

the Sydney Cyclist



NEWSLETTER OF THE SYDNEY CYCLISTS' CLUB AND THE SYDNEY CYCLING CLUB

6/1986



VOLUNTEERS

MANY MEMBERS WERE IN ATTENDANCE AT THE SEVEN KEYS THEATRETTA IN MILSONS POINT TO VIEW THE FILM "AMERICAN FLYERS". SEVEN KEYS ARE THE MAJOR SPONSOR FOR OUR ANNUAL N.S.W.A.C.U. EVENT, KNOWN THIS YEAR AS THE "AMERICAN FLYERS CYCLE CLASSIC". THE RACE COMMITTEE, CHAIRED BY MICHAEL GRIFFITH HAS SPENT A GREAT AMOUNT OF TIME IN ORGANISING THE WHOLE EVENT. BRUNO SIBILIA WILL AGAIN SERVE AS THE CHIEF REFEREE AND ALAN LUMB WILL BE CHIEF MARSHALL. HOWEVER, THERE ARE NUMEROUS OTHERS NECESSARY TO - ONCE AGAIN - MAKE THIS ANOTHER SUCCESSFUL EVENT.

MEMBERS ARE ASKED TO GET IN TOUCH WITH BRUNO (389-3144) TO VOLUNTEER FOR A DUTY ON THE DAY... ASSISTANCE WILL BE NECESSARY IN SEVERAL AREAS: SETTING UP, MARSHALLING, REGISTRATION AND RESULTS, FOOD STALL, CLEAN-UP AND DISMANTLING, ETC. LET'S SEE YOU THERE ON THE DAY.

!!! ALL PERSONNEL SHOULD BE AT THE CIRCUIT BY 6:00 AM.

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BRING A CLIPBOARD,
PEN AND PENCIL,
IF YOU HAVE ONE.....

"AMERICAN FLYER" CYCLE CLASSIC

SUNDAY, 29 JUNE
Royal Botanic Gardens
Mrs Macquarie's Road

RAFFLE

Members are requested to turn the proceeds from the ticket sales to Michael Griffith, as soon as possible. Tony Cook has very graciously donated a Reynolds 531 frame as the prize for this raffle, which should add interest to the days festivities....

**Chronics St.
Cyclery**

QUONER

?? Race parking

THOSE MEMBERS WHO WISH TO PARK WITHIN THE RACE CIRCUIT - PARKING WILL BE AVAILABLE - MUST HAVE THEIR CARS PARKED BY 6:15 AM, AT THE LATEST....

PLEASE ASSIST BY GETTING TO THE EVENT EARLY, BOTH TO LEND A HAND AND TO AVOID HASSLES AT THE ENTRANCE CONTROL POINT, WHICH WILL BE MANNED BY N.S.W. POLICE THIS YEAR.



REFRESHMENTS

LAST YEAR IT WAS KNOWN AS THE 'WOMEN'S ARMY', BUT WHATEVER; THOSE TOLERANT WIVES AND GIRLFRIENDS ARE AGAIN ORGANISING A FOOD AND REFRESHMENT STALL FOR THE DAY. CARMEL GRIFFITH (699-9681) AND JUDY SIBILIA ARE SEEKING TALENTED BAKERS TO PRODUCE SOME GOOD HOME-BAKED CAKES, SLICES, ETC. TO BE SOLD TO THE CYCLISTS AND SPECTATORS AT THE EVENT.

ALL CONTRIBUTIONS WILL BE GLADLY ACCEPTED (AND EATEN!!!)

IN ADDITION, THEY ARE SEEKING SOMEONE WITH A LARGE ESKY TO PRE-CHILL SOME DRINKS - AND - WILL ALSO NEED SOME AIRPOTS FOR USE ON THE DAY...

.....dotted line.....

Jerseys the saga

Following the questionnaire circulated last year, there has been an ongoing exercise to produce a 'new' jersey for club use. The Executive has searched far and wide for a dazzling design which meets the criterion necessary to please its members. In amongst talk about "the groundswell of opinion", a "consensus of members", and "looking ahead to the future" there have been numerous sketches put forward.

