

the Sydney Cyclist



NEWSLETTER OF THE SYDNEY CYCLISTS' CLUB AND THE SYDNEY CYCLING CLUB

MARCH 1986

K. V. TOUR '86

THAT'S RIGHT, THE FIFTH ANNUAL KANGAROO VALLEY TOUR IS JUST AROUND THE CORNER! THE FAVOURITE OF ALL CLUB MEMBERS IS SCHEDULED FOR THE WEEKEND OF 15-16 MARCH, AND SEVERAL RIDERS HAVE ALREADY MADE THEIR PLANS.

THERE IS STILL ROOM FOR OTHERS, BUT YOU SHOULD GET IN CONTACT WITH BRUCE VOTE (339-9452) IMMEDIATELY, SO FINAL ACCOMMODATION CAN BE ARRANGED. WE UNDERSTAND THAT THE SUTHERLAND CYCLING CLUB WILL ALSO BE THERE ON THE SAME WEEKEND, SO LET'S GET OUR ACCOMMODATION AT THE CARAVAN PARK SECURED... SLEEPING GEAR, EXTRA CLOTHES, FOOD, ETC CAN BE TAKEN TO MICHAEL GRIFFITH'S PLACE (39 PARKHAM ST, SURRY HILLS) FOR TRANSPORT TO THE BRIDGE CARAVAN PARK.

THERE WILL BE A LARGE BUNCH OF RIDERS 'GOING THE DISTANCE', LEAVING FROM CENTENNIAL PARK AT 6:30 AM ON SATURDAY. RIDERS WISHING TO DO LESSER DISTANCES, SHOULD MAKE ARRANGEMENTS WITH BRUCE; AS IT IS POSSIBLE TO MEET THE BUNCH AT CAMPBELLTOWN OR MITTAGONG RAIL STATIONS (OR OTHER POSSIBLE POINTS). WE SHOULD ARRIVE IN KANGAROO VALLEY ABOUT 3:00, ALLOWING PLENTY OF TIME FOR A SWIM AND PREPARE A CAMPFIRE; BEFORE THE 'WALK' DOWN TO THE PUB.

ON SUNDAY, IT WILL BE POSSIBLE TO RIDE BACK TO MITTAGONG STATION; OR OVER THE CAMBARWARA MOUNTAIN TO THE COAST RAILHEAD AT BOMBADERRY, OR GO ON WITH THE MAIN BUNCH TO THE STATION IN WOOLLONGONG.

PICNIC MEETING

ON 20 APRIL THE CLUB WILL HOLD A PICNIC / BAR - B - QUE IN THE ROYAL NATIONAL PARK, AT THE KARINGAL PICNIC AREA. THIS VERY PLEASANT AREA IS WHERE WE HELD THE TIME TRIALS ABOUT THREE YEARS AGO. WE HOPE TO HAVE A LARGE TURNOUT, AND WILL HAVE THE BAR - B - QUE FIRES LIT FROM 11:00 AM ONWARDS.

THERE WILL BE A BUNCH RIDING OUT, LEAVING FROM CENTENNIAL PARK AT THE KIOSK AT 8:30 AM. THIS GROUP WILL RIDE ALONG THE 'NORMAL' SUNDAY MORNING ROUTE, ALLOWING RIDERS TO DESCEND INTO THE ROYAL NATIONAL PARK AT WATERFALL; OR RIDE ONWARDS TO STANWELL TOPS AND TAKE THE TURNOFF THROUGH OTFORD AND BACK INTO THE PARK. THE PICNIC AREA IS SITUATED ABOUT HALFWAY BETWEEN OTFORD PARK AND THE CAUSEWAY AT WATERFALL, WITH A DRIVE (MARKED BY A KARINGAL SIGN) ON THE WEST SIDE OF THE MAIN PARK ROAD.

MARK YOUR CALENDAR, AND PLAN TO BRING THE FAMILY ALONG FOR WHAT SHOULD BE A MOST ENJOYABLE DAY. BRING YOUR SWIMMERS, AS THERE WILL BE A TREK DOWN TO THE BURNING PALMS BEACH - OTHERS MAY WISH TO DRIVE BACK TO STANWELL, OR TO GARIE. AS OUR SOCIAL SECRETARY IS TREKKING IN NEPAL, CONTACT MICHAEL GRIFFITH (699-9681).

