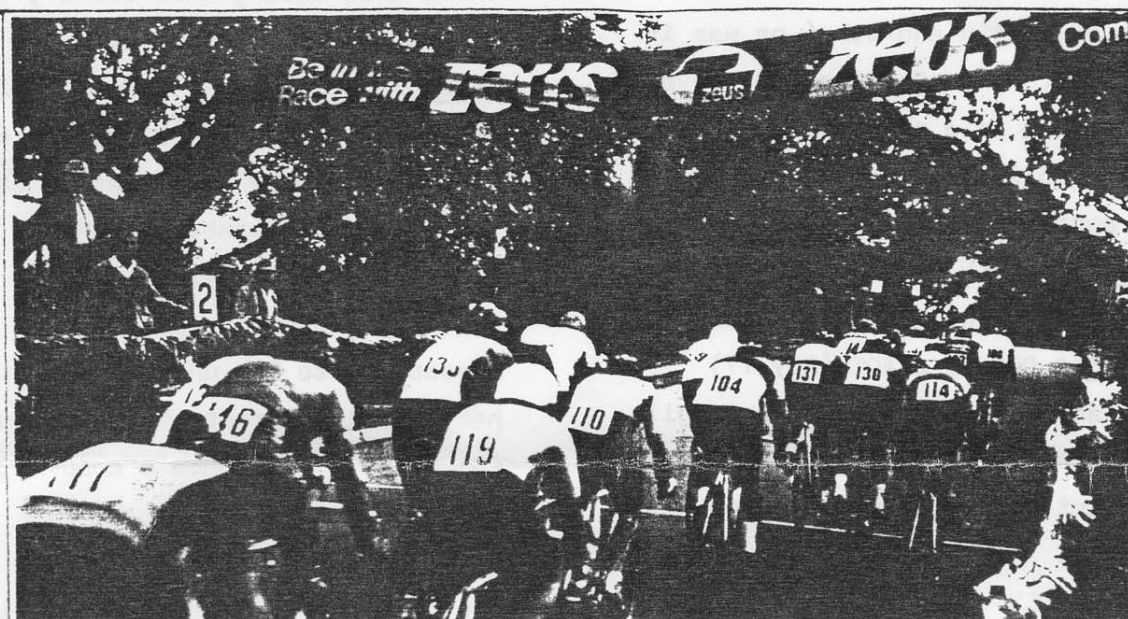


THE SYDNEY CYCLIST

NEWSLETTER OF THE SYDNEY CYCLISTS' CLUB AND THE SYDNEY CYCLING CLUB

JUNE-JULY '87

SYDNEY CITY CYCLE RACE



The pack lifts its tempo as Bruno signals 2 laps to go .



A cut-away section of a PALLIN airship ?

S.C.C. RACES AGAIN !!

The Womens' team from our club have single-handedly put S.C.C. into the winning circle . With placings in each of the events they have contested , the women show themselves as a force in the Sydney scene .

RANDWICK - BOTANY OPEN B GRADE (April 26)

The inaugural S.C.C. Womens' Team race . Helen Marcus raced off with first place , while Meryl and Rosemarie followed in 4th and 5th (or was it 5th and 6th) . Rosemarie discovered that racing is a physical contact sport , following an altercation with another cyclist .

SUTHERLAND OPEN (May 3)

Rosemarie scored a fourth placing.

ILLAWARRA OPEN B GRADE (May 17)

Helen achieved a 3rd placing , while Rosemarie discovered what happens to a cyclist who chooses the wrong gearing .

MATTARA OPEN (May 23)

Helen was again placed 3rd .

NOWRA OPEN (May 30)

Helen was promoted to A Grade and finished 3rd . Rosemarie placed FIRST in B Grade. Team members report a great weekend , thanks to Bruce Vote .

NOWRA C C 2 DAY TOUR (May 30-31)

Despite incorrect marshalling and a fall by Helen , both Rosemarie and Helen were equal first (without planning !) . Meryl Chase backed up the campaign with a 4th placing . All winnings were invested in a food stall at Gerringong .

SYDNEY METROS (June 20)

Helen finished in 6th position in what is surely an endurance event . With a drop-out rate of 70% (including R.P.) just to finish was a feat .

SYDNEY CRITERIUM (June 21)

Rosemarie took advantage of her early withdrawal in the Metros , and redirected her energies to gain 5th spot . Helen's fantastic efforts the previous day took their toll during this event , yet she pushed the pace along for quite a time .