In fact, there have been some final designs produced. These after some truly expert advice had been sought. Michael Griffith has worked with Christine Posa (a professional clothing designer) to produce a jersey design similar in character to the SEM/MAVIC team jersey. Spencer White has worked with a graphic designer to produce some brilliant sketch proposals for a more 'avant garde' garment. Steve Turner is seeking the expertise of a firm dealing with production silk screening; as whatever the design, the new garment will probably be produced from a silk-screened cotton backed elastomer (thermodress fabric).

Debate still continues about the need for a traditional or modern design, which should (or should not) incorporate the Harbour Bridge/Opera House. There is even talk about whether it should be in 'our' colours of white, red and blue - or possibly take up a different scheme.....

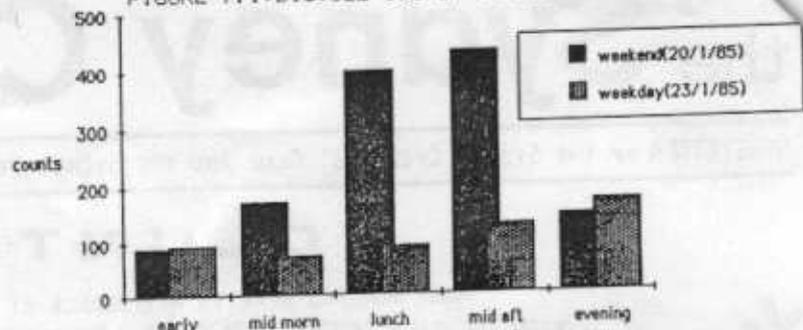
Although several ballots have been taken amongst the Executive, there is still not a consensus. Will there ever be???????

P.S. - Paddy Pallin now produces a Gore-Tex cycling jacket which is available for about \$117.00 (check for discounts...)

RANK	ACTIVITIES UNDERTAKEN	%	RANK
1	DRIVING THROUGH	28.2	1
2	WALKING	23.2	2
3	RELAXING/SITTING	18.1	3
4	JOGGING	16.8	4
5	ICYCLING	13.4	5
6	WALKING THE DOG	10.2	6
7	IPICNICKING	9.1	7
8	FEEDING THE DUCKS	7.6	8
9	PLAYING SPORT	4.1	9
10	CHILDRENS PLAYGROUND	4.0	10

EXCERPTS FROM: CENTENNIAL PARK USER'S SURVEY 1985 - 1985

FIGURE 7.1: BICYCLE USE OF GRAND DRIVE



Cycling represents one of the most popular recreational activities in the Park. Only driving through, walking, jogging and relax/sitting surpass cycling in terms of number of users. There are some 307,000 visitors that engage in some form of cycling per annum.

Centennial Park is a major attraction for cyclists because of the relative safety it affords with the designated cycle track on the left hand side of the road, its locality and the flatness of the terrain. There are three major types of cyclists that use the park:

1. road racing cyclists
2. learner cyclists using the separate learners track (mostly children)
3. recreational cyclists

The road racing cyclists come at specific times in the day: weekdays from 7.00-8.00am, and 4.00-6.00pm. They train in groups of between 20 and 40 and travel as a pack at 45 k.p.h, rarely using the designated cycle track. They are regular users of the park and usually train with their respective club members. Centennial Park is regarded by many as the centre of road racing in Sydney. Indeed, the N.S.W. Championships are held here each year.

The learner cyclists, usually, but not always, young children, use a special track in the south-western area of the Park which is separate from any roadway. The area adjacent to the learners track is an excellent picnic spot and attracts a large number of family groups. There are approximately 38,000 visitors who ride bikes in this area each year.

The major group of bicycle riders that use the park are the recreational cyclists who bring their own bikes or hire them from one of the bike hire outlets. They are mostly casual users who, unlike the speed cyclists, are much less formalised about when they ride.

In addition to the main survey result bicycle counter was installed during each of the sampling periods by the Department of Main Roads. There were problems, however, with the accuracy of the results because of the difficulty of recording bikes in close succession. There was also a problem with the fact that not all bikes use the designated cycle track (particularly the speed cyclists) and hence the results were underestimated.

