

# THE SYDNEY CYCLIST



NEWSLETTER OF THE SYDNEY CYCLISTS' CLUB AND THE SYDNEY CYCLING CLUB

*Cyclistes!....*

## LA BICYCLETTE **SANPENE**

MARQUE DÉPOSÉE

MUNIE DE L'AMORTISSEUR

ET DU RÉCUPÉRATEUR DE NEEF (Breveté S.G.D.G.)

*Donne des jambes - Supprime les trépidations*



MAISON ARTICLES GAILLARD

AGENT:

# Road Racing

Remember when club members used to follow the motto:

**WE RACE TO TRAIN.....**

The opportunity is once available, with the forthcoming TWILIGHT CRITERIUM SERIES to be held at Heffron Park. The Eastern Suburbs ACC and The Spear and Jackson Club are organising the race series which will be held every Tuesday night, starting at 6:00 PM. Sponsors for the series are to be:

EUROPA CYCLES

SUNTOUR

ALBION CYCLES

with several smaller sponsors contributing to the series, which will provide prizes to the top twenty placings in the overall series. Additional prizes will be given for: Overall points score (yellow jersey), Sprint King (pink jersey), best 'C' grade rider, best junior and best triathlete and the best 5 person team.

Entry fees will be \$3.00 per race (\$1.00 for juniors) with a sweepstakes being held at each event. Further information can be obtained from:

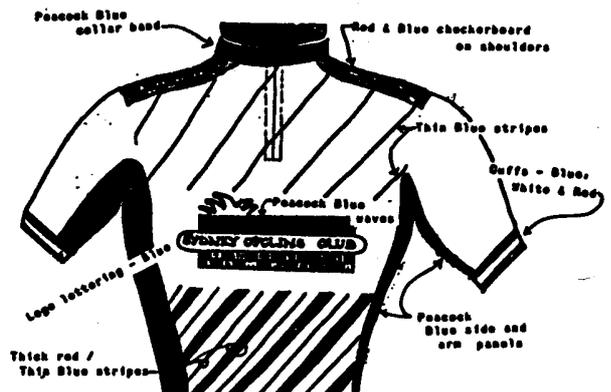
Frank Conceicao 387-1144 or Harry Scott 344-0249

## ++ THE JERSEY ++

After a long wait, most members are now greatly pleased to be wearing their new club jersey. Michael Griffith is to be congratulated on his patience and perseverance in obtaining, what is certainly an excellent jersey design for the Club.

Members wishing to purchase additional garments are advised that s/s jerseys are still available in M and L at \$50.00 per issue.

Contact Michael if you wish to supplement your wardrobe.



## Warm-up Jacket

The manufacturers of the jerseys have also advised that they can produce a warm-up jacket in a similar livery... Michael has a 'sample' of this jacket, which has a front very similar to the new jersey, with the back in a plain colour (although investigations are being made to have a large 'new' club logo placed on the back). The jacket has a full zip front, with slash pockets. No rear pockets...



A minimum order of 30 jackets is necessary and the price is to be about \$30.00.

Contact Michael Griffith (699-9681) for orders.

# INAUGURAL HILL - CLIMB CHAMPS

A new addition to our improving Calendar of Events. The first Sydney Cycling Club Hill-Climb Championship will be held on Saturday the 12<sup>th</sup> of December at ever so salubrious Bellevue Hill. The course is not long, i.e. 1.35 kms, however it will reward the fit. The Race Secretary & his assistant are presently examining Categories, & resulting Awards. These will be announced at the Annual Club Dinner in January.

The Place : Beresford/Drumalbyn Rds. Bellevue Hill

The Time : Important ! Meet at Centennial Park, on Grand Drive, adjacent to the kiosk; in other words the normal Time-Trial starting point, at 6.50-6.55am. The entourage will leave for Bellevue Hill at exactly 7.00am.

The Date : 12<sup>th</sup> December 1987. (A SATURDAY)

## Time-Trial Results-October 1987

### Saturday 10th October - 10km Course

<u>Name</u>	<u>Time</u>
Hugh Millner	15.32
Mark Bonwick	15.36
Peter Purple	15.45
Paul Montesin	15.52
Alan Lumb	16.09
Brian McQuarrie	16.13
Jeff Page	16.33
Walter Rolli	16.35
Bill Clements	16.37
Anton James	16.44
Frank Millner	16.57
Bruce Darling	17.03
Ruth Darling	17.24
Juel Briggs	17.29
Rosemarie P.	17.35
Don Sigsby	17.45
Matt Marlow	18.15

### Saturday 24th October - 8km Course

<u>Name</u>	<u>Time</u>
Mark Bonwick	11.12
Peter Purple	11.39
Michael Griffiths	11.46
Brian McQuarrie	11.51
Alan Lumb	11.56
Bill Clements	12.19
Anton James	12.28
Frank Millner	12.32
Jeff Page	12.34
Andrew	12.46
Rosemarie P.	12.52
Steve Turner	12.55
Cameron Daddo	13.16
Bob Greig	13.18
Matt Marlow	13.49
Tandem	11.28

# EXECUTIVE

## EXECUTIVE COMMITTEE MEETING

### 1. Meetings/activities

A club meeting or activity shall be held on the first Tuesday of each month . Executive meetings will be held on this evening whenever possible .