YOUR TAX DOLLARS AT WORK !!!

The latest SMH "Good Weekend" magazine contains an article featuring Warren Salomon's endeavours with BICYCLE AUSTRALIA, the former Aust. Cycle Trails. The ABA (Bicentennial Auth) has managed to frustrate the proposals of Warren and other committee members, including Martin Hanley, to fund the rides across Australia during the Centennial Year!

1.

R.U. Financial ?

The red X in the square is not a reminder of another series of those exciting auto rallies which went around Australia. It is your last signal that your 1986 subscriptions haven't been received...

Be a part of the action, pay your fees now, and continue to receive the Club Newsletter so that you can participate in its activities.



MARCH CLUB MEETING - MINUTES

MEMBERS PRESENT : Bruno Sibilla David Stokes
Don Sigaby Thom Wilhelm
Mark Benwick Owen Louie
Spencer White Alan Lumf
Christina Sunde

Marjorie Lobban
Michael Griffith
Alan Smith
John Sunde

APPOLOGIES received from Jack Brown and Mark Kitteridge

BUSINESS

1. FEEDBACK ON TOURS PROPOSED FOR 1986.

Interest has been obvious for proposed tours. The Kangaroo Valley tour is definitely on for 15 - 16 March (Contact Bruce Vate... 3999452, Michael Griffith... 6999681). Other tours include Kosciuszko, Sofala, Hunter Valley, and one - day rides to Wisemans Ferry, Picton to the Coast, and Penrith to the Coast.

port Macquarie Cycling Club has a tour from Walaha to Murchison on April 26.

This is a moderate ride on quiet roads. Transport is available ex Port M.

Contact Michael Griffith for more information.

The picnic at Karingal picnic area, Royal National Park, is on for April 20.

2. MEETINGS AND VENUE.

Since the cost of Paddo Town Hall was too great, and facilities were not available, Thom Wilhelm has arranged a new venue for meetings which is more agreeable and less expensive (\$15). The meeting agreed to continue to meet here in the future. (Venue ...Holdsforth Community Centre, Holdsforth and Marzell Sts, Joollahra)

The meeting unanimously agreed that formal meetings are not necessary. The Club's Committee should handle Club matters, save for the A.M.M. Times should be reserved for informal gatherings of a social nature (this is the typical working mode of most sporting clubs).

3. SYDNEY CRITERIUM.

The prizes offered at our club's major racing event are to total approx.

\$3,500. We are budgeting for between \$5,000 and \$6,000 overall. Any

members with ideas or contacts for sponsorship are free to contact

Michael Griffith A.S.A.P. (6999681)

A. LOCAL RIDES.

Once upon a time there was a Sydney Cycle's ride to Waterfall and return. As Bruno Sibilla pointed out, it is impossible to call this ride 'ours' any longer. The meeting was unanimous in seeking the promotion of a specific club ride, to be held regularly, perhaps once every four to six weeks. This ride could include club colours and organised refreshments. (See next issue for proposals on such a ride ... to be referred to as our club's Jersey Day.)

"Our club cannot function without our members getting together." Spencer White

5. THE CONTINUING JERSEY DEBATE HEARING RESOLUTION.

As an individual club, we should have a distinctive and specifically 'Sydney' jersey. Our constitution includes the specific colours of red, white and blue, yet the meeting was far from happy with our present lack - lustre design.

Spencer White and Sarina Baker have joined talents and produced several designs, and fashion designer, Christina Sunde, also has been active in designing a jersey which is specifically Sydney based. (Michael Griffith calls this an 'indigenous' design.)

The idea of buying, in bulk, an already designed jersey (Sentini etc) was discussed, yet the cost was considered still to favour the 'indigenous' design. Christina Sunde shocked the meeting with her professional opinion of the cost of such a garment as we might require. The fabric Pelli - Cotton fits our requirements, and the garment would cost approx. \$14.50. Add to this the cost of three silkscreens at \$60.00 each, and still we have jerseys at below \$30.00. (I wonder why we haven't got a new jersey already ?)

Further, in a varied form, this jersey could become a source of revenue if offered for sale to the general cycling public.

John Sunde is looking into the purchase of requisite material, and Christine has her art gear at the ready.