Sofala

This year's touring events have encountered all extremes. The KANGAROO VALLEY WEEKEND proved to be the hottest of the year, and really cooked those who participated... The ride to Akuna Bay was rained out - or almost so - and, the Weekend at SOFALA - The Gem of the West proved to be a mixed bag weatherwise. Saturday morning saw Dave Stakes, Alan Lumb, Bruce Vote, Spencer White, Michael Griffith, Alan Smith, Marjorie Lobban and Don Sigsby rendezvous at the Lithgow pottery for cups of tea before setting off for the ride. Marjorie went on ahead with a car, and later proved the need for a 'sagwagon'... As we rode along the Tarana road we encountered the 'hills', and also a mob of cattle who were not the least impressed with our endeavours. At Tarana (30 km out) we stopped because Dave was having problems with a titanium b/b, and we were all frozen - locals claimed it was unseasonable!... After a few stouts and Tim-Tams, we were once again on our way [Tarana isn't reckoned for its culinary delights!].

The hills didn't get any smaller, but we kept on going. Dave's crankarm fell off, and he was towed to Kelso by the bunch. Bruce and I went on ahead to try to find Marjorie, but were caught loafing (thawing out) at a coffee shop. Then the rain began... On towards Sofala, and finally flagged down M, who went back to Kelso to retrieve Dave. Rain, mist, rain, etc and it's still no fun mending punctures in the wet.

Sofala, and 'warmth' and many beers in the Royal. Into our guesthouse (!). Our floor sloped about 1/2 metre from one end to the other. Very interesting - or is it quaint. Off to the Cafe Sofala (ex-Flatt's) for another brilliant meal and a bit of wine... Slept well!

Pleasant early morning through the mist, across the suspension bridge and back to the bikes. I piked, the others mounted and headed out for Ilford (Saturday's hills were nothing), and back along the Capertree road to the pottery for a last cunna, and the drive home....



"AMERICAN FLYER"

THE FULL LENGTH FEATURE FILM, SOON TO BE RELEASED IN AUSTRALIA.



FILMED DURING THE "COORS CLASSIC",
THE STAGE RACE RUN THROUGH THE ROCKY
MOUNTAINS IN COLORADO. THE FILM IS
BASED ON THE STRUGGLE OF A CYCLIST TO
MAKE THE GRADE..... SIMILAR IN THEME TO
"CHARIOTS OF FIRE"...

GOOD ACTION, GREAT SCENERY - MUST BE SEEN !!!

SEVEN (7) KEYS

- THE MAJOR SPONSORS FOR THE SYDNEY CITY CRITERIUM ("AMERICAN FLYER CYCLE CLASSIC", HAS GRACIOUSLY OFFERED TO UNDERTAKE A SPECIAL PRE-RELEASE SCREENING OF THE FILM FOR OUR CLUB AT THEIR OFFICES.

THE SCREENING WILL TAKE PLACE PRIOR TO OUR CLUB DINNER MEETING ON 3 JUNE. SEVEN KEYS OFFICES ARE LOCATED AT: 68 ALFRED STREET, MILSONS POINT (ACROSS FROM THE BOWLING CLUB).

THE THEATRETTE IS LIMITED TO 30 SEATS, AND SEATING IS BY RESERVATION ONLY. BOOK BY CONTACTING BRUNO SIBILIA (389-3144). MEET AT SEVEN KEYS AT 5:30PM FOR THE FEATURE, TO BEGIN SOON THEREAFTER.



THEN PROCEED ON TO THE:

FORBES RESTAURANT

FOR A BRILLIANT THREE (3) COURSE ITALIAN MEAL. AS MENTIONED IN THE LAST NEWSLETTER, THERE IS A FANTASTIC ANTIPASTO BUFFET, FOLLOWED BY A SELECTION OF MAIN COURSES, AND SOME BRILLIANT DESSERTS.

ALL FOR \$12.00 PER HEAD. B.Y.O.G. OR BUY IT THERE.....

PAUL MONTESIN IS STILL IN THE HIMALAYA, SO RESERVE A SEAT WITH BRUNO SIBILIA (TWO RESERVATIONS FOR THE PRICE OF ONE PHONE CALL) ON 389-3144.

"AMERICAN FLYER" CYCLE CLASSIC