### 2. Calendar

1988 Calendar (tentative) shall be published in the January newsletter

### 3. Newsletter

All contributions are to be with the Editor ( Don Sigsby ) by the 20th of each month. Members will receive newsletter before the monthly meeting.

### 4. Criterium

Bob Greig will try for more sponsors - hopefully 6 sponsors at \$500 each . Bob will also fix the Criterium date and notify the appropriate bodies .

### 5. Affiliation of the N.S.W. A.C.L.

Our Club needs to have a representative at the meetings of the N.S.W. Amateur Cycling League .

6. It was decided that there is no problem in retaining the fairly large number of non - active members.

### 7. Extraordinary General Meeting

An Extraordinary General Meeting will be held on the first Tuesday in February to discuss points 8,9,10,11 (following).

### 8. Membership Fees

Due to rising costs , membership fees need to be raised .

### 9. Incorporation

Because of possible litigation , the Club needs to become an Incorporated Association under the Corporate Affairs Commission ( fee \$90 ). Otherwise the Committee or other members may be held liable in case of accident .

### 10. Non-members participation

Following from point 9 above , all club activities can only be open to members or prospective members . This shall apply as from November 9 , 1987 . Prospective membership shall last 2 months and the fee shall be \$3 .

### 11. Insurance

It will be proposed that all members are insured ( either as non-racing or racing members of this Club , or as racing members of other clubs .

\*\*\*\*\*

*The 1987*

\* XMAS COAST \*

4PM

WOOLLAHRA GATE !!!

\*\*\*\*\*

PICNIC	PICNIC	PICNIC	PICNIC
PICNIC	PICNIC	PICNIC	PICNIC
PICNIC	PICNIC	PICNIC	PICNIC

\* Annual Club Picnic to be held on 5 December , 1987. \*

VENUE : Karingal picnic area in the Royal National Park....off Lady Game Drive .

Riders leaving Park at 6.30 for venue  
Time Trial !!! Bring your swimmer  
Walk to Burning Palms... Day Pack?

NEW SOUTH WALES CYCLING FEDERATION ---- AFFILIATIONS 1988.

THE 1988 AFFILIATIONS ARE DUE AS FROM 1st JANUARY, 1988, BUT MAY BE FORWARDED AS FROM 1st NOVEMBER, 1987.

FULL NAMES, ADDRESSES, BIRTHDATE, DETAILS OF SPONSORSHIP AND CATEGORY MUST BE SHOWN FOR ALL RIDING MEMBERS.

FULL NAMES AND ADDRESSES FOR NON-RIDING MEMBERS.

AFFILIATIONS WILL NOT BE ACCEPTED UNLESS ALL INFORMATION IS GIVEN

CATEGORIES	BIRTH YEARS	FEE'S	CATEGORY TRANSFER FEES
NON-COMPETITIVE <i>(Includes 3rd Party Insurance)</i>		\$15.00	\$25.00 to riding member (senior or veteran)
SENIOR -	1969 & earlier	\$40.00	no transfer fee to veteran
VETERAN -	1948 vet. 1 1938 vet. 2 1928 vet. 3	\$40.00	no transfer fee from veteran
JUNIOR -	1970 & 1971	\$35.00	\$5.00 to senior
JUVENILE DIVISION 1	1972 & 1973	\$23.00	\$13.00 to junior
JUVENILE DIVISION 2	1974 & 1975	\$18.00	\$5.00 to Juv. 1
JUVENILE DIVISION 3	1976 & 1977	\$13.00	\$5.00 to Juv. 2
JUVENILE DIVISION 4	1978 & later	\$13.00	no transfer fee to Juvenile 3
WOMEN - from 1st Jan of their 15th year	1972 & earlier	fees are according to category	

★  
This is a  
must for serious  
trainers/riders.



MEMBERS TRANSFERING DURING THE YEAR FROM CLUB TO CLUB MUST PAY TRANSFER FEES OF:-

Senior, Veteran, Junior, Women-----\$8.00  
 Juvenile 1, & 2, & 3, & 4, &  
 Non-competitive-----\$4.00

WHEN APPLYING FOR A CLEARANCE LICENCES MUST ACCOMPANY REQUEST

MEMBERS TRANSFERING FROM ONE CATEGORY TO ANOTHER MUST RETURN LICENCE

CORRECT AFFILIATION FORMS MUST BE USED AT ALL TIMES AND SENT WITH CORRECT AFFILIATION FEES

REPLACEMENT OF LOST OR DAMAGED LICENCES-----\$3.00

\*\*\*\*\*  
 NOTE.... THE SYDNEY CYCLING CLUB FEE REMAINS AT TEN ( 10 ) DOLLARS .  
 THIS WILL SHORTLY BE REVIEWED ( INFLATION ETC ) . YOU SHOULD  
 FORWARD YOUR DUES AND AFFILIATION FEES TO JUEL BRIGGS ( secretary )  
 A.S.A.P.  
 1988 Dues are now due....