Attached to this hearing is a copy of several designs. Give the committee your views on these, plus any suggestions Thanks, Curr Low

36 CRITERIUMS

HISTORY, from page 5

Club has secured approval from the Royal Botanic Gardens Trust for the use of Mrs Macquaries Road on Sunday 29 June from 6am to 1pm for the staging of this years criteriums.

The following programme has been submitted to the NSW Amateur Cycling Union and accepted for inclusion in the 1986 Road Programme:

- 7.30 am Juniors 50 kilometers (25 laps)
- 8.45 am Veterans/Womens 40 kilometers(20 laps)
- 10.00 am Seniors Open 100 kilometers (50 laps)

Prize money totalling \$3,500.00 has been offered including \$500.00 cash for first place in the seniors open. There will also be sprint prizes in each event, a sprint point score in the seniors and prizes for the first 10 place getters in each event. Prize money this year represents an increase of \$1,000.00 over last year and accordingly there will need to be a proportionate increase in our total race budget.

This year the Union has organised a seperate criterium point score competition which will be conducted over a series of short closed circuit races in the first half of the road season. The winner of the point score will become the NSW Criterium Champion. Our race has been selected as the final event in this new series which is a measure of the significance it has already achieved in cycle racing in New South Wales.

The race committee (Bruno Sibila, Bruce Vote, Don Sigsby and Michael Griffith) are going to get things moving early this year. Assistance from volunteers is always welcome so if there is anything you can do please contact one of the committee as soon as possible. High on the agenda at this stage are sponsorship and publicity. Due to and increase in expenditure it is expected that a budget of \$5,000 to \$6,000 will be required. The bulk of this money will have to be raised through sponsorship although approximately \$1,500.00 will be received from entry fees, raffle and refreshment stall. If any member can assist in securing sponsorship would they please let one of the committee know as soon as possible.

Finally it should be noted that the Union has required that a \$200.00 bond be lodged in respect of the race and "providing the event is run and the prize money is distributed as advertised the bond will be returned. Failure to meet the application conditions will occur forfeit of the bond".

M.C.Griffith

The "Myer's Cup Cycle Race" was off and running at 10:00 am and proved to be very exciting, with Kevin Nichols winning from Shane Sutton. At the end of the mornings racing, Don invited club members back to the B & M Club premises for a very nice luncheon.

Later in 1979, Club meetings were transferred to Sports House, 157 Gloucester St, Sydney when the B & M Club ran into financial difficulties. There was a small gain in membership at this time and a group began to contest some of the Club Open racing events. A programme from the '79 "Snow Wilson Memorial" at Heffron Park shows - A. Agullo, M. Goulay, B. Sibilla, G. Dros, and T. McKell competing. Several members competed on a regular basis at the Saturday criteriums at Heffron Park.

Bruno recalls that 5 members (Michael Goulay, John Manini, Tim McKell, Alain Agullo and Bruno Sibilla) started the 1979 Goulburn to Liverpool Classic, with Tim, Alain and Bruno finishing.

The Club's first Time Trials Championships were held at Heffron Park on September 16, 1979, with Alain Agullo taking best time on this 'tight' circuit. He was presented with a trophy by the Club. (Alain has since returned to France)

...to be continued...

Walcha to Wauchope

On Saturday 26 April 1986 Port Macquarie Cycling Club is organising a ride from WALCHA to WAUCHOPE a distance of approximately 165 kilometres down the Oxley Highway.

I actually included this ride in our touring programme last year (though in the opposite direction) but there were no takers.

Arrangements for the ride are as follow.

Travel to Port Macquarie Friday 25 April. Travel to WALCHA Friday evening, transport can be provided.

Alternatively, travel direct to WALCHA.

Stay Friday night at WALCHA, accomodation will be arranged. Cycle down the Oxley Highway Saturday, low traffic density, very scenic route, grade moderate. It will be necessary to provide your own food, drink, spares etc as there are few refreshment stops along the way but a support vehicle will be available. Stay Saturday night in Port Macquarie, accomodation may be arranged. Return to Sydney Sunday afternoon.

Plan now for the **BAR-B-QUE** and **PICNIC** to be held at Karungal Picnic Area in Royal National Park.

Mark your calendar for Sunday, 20 April -

More details in the next issue.....

This is a beaut opportunity to see some really fantastic country, on a fairly easy (mostly downhill) ride. Bring the family, as TIMBERTOWN at Wauchope is also well worth a visit...

