian Standlick*	15.16.49	Brian McQuarrie	15.40.35
Clay Kesting	16.13.75	Ian Hood	16.14.40
Steve White	16.16.97	Bruce Lamb	16.17.76
Tony Bookes	16.30.67	Steven Berveling	16.34.72
Alan Lumb	16.42.49	Anton James	17.24.04
David Bullock	17.42.49	Bob Greig	17.54.54
Matt Marlow	19.00.29		

* non-member, also rode inside of track

Apologies to Mark Bonwick, who couldn't start because he was late; sorry, mate, but if we don't have some sort of rules we'd still be there at 9 am. So remember, everyone, be there at 6.50 to register, for a 7 am start.

 KANGAROO VALLEY

- if you want to go on this tour,
call Spencer White NOW on 76-0525. 

1st Rehearsal
de Wheels. Sunday 19 February
Terrigal.

Dear Orchestra,

Mille grazie! Great performance
& cooperation. Even the fussy
first violins respected the music.
The new members of the O. de Wheels.

We were blessed
with perfect
weather & only
one flat note.
The explosion
into mood
improvisation
along the
unopened
Horsky by-pass
proved to be a source
of future cadenzas - (wow)
Affettuoso



So until March
The Maestro says
well done &
ciao!

despite our confrontation
with the united workers
of the world who sent us back
to the written score.

□ AT THE roadside in Alexandria the other day, a cyclist was spotted taking a call on his mobile phone, carried in his rucksack. Column 8 tracked him down. He's Mike Healy, an industrial real estate consultant with Kelly & Sons, who lost his driving licence for six months recently for drink-driving. "The magistrate at Manly did me a good turn," he said yesterday. Once a week, he dons singlet and shorts, packs his phone into his rucksack, and rides his \$500 bike through Alexandria, Mascot and Botany spotting potential customers. He likes it so much and it's been such a commercial success he will probably not need an office car when he gets his licence back. And he plans to enter a triathlon.

CHANGE TO SUNDAY WATERFALL RIDE

From Sunday 5 March 1989

It was decided by all members present at the General Meeting on 7 February 1989 that the Sunday Waterfall ride would start at the Randwick Technical College Gates, Centennial Park, at 6.35 am every Sunday from 5 March 1989, rather than at the Kiosk. As the Boys in the Bunch now start the 6.30 ride in Lachlan Street, all the hangers-on from that ride who still turn up in the Park are tagging along on our ride. If new riders or hangers-on do join our club ride, they are to be told to ride at the back until club members OK their bunch riding technique.

Apparently General Kesting laid down the law a couple of weeks ago, and it worked well. Good on you, Clay!!

JANUARY 

January 28-29 World cyclo-cross championships (France)

MARCH 

March 5-11 Paris-Nice (France)

March 18 Milan-San Remo (Italy)

March 19 Grand Prix of Essex (GB)

March 25-26 Criterium Internationale (France)

APRIL 

April 2 Tour of Flanders (Belgium)

April 9 Paris-Roubaix (France)

April 9 Overtoom International Grand Prix (GB)

April 12 Fleche Wallonne

April 16 Liège-Bastogne-Liège (Belgium)

April 22 Amstel Gold Race (Holland)

April 25-May 15 Tour of Spain

April 28-May 1 Lancashire Enterprises Tour (GB)

April 28-May 1 Riviera Classic (GB)

MAY 

May 5-25 Paris-Moscow

May 14 Lincoln Grand Prix (GB)

May 20 British Marathon (GB)

May 21-June 11 Tour of Italy

May 28-June 10 Milk Race (GB)

JUNE 

June 14-23 Tour of Switzerland

June 23 Cycling Weekly Manx International (IoM)

June 25 British professional road race championship

JULY 

July 1-23 Tour de France

July 2 British amateur road race championship

July 9-16 World junior championships (USSR)

July 21-23 Cleveland Grand Prix meeting (GB)

July 29-August 5 British track championships

July 30 Summer International (GB)

AUGUST 

August 6 Grand Prix of the Americas (Canada)

August 14-20 World track championships (France)

August 20 Grand Prix of Wales

August 24-27 World road race championships

August 29-September 3 Kellogg's Professional Tour of Britain

SEPTEMBER 

September 3 British women's road race championship

September 24 Grand Prix Des Nations (France)

September 27-October 1 Nissan Classic (Ireland)

OCTOBER 

October 8 Paris-Tours (France)

October 14 Tour of Lombardy (Italy)

October 17-22 Sun Tour (Australia)

NOTE: RACING LICENCES

The federation still has not issued 1989 racing licences. All members wishing to race who have paid their licence fees to the club should be allowed to start in any race if they produce their receipt from the club.