ice

# a. j. m.

## SYDNEY CYCLING CLUB

Annual General Meeting - 3 November, 1987

**Present:** B. Greig R. Peerenboom P. Smith M. Lobban  
A. Lumb M. Marlow J. Greig B. McQuarrie  
T. Wilhelm D. Sigsby A. Smith W. Rolli  
M. Miltzer P. Montesin S. Turner T. Bookes  
M. Griffith B. Clements

### Presidents Report

Presented by Bob Greig, who was elected in May 1987 following Malcolm Hanndon's departure. Highlights of the year included:

- increased membership
- success of the criterium, many thanks to B. Vote and helpers
- time trials, thanks to efforts of Steve Turner, Bob and Janine

### Treasurers Report

Presented by Allen Smith  
The Club operated at a net profit of \$194.12  
See attached report  
The report was accepted  
Proposed: P. Smith  
Seconded: J. Greig

### Election of Office Bearers

**President:** Motion that Bob Greig be re-elected  
Proposed: S. Turner  
Seconded: R. Peerenboom

**Secretary:** Motion that Juel Briggs be elected  
Proposed: J. Greig  
Seconded: R. Peerenboom

**Treasurer:** Motion that Brian McQuarrie be elected  
Proposed: B. Greig  
Seconded: J. Greig

### Race

**Secretary:** Motion that we continue with race secretary and that be Bruce Bote  
Proposed: M. Griffith  
Seconded: B. Clements

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### Tour

**Secretary:** M. Griffith suggested that we appoint a person on a quarterley basis to maintain enthusiasm. Thus, each person would be responsible for one X 2 day ride and two x 1 day rides.

After much discussion, it was decided to maintain one position of Tour Secretary who will co-opt help as required.

Motion that Spencer White be Tour Secretary

Proposed: S. Turner  
Seconded: M. Griffith

### Coach:

M. Griffith proposed that we appoint a coach to conduct a training programme, and nominated that this be undertaken by Paul Montesin with assistance from Michael Griffith. Paul indicated that continuity may be difficult given the shift work nature of his employment.  
Proposed: S. Turner  
Seconded: R. Peerenboom

### Editor:

Nominated, Owen Lowe  
Don Sigsby

Don was elected  
Proposed: P. Montesin  
Seconded: M. Griffith

### General Matters

**Sunday rides:** clarification of protocol was requested regarding punctures, lights etc.

- . Training rides: generally don't stop for punctures
- . Club rides: generally do stop for punctures
- . Red lights: generally do stop

**Training Jerseys:** Juel Briggs to arrange the order of training jackets. We need a minimum number of 30 at approximately \$30 each.

Bob thanked Allen Smith - retiring treasurer for a job well done over 11 years.

The meeting was concluded.

## INTERNATIONAL NEWS

# Pedal power proves a big point

By TONY HOBAN  
PEDAL power was the victor in the great Commuter Derby today.

The race pitted buses, trains, cars and bikes against one another from various suburbs to Martin Place to find the fastest form of transport.

Bikes won all five journeys today by an average five and a half minutes.

Organiser, Garry Weicks, of the Bicycle Institute, said he was surprised by the results.

"We expected bikes to do well, but didn't expect them to win every journey," Mr Weicks said.

"We didn't have a practice run so we really had little idea how bikes would fare."

The Institute estimates about 10,000 Sydney workers commute by bike to work each day and there are one million bike users in the State.

From Bondi Junction, the bike took 14 minutes 30 seconds to reach the city; the train took 19 min 30 secs; a taxi 20 min and a bus 34 min 30 secs.

From Newtown the



# PULL OVER, PUSHBIKE!

CYCLISTS who enjoy early morning exercise in Centennial Park be warned - go easy on the pedals or you may suffer a hip pocket injury.

Police radar traps, set up to snare speeding motorists, have been catching some two-wheeled prey lately.

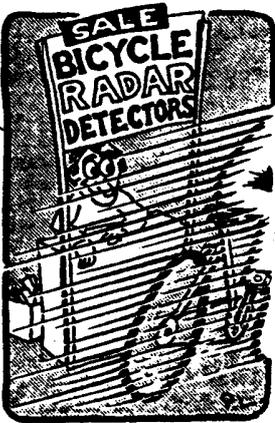
Professional cyclists exceeding the 30km speed limit in the park have been pulled over by Highway Patrol police who have warned they will soon be issuing summonses with a maximum fine of \$200.

"Officers have had to speak to cyclists when they are picked up by the radar for exceeding the speed limit," a police spokesman said.

"We are so busy with speeding motorists, we haven't had time to bother about bicycles - so far."