For further details and bookings contact Michael Griffith 699-9681

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NEW MEMBERS

The last Newsletter set out the procedures for attaining membership in the Club, and it is heartening to see that there is a response. Hopefully our proposed activities for the year will continue to attract additional members.

During the past month, or so we have received three new members:

MALCOLM HAMMOND - is know to many of the existing members, being a stalwart of racing at Heffron Park, and with the veterans at Homebush Bay. He will add some much needed strength to our 'racing image', and we all look forward to his participation in many Club events.

ROSEMARY PEERENBOOM - has been doing some touring, and recently acquired a new 'road' machine. She has been participating in the 7:00 Sunday rides for some time now, and should be top competition for the Annual Time Trials. Rosemary is presently trekking in Nepal, and should have some interesting experiences to relate upon her return.

MERYL CHASE - is currently training very hard for the Triathlon series in N.S.W. She is regularly seen training in the morning with several other triathletes, and will also pose a serious threat for the forthcoming Annual Time Trials. Meryl works at the CITY GYM and should be able to provide members with some good tips on fitness training.

GREAT PICNIC

Several members celebrated Valentines Day by attending the Club Picnic held at Bronte Park. The weather was ideal for the occasion, and many members had a try in the rather vicious surf prior to retreating to the picnic area. The Wilhelms and Doldissens were already on the spot, with goodies when the main group arrived. Several 'old' faces were seen, with a great amount of reminiscing going on.

Clay Kesting appeared, looking very trim and fit, following his holiday in the Himalayas. His 'no snow' trek through some of the high passes in Nepal sounded hair raising to say the least. Paul Montesin was taking in every word, as he is now over there on his holidays. Dave Stakes, Alan Lumb, Mark Kitteridge and Christine Flint joined in the festivities. Although Mark wasn't about to visit the Himalayas, he was able to offer a few technical, 'geographical' pointers for the expeditionners - following his studies at Macquarie University.

Jack and Peg Browne, and Walter and Ros Roll with their baby added to the group; while Michael and Carmel Griffith and the boys kept everybody equipped for various games.

Huge amounts of various foods were consumed, and everyone had a great time talking over old times, and the future of the club and its activities. Not a bike to be seen!

??? RESULTS

In December 1985 the club circulated a questionnaire the purpose of which was to gauge the interests of members with respect to various aspects of cycling.

Regrettably the response was mediocre.

The main points are as follows.

1 Where do you ride?

There was only one answer that was common to all replies that was Centennial Park. Other popular locations were Watsons Bay, Lar Perouse, Sutherland and Waterfall.

2 When do you ride?

Early mornings were by far the most common especially Tuesday, Thursday and Sunday.

3 How often do you ride?

The average was three times a week.

4 How far do you ride?

The most common distance for week days was 30 kilometres or one hour and for weekends 100 kilometres or 3 hours.

5 Types of rides?

All but two of the replies included touring in their answers. Suggestions were made for one day rides, weekend tours, easier rides, more variety and a club ride on a regular basis once a month.

Next most popular was training with 72% support followed by racing with 45% support.

6 New members

All replies except one were in favour of more new members. Suggestions were made as to how to interest new members for example instruction in cycling skills.

7 New jersey

82% of replies were in favour of a new club jersey and there were numerous suggestions in relation to colours, design, fabrics etc. The committee now proposes to obtain a number of new jersey designs with the intention of making a recommendation to a meeting of members for the adoption of a new jersey.

OWEN LOWE VOLUNTEERED TO PREPARE A SMALL HANDOUT FOR PROSPECTIVE NEW MEMBERS, AND HAS SUBMITTED THE FOLLOWING FOR COMMENT. IF YOU WISH TO COMMENT ON THIS MATERIAL - WHICH WILL BE PUT ONTO A SMALL PRINTED CARD - PLEASE DO SO IN THE NEXT FEW DAYS. ONCE FINAL 'REVISIONS' ARE MADE, OWEN WILL ARRANGE FOR PRODUCTION OF THESE TO ASSIST THE CLUB IN ITS MEMBERSHIP CAMPAIGN.....

SYDNEY CYCLING CLUB

SUGGESTED RULES FOR INTRODUCING NOVICE RIDERS TO PACK RIDING

Get the best from your bike and enjoy the friendship of the cycling fraternity.

A regular programme of racing, riding and touring activities, mixed with Club Social gatherings, makes membership for anyone with a bike worthwhile.