If you've paid racing licence fees but haven't received a receipt, phone Juel Briggs on 550-0952.

NEW ADDRESSES

Bill Clements,
25 Napier Street,
Paddington NSW 2021
Phone: not known yet

Louise McNulty,
32 Gipps Street,
Drummoyne NSW 2047

Phone: 819-7974

Rosemarie Peerenboom,
Hotel Garni, Olympia 433
P O 6100 Seefeld in Tirol,
AUSTRIA.

Wednesday, February 15, 1989

Life after 40

SIR: There I was, tired legs clad in tight bicycle shorts, wearily pedalling my 41-year-old body up a slight incline.

The window of a sleek, red passing car lowered, a young female face appeared, turned towards me and yelled: "G'day spunky!"

Spunky! My mid-life crisis was over in a flash.

Graham Egan,
Turrill Point Road,
Lilli Pilli.

February 13

CYCLING
WEEKLY

ANOTHER SNOWY MOUNTAIN TALE....

THE JINDABYNE ADVENTURE

by Ruth Darling & Robyn Van Nooten

Those of us with annual or sick leave to spare headed down to Jindabyne on Wednesday 25 January. The party consisted of Brian, Ruth, newcomer Robyn, Clay, Juel, Victoria, Walter, Paul, Bruce Vote & our host, Alan Nolan. We were seeking four days of walking, cycling, mountain biking, swimming, canoeing, tennis & PARTYING. Luckily we had four perfect, glorious days of sunshine. The first morning, Australia Day, while Clay & Brian went out on their secret training run, the rest of us caught up on a few Zzzzzs from a tiring drive the previous night. Group consent decided on a walk through the National Park from Charlottes Pass, so we packed our lunches and headed for the High Country. The mountain flora was in full bloom and the peaks were blanketed in lush green grass with a sprinkling of beautiful white, purple & yellow alpine flowers. A return detour around the Blue Lake included bush bashing & snake hunting, eliciting many a scratchy groan from the wimps in the pack.

Day two, we went for a ride out to Eucumbene Dam. The masochists decided to ride out of Jindabyne; Juel, Victoria, Robyn & Brian took the "Alan support mobile". We met at the Eucumbene turnoff and had a pleasant 30 km ride over rolling hills, along a very good surfaced road. Unfortunately the teahouse at the dam was closed, so no tea & cake. Climbing out from the dam was awesome, however the return ride was excellent, and those of us who thrill to downhill speed rated the road into Jindabyne as 9 out of 10. After lunch we took two four-person canoes down to Lake Jindabyne where Running Clay & Walter Watha overflowed into one, and Robyn, Victoria & Ruth daintily squeezed into the other, with Alan paddling. A refreshing swim in the lake followed by cappuccinos & fruit flan finished off a perfect day.

On Saturday we took to the mountains again, this time by bike. We hired some mountain bikes, then headed for some gold diggings, which had a well-marked trail with good obstacles such as boulders, branches and potholes to really put our handling skills to the test. Everyone rapidly adjusted to the fat-tyred beasts; with Robyn's guidance we were all fairly accomplished "fat-tyre fliers" by the end of the ride. We continued across undulating ground whilst gradually gaining elevation, then stopped next to a stream for lunch. We took a different route back to the cars: this was down steep long slopes and while most of us were being careful a well-known maniac Swiss cyclist would come roaring past: no brakes, and not a fear in the world for rocks, branches and any unsuspecting reptiles in his path.

The next morning Paul set out to prove himself a real mountain roadie and climbed up to Charlottes Pass. However the real excitement involved a tennis match between two international stars Rolli & Darling versus the local Aussie pair Clarke and Van Nooten. no guesses as to which double won the match!! "Why worry, be happy". After a super lunch thanks to Juel & Victoria, we packed up and headed back to Sydney. Without question, all thoroughly enjoyed the action-packed weekend. On behalf of the group we would like to thank Alan Nolan for his superb hospitality, and the "Three-Way-Inn" in Jindabyne definitely gets a five-star rating.



On the Sutherland ride, one rainy Sunday:

BOB GREIG: *"Singing in the rain,
Just singing in the rain..."*

EVERYONE: *SHUDDUP!!!*

BOB: *Alright, then ...*

*"The sun is out, the sky is blue,
There's not a cloud to spoil the view,
But it's raining, .. raining in my heart."*

After, as it bucketed down:

BRIAN: *The only smart member of this club
is Janeen.*

Overheard at Coluzzi's:

YOUNG RIDER: *Dr. Bob, how far up
do you shave your legs?*

HAMPSHIRE: *Depends how much you love
your wife, son... (Pause)*

*I shave to the end of my dick,
myself (indicating a spot about
1" above the bottom of his knicks).*

BOB GREIG: *(lifting his track suit to show
a hairy ankle)*

Me too.