## Speed fines to hit park pedal power

BEWARE MILNER!  
37 1/2 KPH AVERAGE  
LOOKS GOOD IN  
PRINT, AND IMPRESSES  
THE PLEBS, BUT...  
(A SILENT WELLWISHING  
CONTRIBUTION)



Daily Mirror, 29.10.87

# trivia

FROM HUSH MILNER

**GET READY FOR ROLLER BALL.** In an effort to reduce accidents caused by reckless bicycle messengers, New York City recently banned ALL bicycles from Park, Madison, and Fifth Avenues in midtown Manhattan from 10 a.m. to 4 p.m. The trial period for the ban will last 3 months. Needless to say, most cyclists are *not* happy with the city's actions.

"Tough licensing laws and higher quality enforcement will have a greater effect on messengers who act like pit bulls on bicycles than a ban on all bikes," said L.A.W. administrator John Cornelison. "These outlaw messengers will consider the ban a challenge, not a prohibition, and will continue to ride in a reckless and irresponsible manner."

I think Cornelison's right. And it won't be "Cagney and Lacey" slipping the cuffs on offenders every time they stop for coffee - it could be more like the chase scenes in *The Blues Brothers*. Just how are police in midsize cruisers going to stop cyclists even if they *do* catch up to them, by shooting out their tires? *Wild in the Streets*.

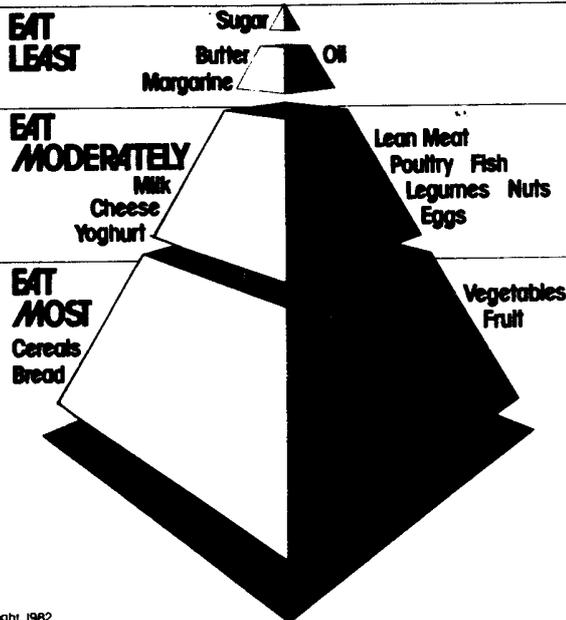
Of course, there is one possible solution to the enforcement problem that would certainly add to New York's already exciting ambience: bicycle police! They could be recruited from the ranks of former trackies, ex-football linebackers, or anybody else that's large and has a decent sprint. Sort of like *A Clockwork Orange* on two wheels.

With a little luck we could get one of the TV networks to point a few spare cameras out of their downtown windows whenever they're idle and capture some of the fun for viewing on the weekend. The "contestants" would probably look worse than the survivors of Paris-Roubaix, and just think of the ratings. Everybody loves a chase.

# diet

**ON A HAPPIER NOTE**, the recently passed Urban Mass Transit Improvement Act recognises the important contribution bicycling can make to a cleaner, healthier, more pollution-free commuting environment. The bill improves on the UMTA of 1964 by providing 90% Federal co-funding of projects that link bicycling with mass transit. These could include bike racks or shelters at mass transit facilities, or even racks for bicycles on mass transit vehicles. For more information, contact the League of American Wheelmen, Suite 209, 6707 Whitestone Rd., Baltimore, MD 21207, 301-944-3399.

## THE HEALTHY DIET PYRAMID



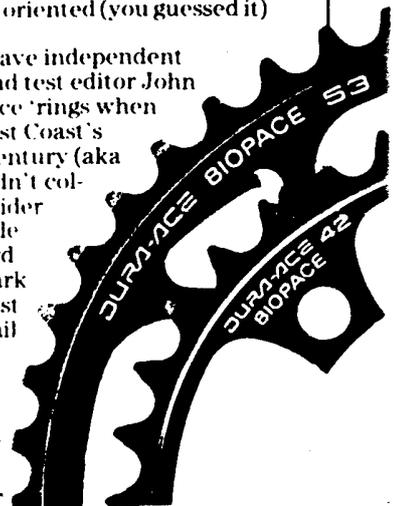
© Copyright 1982

**RACE BIOPACE.** The new Dura-Ace Biopace chainrings you see on this page have 2 major new features.

First, they're made of the same chainring material as regular Dura-Ace chainrings, assuring longer life, and offering Biopace virtues to previously neglected upper-end bikies.

Second, the inner (42T) ring is configured differently than other inner Biopace rings. Historically, Biopace rings have been oriented for slogging uphill at low rpm and high peak foot forces, the characteristics of the average recreational rider according to Shimano research. Recent developments brought us the introduction of a "spinner's" outer Biopace chainring, oriented for the faster cadences and somewhat lower peak forces of more competitive (read "smoother") riders. And now, in response to further Shimano research that shows that most competitive riders spin their *inner* chainrings as well as their *outers*, this Dura-Ace inner ring is oriented (you guessed it) for spinners, competitive or not.