CANBERRA 2 DAY TOUR (June 27-28)

Originally placed in B Grade , Rosemarie requested a move to A Grade , where she finished a creditable 7th place from a field of 15 . Canberra was cold , windy , and damp . Helen's presence was sorely missed due to the untimely demise of her bicycle en route to the venue (see FOR SALE in Al Fresco's columns) .

POST SCRIPT

The Ladies of our racing team wish to thank everyone for their encouragement and interest , with especial thanks to Paul Montesin , Bruce Vote , Tony Book , and Juel Briggs .

Rosemarie is 'dropping out' for a time to SKI , whilst Helen is training WITHOUT her beloved Colnago . Meryl has been whisked away by her beloved , and is ensconced somewhere in the North Shore .

VETERAN T-T TEAM

Well-known club members of the Veteran class will represent S.C.C. at the N.S.W. TIME-TRIALS , to be held in Nowra (July 25). The nominated team includes Michael Griffith, Bruce Vote , Hugh Milner , Spencer White , Paul Montesin . We expect BIG things from our Racing Vets !

Al Fresco's Short Black



Having fulfilled the obligations associated with his Sicilian Marriage, Al has dusted off the Olivetti, & promises to excite, cajole, & irritate without fear or favour.

Greig pulls it off !

If nuovo President looks a little tired lately, it's only because he worked feverishly to make the recent Criterium an outstanding success (see Report in this issue). In between addressing various Club issues, Bob applies his considerable legal talents in the Attorney-General's Office, & is known to work the odd week-end. Oh yes, he sometimes gets to ride the bike !

Jungle Telegraph

Recent telexes from Irian Jaya indicate that President Emeritus, "Magpie" Hammond, has exceeded his Employers expectations, by successfully cornering the market in blankets & beads. They are so impressed, plans are afoot to franchise "Magpies" Trading Post throughout the Island chain.

Brannigan P.I.

Prior to embarking on their U.S. west-coast mountain bike odyssey, Lance & Melanie spent some time in Hawaii, from where they wrote "just a quick note to say sorry we didn't have enough time to say goodbye to everyone at S.C.C. It's very tough laying in the sun all day, but shortly we leave for Canada to do some serious riding. Life's a shit, isn't it ?" I don't think we could have put it more eloquently Lance.

Early openers

Which two Members have been sighted devouring muffins, eggs, & coffee each Sunday at a popular family restaurant in Miranda ? Seems they let their Associates struggle on to Waterfall, & rejoin them at Sutherland, for the "chain-gang" home. Not such a silly idea really. Ring Walter or Steve & make your booking.

For Sale: Roof Racks, one owner, aero design, quick release, unbelievable condition. Contact the Editors.

Ladies excel !

Not content with impressive results at Heffron Park, Rosemarie & Helen recently competed in the Metropolitan Champs., at Centennial Park, as well as our own show-piece at the Royal Botanic Gardens. Top six placings in each event confirm their future promise. Well done girls ! & congratulations on behalf of all members. Postscript: Rosemarie encountered certain mechanical problems in the first race, & Al believes her soigneur may have his contract rescinded.

Mouth to mouth

The excitement of our recent Criterium wasn't confined to the excellent racing. Which Gate Attendant rushed to the aid of a particularly attractive competitor, who had collapsed of exhaustion ? Normal resuscitation methods were ignored, as our knight in shining armour caressed the beauty back to health.

Camicia bella !

Yes, the jerseys have arrived ! And folks let me assure you, they were worth waiting for. Other Clubs are absolutely rotten with envy. The results are outstanding, & platitudes should be extended to all concerned, particularly the bespectacled Advocate, Michael Griffith. (See this issue for collection details.)

Duty free

Impending departures for a taste of Continental cycling, include Gilbert Droz, whose "Gang of Five" will take on Paris-Brest-Paris, & Master Musician, Spencere Bianco, who will meet Lourdes in London, before setting off for France.

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FROM MICHAEL GRIFFITH

The new Club jersey collection has arrived finally , and ordered items are now ready to be picked up . Michael Griffith notes that the short-sleeved jersey is ready to wear , but that the long-sleeved version is not exactly to order . This model does not have a full length zipper , and there may be a problem with sleeve length on some jersey orders . Michael will discuss the alternatives with you when you phone him (6999681) to arrange collection of your order .

For those members who did not order a garment , a few spare jersies (?) are available at a 'first come...' rate . The total invoice received from the manufacturer was in the vicinity of \$4,900 .

VIDEOS of the Commonwealth Classic for the years 1983 , 1984 , 1985 , 1986 , are available from S.B.S. Television at \$15 each , \$40 for three , or \$45 four all four tapes . The contact person is Mr P Nelson on 9642828 .