A selection of Bike Shops offer discounts to financial members.

Club jerseys are available for members.

There is plenty of advice and good company when you join S.C.C.

Membership is open to all cyclists, the fees are cheap.

1. Ride beside and outside the person you are introducing, not ahead or behind.
2. If introducing 2 or more novice riders, co-opt other cyclists to assist you - one novice each.
3. Do not expect a novice rider to lead out until he/she is skilled at close-in pack riding.

If these rules are adopted, there is less chance of mishaps.

APPLY TO JOIN.....

CONTACT: Michael Griffith (President) 699.9681
Tom Wilhelm (Secretary) 32.1126



History in the making....

Jack Browne and Bruno Sibilia have recently put together a few notes regarding the formation of the Club, and hopefully clarify our 'roots'. Herein, the first installment...

The club had its beginnings in 1978 when Don Beavis, a long-standing member of the Eastern Suburbs Amateur Cycling Club, grew concerned about the 'hard core' racing attitude of that club. Don envisaged a club which looked upon cycling as more than just racing; and invited a few of his riding mates around to his (then) John St, Woollahra home for a bar-b-que. The discussion which ensued led to the formation of a club having a more comprehensive overview of cycling as sport and recreation, and was not seen as a breakaway from Eastern Suburbs. [it should be noted, that this was when 'recreation cycling' was having a boom period]

The early meetings were held at the SYDNEY BICYCLE & MOTOR CLUB at 36 Carrington Street on Wynyard Park. It is thought that Don Beavis had some connection with this club - either through membership, or his design consultancy - thus allowing use of the premises. Some of the original members and the office bearers:

Don Beavis, President/Secretary Tom Wilhelm, Treasurer and Bruno Sibilia, Race Secretary
Others - Jack Browne, Alain Agullo, Gilbert Droz, John Manini, John Lovell-Jones, Michael Gouley and George Chalvin (now deceased).

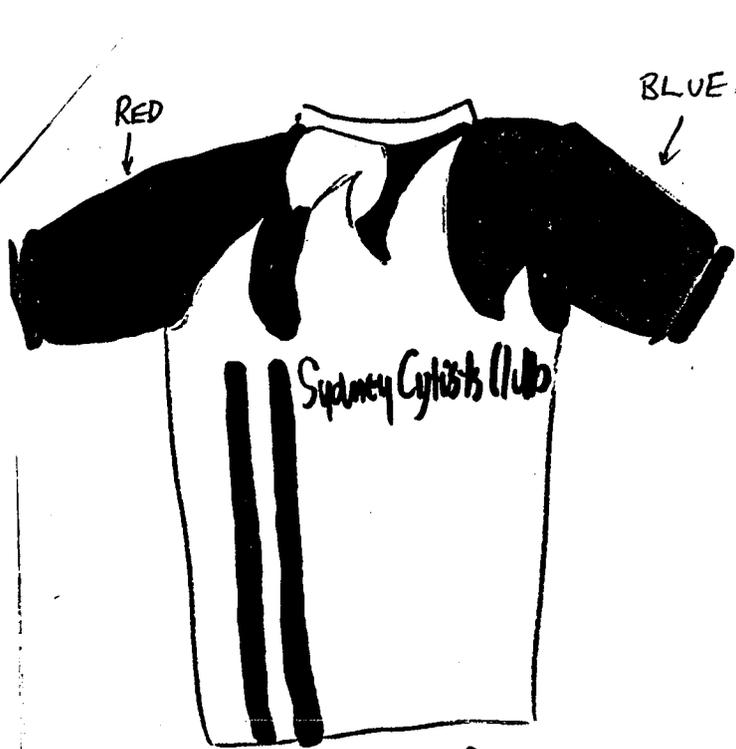
Don designed a jersey (the model currently in use) and the first of these was produced by Mrs Christoff of Adelaide. Most were made from 100% wool; however some were also produced from acrylics and even a few in cotton.

In 1979 the Bicycle & Motor Club was celebrating it's centenary year, and the SYDNEY CYCLING CLUB organised a criterium race to coincide with this event. This event also coincided with CARNIVALE '79, the N.S.W. government's multi-cultural celebrations. On Sunday morning of 11 March, the numerous riders were led from the Bicycle & Motor Club by the N.S.W. Police Brass Band down to the race circuit in Hickson Road, in the Rocks area.