Is it effective? Well, we don't have independent laboratory tests, but BICYCLING road test editor John Kukoda used the Dura-Ace Biopace rings when he breezed through one of the East Coast's hilliest rides, the French Super Century (aka The CBBC Death Ride). No, he didn't collect the \$100 offered to the first rider to break 5 1/2 hours for the 111-mile ordeal, but he did set a new record of 5:57 hours, to break the old mark of 6:16 and better his previous best by almost an hour. No price is available just yet, but figure somewhat higher than regular round Dura-Ace. PHOTOGRAPH BY JIM REDCAY



Reprinted with the permission of the Australian Nutrition Foundation.

## HOW TO: Handlebar Wrapping Made Easy

Time to re-tape your handlebars? Here are a few hints to make it easier, better looking and more durable.

People usually tape handlebars from top to bottom because it is easier to finish the taping off by tucking the end in between the bar and the handlebar plug. But this can lead to separation of the wraps in the top curve of the bar where your hands are always sliding forward. Try wrapping from the bottom of the bar to the top, and finish off with some electrical or friction tape in contrasting or coordinating colors. Put the friction tape seam at the bottom side of the bar and fix it by sealing the end with a soldering iron or the heated tip of an old knife blade.

When wrapping, be sure to stretch the tape as hard as you can without breaking it so that it won't slip on the bars. Overlap each wrap by no more than a third of the tape's width (check the amount of overlap at the outside of the bar when wrapping around bends) and you should end up with plenty of tape at the end. If you do run a little short, finishing at the top with the friction tape will cover the shortage.

Here's a trick for wrapping around the brake levers. Before you start taping, cut two three-inch pieces of tape from the roll, or one from each roll if you have two. This piece is wrapped around the lever mounting and the ends extending up onto the sides of the brake lever body. It fills the gap that is left between the



PHOTOGRAPHY © 1987 STEVE ESSIG

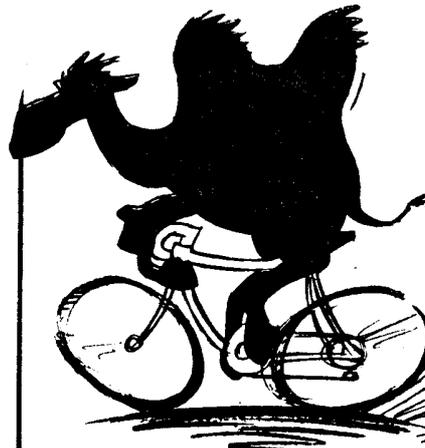
figure eight pattern you will be wrapping and the bottom edge of the gum hood.

When you get to the bottom of the brake lever, overlap it by  $\frac{1}{8}$ " to  $\frac{1}{4}$ ". Visualize making a figure eight around the bar and brake lever with tape. Start at the bottom of the eight, which will be below the brake lever and in front of the bar. The crisscross of the eight will be at the backside of the bar directly opposite the center of the brake lever body. The top of the eight is at the top of the lever body and in front of the bar.

At this point, once again overlap the lever with  $\frac{1}{8}$ " to  $\frac{1}{4}$ " of tape. Continue in the same fashion until you have completed the eight at the bottom of the brake lever. Once you have completed the eight, make another half figure eight to get back above the brake lever, and wrap the top half of the handlebars.

—John Barnett

## Are You Drinking Enough?



Never rely on  
thirst as an  
indicator of  
how much  
liquid your body  
needs. Drink at  
least four to five  
ounces every  
15 minutes  
throughout  
your ride.

SO HERE I AM, RIDING  
ON THE BACK OF  
MOM'S TEN-SPEED...

PEOPLE WONDER WHY  
I WEAR A SKI CAP WHEN  
IT'S SO WARM OUTSIDE



LOOK OUT FOR THE  
TRUCK! LOOK OUT  
FOR THE CAR!

I NEED IT FOR  
GOING THROUGH TRAFFIC



## Foil For Food



When carrying loose food on a ride it's best to wrap it in aluminum foil instead of a plastic bag. Foil doesn't blow out of your hands or pockets as easily as plastic.

# N.S.W.C.F. 1987 TRACK PROGRAMME

## HOW TO ENTER:

Race entries must be made on an official entry form (these are available from the N.S.W.C.F. Office or your Club Hon. Secretary). A separate entry for each event, plus appropriate entry fee is required.

Send entries to:— N.S.W.C.F.  
Race Entries  
Box No. 2343 Post Office  
NORTH PARRAMATTA, N.S.W. 2151

Entries will not be accepted at Sports House or by Race Promoters.

## LATE ENTRIES:

Rule 149 (a)

'A late entry fee will be paid plus the relevant entry fee from any rider stating they have been left off the programme, or desire a late entry. Fee to be refunded within 14 days if they had entered. Late entries are not permitted for classics and/or handicap events, late entry at track opens enables a rider to participate in all races other than handicaps'.