Michael suggests that the Club buys a set of these videos for members use . This matter is on the agenda for the next Committee meeting .

Doldissen post script :

Social gadfly , Paul Zoomer , has vowed to spend his six weeks of leave under his house (?) . These early signs suggest that this Veteran is showing the early signs of becoming a Troglodite ! Will he ever surface?

SPECIAL THANKS ... AGAIN

For those who attended the S.C.C. Criterium the food stall would be no stranger . Janeen Greig , Carmel Griffith , Elaine Vote , Judy Sibilia , and Marjorie Lobban spent the entire event inside the food tent attending to the sale of food , drinks , raffle tickets etc . Without their enthusiastic support the day would have been far less of a success . Many thanks to the wives of members who helped us in this way .

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FROM ANDY DOLDISSEN

Andy reports that he has received quite a few questions on the article he submitted for our last issue . Further on this 'Self Assessment of Coronary Risk' article Andy provides this useful information....

H.D.L. refers to High Density Lipoprotein.
L.D.L. refers to Low Density Lipoprotein.
Cholesterol is made up of H.D.L. and L.D.L.

The relationship between the ratio of H.D.L. to L.D.L. is what was referred to in the article .

To find this ratio one must have a blood test and request that this ratio be measured .

An alternative is to ring Sydney Hospital and ask about their Community Screening Programme. This programme serves the hospital as a data source , and serves also as a funded community service .

Concerning references to Sunday morning Big Macs , Andy reckons that the Risk is too great !

ROVING RAVING

Wonderlight batteries were seen in a certain Clarence St. cyclery priced at \$7 . The same 'rover' saw the same battery in a Clovelly Rd. hire-bike shop for \$4.50 . He purchased two , saving \$5 .

Ex-editor , Don Sigsby , has had to curtail his comeback due to back trouble . Veterans just aren't what they used to be .

ROAD CLOSURE SIGN

Ask Rob Greig about Road Closure Sign # 1. Erected on Sunday midnight , June 14 . Missing on Monday 12.15 pm , June 15 . Paul Timbrell came to the Committee's rescue with a professional sign , and this survived and is presently in safe keeping for 1988 . Thanks , Paul .

**WE'LL TRY
ANYTHING
ONCE, BUT...**

"Pissing 'in his shoe keeps
no man warm for long."
—W. H., Auden, *Letters from
Iceland*

AGENDA

Learning to live with a liniment lover

ON first hearing, the question seemed simple enough. "What activities and interests do you and your husband share?"

The answer was simple enough, too. "None."

As I said it, a frisson of unease ruffled the edges of the psyche. Was this the beginning of the end? After twelve-and-a-half years of marriage, how could the answer possibly be NONE?

A couple of moments of quiet reflection later, the reason for this lack of communion became clear. I am married to a member of that ever-increasing species, the Sportaholic. Not to put too fine a point on it, my husband is a Sports Fiend. And I, though I have tried, am not.

Football (both League and Union), cricket, tennis, lawn bowls, golf, snorkeling, fishing, squash, table tennis, billiards, snooker, body-surfing, sailing, riding, skiing, shooting — the list seems endless. He has approached every one of them with evangelical zeal — the right equipment, the right clothing, even consulting books on the subjects.

After the ardour of the first passionate embrace has cooled a little, some have been put gently to one side — not forgotten, but to be flirted with occasionally through the years. Others have gained strength and gone on to become life-long, intoxicating affairs.

Sometimes a slight disenchantment sets in, but not for long — television always brings them together again. After a few nights' serious viewing of the British Open, or Wimbledon, all is forgiven and he is again practising golf swings and tennis serves inside (minus weapons), and outside (armed and dangerous).

In the early days of our courtship, I accompanied him to his football matches



RELATIONS TERESE AUBUSSON

and watched from the sidelines, sitting with him while he recovered from concussion and, on occasion, helping him to the casualty ward with messier injuries.

After a couple of years, this began to pall; besides which, the games were scheduled later and later in the day each successive season, and since this was winter, it became damn cold just sitting and watching.

We reached a compromise. I still came, but sat in the car out of the cold, armed with books, newspapers, crosswords and needlework. This system worked well. I was warm, my brain had been given a thorough workout for two hours, and he was happy — hot, tired, sweaty, decidedly smelly, usually muddy, with a corked thigh here and a sprigged hand there. Seventh heaven!