*The Editor apologises for this
appalling uncharacteristic lapse
of taste, but she thought it was funny.*

Hot Items

Absence makes the heart
grow fonder etc.....

Bill Clements has returned
early from his trip to Europe -
love of his life Joy had a
nasty tumble from her bike,
resulting in a fractured skull.

Bill hurried home on hearing
the news, beating by two weeks
a postcard he sent us from
Spain. End result is that
Joy is home from hospital
& on the mend, & that Bill
& Joy have announced their
engagement. Best wishes from
all of us.

2 The Sydney Morning Her

Way clear for Chaney House seat

PERTH: A deal has cleared the way to help the Liberals' Senator Fred Chaney move to the House of Representatives at the next federal election.

His opponent for preselection for the new safe Liberal seat of Pearce, Mr Bob Greig, announced yesterday his withdrawal from the race and his support for the Senate Opposition Leader.

Mr Greig, the defeated Liberal candidate for the State seat of Helena at the West Australian election on February 4, told Senator Chaney of his decision on Friday.

In a letter to the senator, issued yesterday, Mr Greig said he believed a contest would be damaging to the Liberal Party.

"The party endorsement for Pearce has in my view implications for general voter perceptions about the Liberal Party, not only in Pearce and in Perth, but throughout the State and the nation," he wrote.

"Where a competitor has clearly greater credentials than oneself but may be less favoured by local factors, one should defer to the qualified and save the selectors the agony and the possibility of a mistake."

On Birriga Road:

GARBAGE MAN: *Morning, how're going?*

PETER SMITH: *Ask me again at the top.*

BILL CLEMENTS brought a little present back from Europe - for himself: a sparking new Colnago with all the required Campag bits. Cost? 900 Pounds (that's money, for the post-metric generation).

STOP PRESS

ROLLI - to Walter & Ros,
a daughter, Corinne, born
22/2/89. Mother & daughter
are well, father is thrilled
to bits. Congratulations!!!

Does this mean Valter won't be
in Kangaroo Walley this year?

Dear Bob, Janeen + the rest of the Sydney Cycling Club. How are you folks? Keep-~~ing~~ fit I trust. Someone keep-~~ing~~ Brian + Allan honest I hope! Last Sunday we drove from Granada to Cordoba (Spain) and I was often reminded of the club + just how slack I have been ^{not} to write. Well, the number of cyclists out in packs on the road to Cordoba was incredible - many budding P.D's I guess! Anyway I thought of you all on the way to back from waterfall + hope it was fine with a tail wind home. The trip so far has been marvelous - perhaps just a bit too hectic, but I can't complain. At the moment I'm in Seville + soon will leave for Portugal before making my way to Madrid, then Paris, then home!! Oh, by the way, I've bought myself a little present in London but you will just have to wait till I'm back to know just what it is. Take care all. Bill.



7.2.89

PAR AVION / AERO COREOS
 ROBERT + JANEEN GREIG.
 4 HOLT STREET,
 STANMORE. NSW
 AUSTRALIA. 2048

POSTCARD
 FROM
 BILL -

sorry about
 the raindrops.

CALENDAR OF EVENTS

- MARCH
 - 3/4/5 Australian Veteran Championship - Canterbury (CF)
 - 7 General Meeting ***AUCTION*** - Juel's place
4 Ferris Street, Annandale
 - 11 Club Time Trial - Centennial Park, 7 am
 - 12 Pedal for Heart - Centennial Park 9 till 11 am
 - 11 to 18 Australian Track Championships - Canterbury (CF)
 - 18/19 WEEKEND TOUR TO KANGAROO VALLEY
 - 25 Club Time Trial - Centennial Park, 7 am
 - 24 to 27 EASTER: GEAR Ride Southern Highlands (BINSW)

- APRIL
 - 4 General Meeting - VIDEO NIGHT - Bronte Surf Club
 - 8 Club Time Trial - Centennial Park, 7 am
 - 16 DAY TOUR - CASTLEREAGH/HAWKESBURY REGION
 - 19 *** CLUB DINNER ***
 - 22 Club Time Trial - Centennial Park, 7 am
 - 23 Mulga Bill's Bike Ride
 - 25 Anzac Day Public Holiday - ride to be announced

- MAY
 - 2 General Meeting - Bronte Surf Club
 - 6 Club Time Trial - Centennial Park, 7 am
 - 20 Club Time Trial - Centennial Park, 7 am
 - 20/21 WEEKEND TOUR BASED IN MITTAGONG
 - 27 Tentative date for Time Trial Handicap Final