## RACE ENTRY FEES:

Senior	\$ 6.00
Junior	\$ 5.00
Veteran	\$ 6.00
Women	\$ 5.00
Juvenile 1	\$ 2.00
Juvenile 2	\$ 1.00
Juvenile 3	\$ 1.00
Premierships	\$12.00
Madisons	\$12.00

## STATE SECRETARIES:

N.T.	Shirley Davis	(089) 27 1558
QLD.	Mike Victor	(07) 399 3367
S.A.	Jean Cook	(08) 255 1639
TAS.	Joy Bestwick	(003) 31 2712
W.A.	Mike Poyner	(09) 384 4130
VIC.	George Nelson	(03) 328 4391

## LICENCES:

All licences must be presented when collecting numbers at 'Open Events'. Numbers must be returned promptly to the numbers steward after the event.

## GEAR RATIOS FOR JUVENILES:

Juvenile 1	85"	6.70m
Juvenile 2	77"	6.125m
Juvenile 3	69"	5.50m

## OPEN INVITATION RACING

The following events are promoted by the respective Clubs to provide a full range of racing for all Divisions through the Summer months.  
ENTRY ON THE LINE.

### TRACK EVENTS:

**LIDCOMBE OVAL** - Lidcombe Auburn ACC  
7.30 p.m. All Divisions  
Every Friday Evening  
Contact: Norm Sargent (02) 773 4620

**CANTERBURY VELODROME** -  
Bankstown Sports AAC  
7.30 p.m. All Divisions  
Every Wednesday Evening  
Contact: Mrs. Walker (02) 709 3469

**HURSTVILLE OVAL** - St. George AAC  
7.00 p.m. Juveniles, Women  
7.45 p.m. Seniors, Juniors, Veterans  
2nd and 4th Wednesday each month  
Contact: Barry Robins (02) 533 5079

**MERRYLANDS OVAL** -  
Parramatta Motors AAC  
7.30 p.m. All divisions  
Every Wednesday evening  
(Open training 7.00 p.m. every Monday)  
Contact: Rob Bates (02) 686 1963

**CYCLESPORE ALEX FULCHERS CARAVANS** -  
Canterbury Velodrome & Touch Stadium  
Bayview Ave., Earlwood  
8.50 p.m. every Tuesday evening  
Commencing 10.11.87  
Open Invitation 50 Km. Point Score  
Senior/Junior/Veteran/Women  
Contact: Alex Fulcher (02) 7284000

**MOLLONGONG VELODROME** -  
Illawarra Western Suburbs CC  
Every Friday night  
7.30 p.m. all divisions  
Contact: Mrs. Wyles (042) 377704

## SUMMER CRITERIUM RACING

**LIDCOMBE AUBURN** -  
Every Saturday till Christmas  
4.00 p.m. all divisions  
Road Racing  
onr Arundel Road & Burley St.,  
Morsley Park  
Contact: Norm Sargent (02) 773 4620

**PENRITH PANTHERS**  
Monday 6.30 p.m. - Shane Park  
South Creek Road, Llandilo  
commencing 2.11.87  
Contact: Mr. Ballie (02) 622 3370

**BLACKTOWN CITY**  
Sunday 10.00 a.m. to 12.00 noon  
Blacktown Showground  
Every fortnight  
during summer track season  
Contact: Tom Scheerhoorn (02) 621 4056

**EASTERN SUBURBS**  
Heffron Park, Maroubra  
Tuesday Evenings  
during daylight savings - 6.00 p.m.  
Plus: 'Aldion Cycles' Criterium Series  
Contact: Harry Scott (02) 344 0249

**BANKSTOWN SPORTS**  
Landsdowns Reserve  
Henry Lawson Drive, Landsdowne  
Sunday Mornings - 7.30 a.m.  
all divisions  
Contact: Herb Townsend (02) 645 1396

**NORTHERN SUBURBS**  
Sunday Fortnightly  
Tapko Road, Terry Hills  
Senior/Junior/Veteran - 7.30 a.m.  
Juveniles - 8.00 a.m.  
Entries accepted no later than 15 mins. prior to start time.  
Contact: Max Rowling (02) 84 5331

**Caravello Joinery Road Race**  
4/5/87 26th January, 1987  
Beaumont Street  
Mt. Kuring-ai Industrial Estate  
Senior/Junior/Veteran - 8.30 a.m. - 75km  
Contact: Mike O'Reilly (02) 411 2261

**SUTHERLAND DISTRICTS** -  
Maracah Park, Sutherland  
Friday 6.00 p.m. and  
Saturday 3.00 p.m.  
during daylight savings all divisions  
TO BE CONFIRMED

## 1987-88 TRACK PROGRAMME

### NOVEMBER

Sat. 7th 9th ANNUAL CYCLIST REUNION  
6.00 p.m. Marrickville Bowling Club  
Illawarra Road Undercliffe  
Information only: Mr. Ron Small (02) 729154