As time went by I could pick which sports would become lifelong companions. Tennis, golf, sailing and ski-ing all fitted the bill the moment he tried them. The ingredients for success were those he had first discovered in football: his own natural athletic ability, teamed with (1) a degree of difficulty to make it interesting; (2) the certainty of becoming hot, sweaty and exhausted; (3) the

availability of better-than-average opponents (his brothers); (4) the likelihood of each sport's major tournaments being televised; and (5) the risk of injury — nothing too terrible, but something that has to be rubbed with liniment, possibly strapped up, definitely fussed over, and good for at least a week's discussion with sympathetic mates.

Looking back on those early days of football (now given up due to age), my retreat to the car was an omen of things to come. I tried tennis. An A-grade player despite an erratic serve, he somehow convinced me that my game was good enough to provide him with some healthy competition.

“I never need to buy perfume. Whenever we go out I am enveloped in an almost palpable cloud of Dencorub, an aggressive little number with a penetrating top-note.”

Halfway through the first game of singles, we both knew better. With my right arm permanently outstretched, I hurled myself from one side of the court to the other in vain. The rest of the match passed in a blur, though I do remember the score because he often reminds me — 6-0, 6-0.

How he got me back on court to partner him in doubles I'll never know. Remember the erratic serve? After suffering four balls in

the small of the back before the first game was over, I realized that a tennis twosome we were not meant to be.

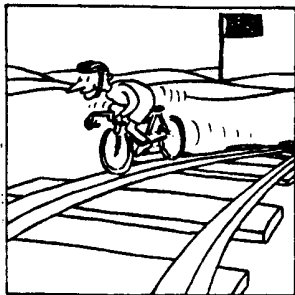
Golf and sailing were not much better. My presence on the course put him off his game completely, while I became seasick on any sort of vessel once we sailed anywhere near the heads. The nearest I have come to ski-ing with him was when I tried on the boots. I knew immediately it was not my sort of thing. As I said, I have tried.

My role has become one of back-up, making sure the first-aid kit is fully stocked, assessing the progress of particularly nasty bruising, noting any relevant specials at the local sports store, and listening to graphic accounts of perfect serves, eagles and slalom runs. There are no signs of him changing his ways, and indeed, our sons are following in his footsteps. The five-year-old is heavily into tennis, golf, fishing and cricket while the two-year-old equips himself with flippers and goggles to wear in the bath.

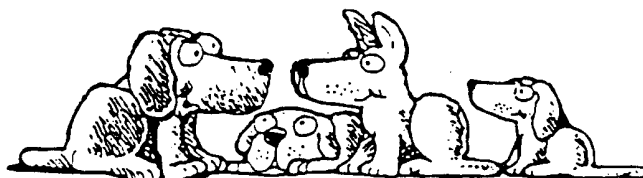
There are advantages. I never need to buy perfume. Whenever we go out I am enveloped in an almost palpable cloud of Dencorub, an aggressive little number with a penetrating top-note. Newspapers are never fought over — he has Sport and Finance, I have the News. He is a mine of information when I need answers to sports questions in crosswords, and should the Budget bring us to our knees, we could probably rake in a tidy sum from the sale of countless items of pre-loved sporting equipment.

Relief — my unease has passed. I know my place. As someone once said: the devotion of a wife is admirable — from the spectator's point of view.

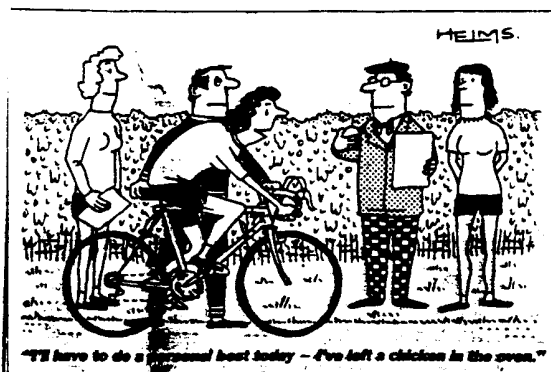
● Contributions to the Relations column are welcome. Would-be contributors should contact the editor of Agenda to discuss their ideas.



NATIONAL TRACK TITLES

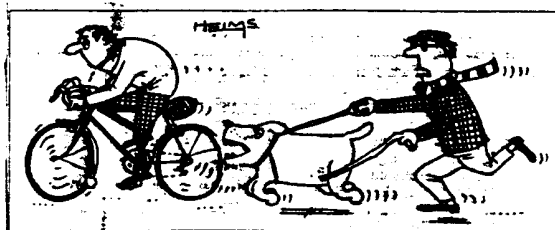


BITTEN ANY GOOD TEN SPEEDS LATELY?