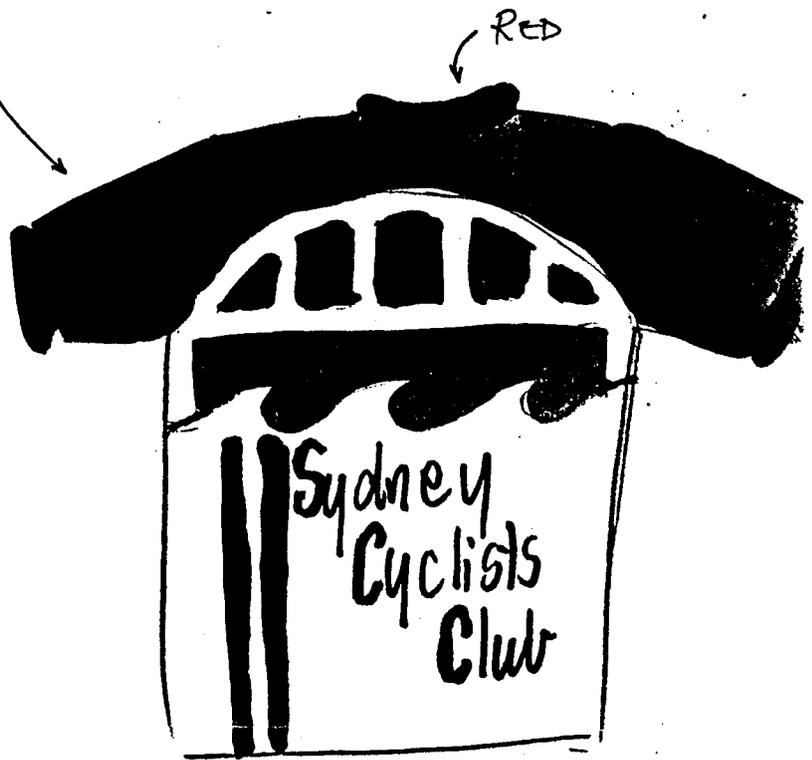
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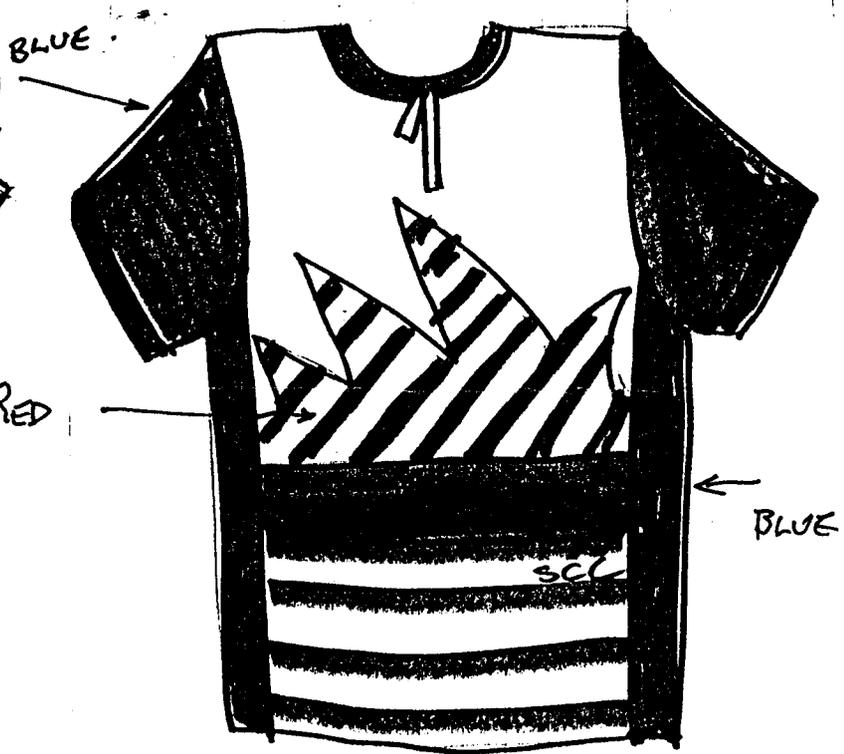
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* Spencer's Design



SARINA'S DESIGN NO 1.



CHRISTINE SUNDE'S DESIGNS (EXAMPLES ONLY)