Sat. 14th **WINTER DISTRICT ACC**  
Broadmeadow Velodrome  
6.00 p.m. all divisions  
Prizes: \$1200.00  
Information only: Mr. Gary Burnes (049) 54 0112  
Entries Close: 1.11.87  
Box No. 2343 PO  
North Parramatta 2151  
SUNDAY MORNING CRITERIUMS POST ENTRIES

Sat. 21st **N.S.W.C.F. INVITATION**  
Canterbury Velodrome  
5.30 p.m. Juv 3/Juv 2/Juv 1/Veterans  
7.30 p.m. Junior/Senior/Women  
Prizes:  
Information only: Mrs. Balmer (02) 241 1870  
Entries Close: 8.11.87  
Box No. 2343 P.O.  
North Parramatta 2151

Sat. 28th **LIDCOMBE AUBURN ACC**  
Lidcombe Oval  
5.30 p.m. Juv 3/Juv 2/Juv 1/Women  
8.00 p.m. Junior/Senior/Veteran  
Prizes: \$1000.00  
Information only: Mr. Norm Sargent (02) 773 4620  
Entries Close: 15.11.87  
Box No. 2343 P.O.  
North Parramatta 2151

DECEMBER

Sat. 5th ILLAWARRA WESTERN SUBURBS CC  
 Wollongong Velodrome  
 Princes Highway, Unanderra  
 6.00 p.m. Juv 3/Juv 2/Juv 1/Women  
 7.30 p.m. Junior/Senior/Veteran  
 Prizes: \$1000.00  
 Information only: Mrs. Wyles (042) 377704

Entries Close:  
 16.11.87  
 Box No. 2343 P.O.  
 North Parramatta 2151

Sat. 6th DULMICH HILL BICYCLE CLUB  
 Camperdown Velodrome  
 Ross Street, Camperdown  
 "SIDNEY 1000"  
 3.00 p.m. Start  
 Senior/Junior/Juvenile 1/Women  
 Prizes: \$5000.00  
 Information only: Mr. Harold Summers (02) 5606076

Entries Close:  
 16.11.87  
 Box No. 2343 P.O.  
 North Parramatta 2151

Sat. 12th HUNTER DISTRICT ACC  
 Townsend Oval  
 Michell Street, Marewether  
 6.00 p.m. All Divisions  
 Prizes: \$1200.00  
 Information only: Mr. Gary Burnes (049) 540112  
 SUNDAY MORNING CRITERIUMS POST ENTRIES

Entries Close:  
 21.11.87  
 Box No. 2343 P.O.  
 North Parramatta 2151

Sat. 19th CANBERRA CC  
 Twilight Open & Southern Division Championships  
 Canberra Velodrome, Narrabundah  
 1.00 p.m. Southern Division Championships  
 (All Divisions)  
 4.00 p.m. Twilight Open  
 All Divisions NO separate Veterans  
 Prizes: \$2000.00  
 Information only: Alan Worth (062) 917779  
 Merv Britten(062) 811153

Entries Close:  
 29.11.87  
 Entries To:  
 Box No. 550 P.O.  
 Civic Square ACT 2606

Entries To:  
 Box No. 2343 P.O.  
 North Parramatta 2151

Sat. 26th CASINO R.S.M. CYCLING CLUB  
 Sun. 27th Queen Elizabeth Park Mo Casino  
 28th 6.00 p.m. each day - all divisions  
 Wheel Race - \$1500.00  
 Total Prizes - \$4500.00  
 Information only: Kevin Mason (062) 62 1686

Entries Close:  
 6.12.87  
 Box No. 2343 P.O.  
 North Parramatta 2151

JANUARY:

Fri. 1st NEWCASTLE VELODROME PROMOTION  
 Sat. 2nd Newcastle Velodrome  
 7.00 p.m. each day - All Divisions  
 \$2000.00 each Day  
 Double entry for both days  
 Information only: Col Chaston (049) 572813  
 Jim Sandford (049) 435170

Entries Close  
 12.12.87  
 Box No. 2343 P.O.  
 North Parramatta 2151

Sat. 9th MUSWELLBROOK ACC  
 Muswellbrook Velodrome  
 Olympic Ave. Muswellbrook  
 6.00 p.m. All Divisions  
 Prize: \$1000.00 plus trophies  
 Maximum gear for all divisions 88"  
 Information only: Alan Skippem (065) 425453

Entries Close  
 20.12.87  
 Box No. 2343 P.O.  
 North Parramatta 2151

Sun. 10th MUSWELLBROOK ACC  
 Criterium Victoria Park  
 Hill St. Muswellbrook  
 9.30 a.m. All Divisions  
 Prizes: \$500.00 plus trophies  
 Information only: Alan Skippem (065) 425453

Entries Close  
 20.12.87  
 Box No. 2343 P.O.  
 North Parramatta 2151

Sat. 16th OZSIDE PROMOTIONS  
 World Series Canterbury Velodrome  
 Bayview St. Earlwood  
 6.30 p.m. International Track Series  
 Invitation Riders Only  
 Information only: Frank & Phil Bates (02) 5703855