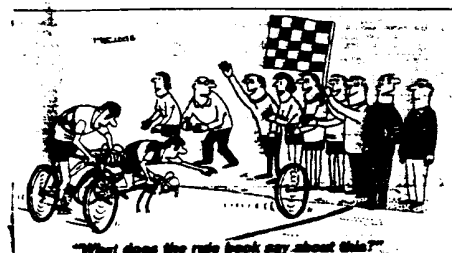


HELMES.

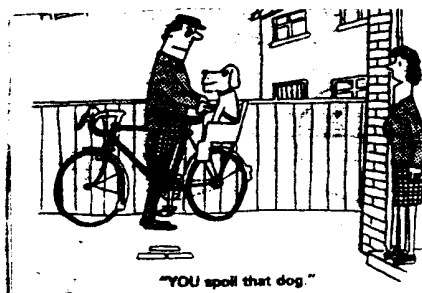
"I'll have to do a personal best today - I've left a chicken in the oven."



HELMES.



"What does the rule book say about this?"



"YOU spoil that dog."

STOLEN BIKE VITUS CARBON FIBRE 60cm frame

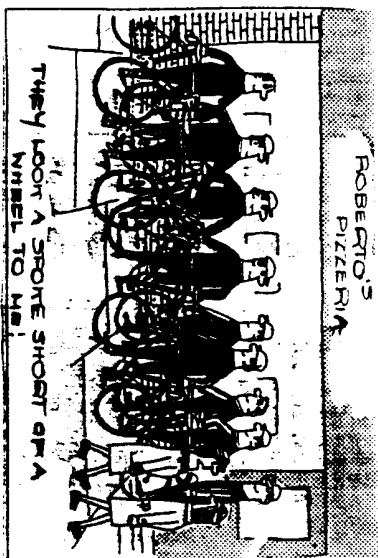
Equipped with Campag S/record brakes, Cranks (177.5), Hubs, Gears, Ginelli 44 Bars & 14cm stem. Turbo seat, Keywin pedals, Weinmann aero brake levers, Avocet. 'Clamont' decals.

Brand New Mavic SSC 36H grey rims with CX + CG tyres. Stolen from Rose Bay, Sydney on 26 May.

The size and features of this bike make it very hard to disguise.

A SUBSTANTIAL REWARD is offered to Cycle Dealers, Cyclists or anybody who can provide information which leads to its recovery. If you think you have seen this frame, or bike, maybe brought in for repairs, or all of a sudden appears in your bunch, Contact:

John Sunde at Sports Plus
(02) 264 9828



THEY LOOT A SPORTS SHOP & A WHEEL TO ME!

ROBERTO'S PIZZERIA



I USUALLY GO TO A LITTLE PIZZERIA IN NEWTON, WOULD YOU...

Time-Trial Results 4/7/87

Name	1st Lap	2nd Lap	Total
Hugh Milner	5:55	6:12	12:07
Phillip Emery	6:10	6:32	12:42
Bill	6:15	6:29	12:44
Walter Rolli	6:23	6:30	12:53
Jeff Page	6:30	6:30	13:00
Rosemarie Peerenboom	6:26	6:40	13:06
Frank Milner	6:30	6:41	13:11
Juel Briggs	6:45	7:16	14:01
Mark Meltzer	6:56	7:31	14:27

(Who's been giving the Disco's a thrashing then?)

EUROPEAN PRO RANKING (ROAD WINS) BEFORE THE GIRO OF ITALY 14 MAY:

- 12 wins: Sean Kelly (Eire-KAS)
- 8 wins: Eric Vanderaerden (Belgium-Panasonic)
- 7 wins: Stephen Roche (Eire-Carrera)
- 6 wins: Rolf Golz (West Germany-Superconfex)
- 5 wins: Pello Ruiz Cabestany (Spain-Seat), Moreno Argentin (Italy-Gewiss Bianchi), Francesco Moser (Italy-Supermeracati Brianzoli), Guido Bontempi (Italy-Carrera), Eddy Planckaert (Belgium-Panasonic), Wim Arras (Belgium-PDM), Teun Van Vliet (Holland-Panasonic).

SUPER PRESTIGE PERIOD CHALLENGE RANKING BEFORE THE GIRO OF ITALY

- 1: Eric Vanderaerden (B) 370 points
- 2: Stephen Roche (Eire) 335pts
- 3: Claude Criquiellion (B) 270pts
- 4: Sean Kelly (Eire) 265pts
- 5: Teun Van Vliet (NL) 255pts