Sun. 17th N.S.W.C.F. INVITATION (Including N.S.W. Madison Championship)  
 Canterbury Velodrome  
 Bayview Street Earlwood  
 5.00 p.m. Juveniles & Veterans  
 7.00 p.m. Junior/Senior/Women  
 9.00 p.m. N.S.W. MADISON CHAMPIONSHIP  
 Junior/Senior 75 Km  
 Separate entry for madison Teams \$12.00  
 Information only: Mrs. Balmer (02) 241 1870

Entries Close:  
 27.12.87  
 Box No. 2343 P.O.  
 North Parramatta 2151

Sat. 23rd METROPOLITAN CHAMPIONSHIPS  
 Canterbury Velodrome  
 Bayview St. Earlwood  
 9.00 a.m. Junior & senior pursuit  
 qualifying rounds & semis  
 4.30 p.m. Juv 3/Juv 2/Juv 1/ Sprint  
 6.30 p.m. Vet 1/Vet 2/Wom/Jun/Sen Sprint

Entries Close:  
 3.1.88  
 Box No. 2343 P.O.  
 North Parramatta 2151

Sun 24th 9.00 a.m. Junior and Senior Point Score Heats (if necessary)  
 6.00 p.m. Juv 3/Juv 2/Juv 1/Vet 1/Vet 2 Scratch races  
 7.00 p.m. Junior and Senior Pursuit Finals  
 Womens Scratch Race  
 Junior and Senior Point Score Finals

Separate entry for each event with appropriate entr fee  
 Information only: Mrs. Balmer (02) 241 1870

Sat. 23rd COUNTRY TRACK CHAMPIONSHIPS  
 Wollongong Velodrome  
 10.00 a.m. Junior and Senior Pursuit  
 qualifying rounds & semis  
 4.30 p.m. Juv 3/Juv 2/Juv 1/ Sprint  
 6.30 p.m. Vet 1/Vet 2/Women/Jun/Sen Sprint

Entries Close:  
 3.1.88  
 Box No. 2343 P.O.  
 North Parramatta 2151

Sun. 24th 9.00 a.m. Jun and Senior Point Score Heats (if necessary)  
 3.00 p.m. Juv 3/Juv 2/Juv 1/Vet 1/Vet 2/ Scratch Races  
 Womens Scratch Race  
 Junior Point Score  
 Senior Point Score

Separate entry for each event with appropriate entry fee  
 Information only: Mrs. Wyles (042) 377704

Sat. 30th BANKSTOWN SPORTS ACC  
 Canterbury Velodrome  
 Bayview St., Earlwood  
 5.30 p.m. Juv 3/Juv 2/Juv 1  
 7.00 p.m. Sen/Jun/Mom/Vet  
 Including Aces Omnium  
 Plus Bankstown Wheelrace  
 Prizes: \$2000.00  
 Information only: Mrs. Walker (02) 709 3469

Entries Close:  
 10.1.88  
 Box No. 2343 P.O.  
 North Parramatta 2151

FEBRUARY:

Mon. 1st OZSIDE PROMOTIONS  
 World Series  
 Grafton  
 Invitation Riders Only  
 Information only: Frank & Phil Bates (02) 5703855

Wed. 3rd OZSIDE PROMOTIONS  
 World Series  
 Newcastle  
 Invitation Riders Only  
 Information only: Frank & Phil Bates (02) 5703855

Fri. 5th OZSIDE PROMOTIONS  
 World Series  
 Wollongong Velodrome  
 Invitation Riders Only  
 Information only: Frank & Phil Bates (02) 5703855

Sat. 6th OZSIDE PROMOTIONS  
 World Series  
 Canterbury Velodrome  
 6.30 p.m. International Track Series  
 Invitation Riders Only  
 Information only: Frank & Phil Bates (02) 5703855

Sat. 7th	N.S.W.C.F. Canterbury Velodrome All Divisions CLARENCE ST. CUP N.S.W. TEAMS PURSUIT 9.00 a.m. Juvenile & Junior & Senior Teams Pursuit (qualifying rounds and semis) 5.00 p.m. Juv 1/Juv 2/Juv 3/Women 6.30 p.m. Junior and Senior and Veterans racing Juvenile and Junior and Senior Teams Pursuit Finals  CLARENCE ST. CYCLERY CUP Entry for Teams Pursuit Teams \$12.00 Other entries - normal entry fee Information only: Mrs. Balmer (02) 241 1870	Entries Close: 17.1.88 Box No. 2343 P.O. North Parramatta 2151	Sat. 20th	N.S.W.C.F. STATE CHAMPIONSHIPS Canterbury Velodrome Bayview Ave., Earlwood 7.00 p.m. Juv 1/Juv 2/Juv 3 Revenge Series Womens Pursuit Semis and Finals Junior Pursuit Semis and Finals Senior Pursuit Semis and Finals Senior Sprint Semis and Finals Veteran Scratch Races All Divisions Separate Entry Fee for each Race Entry with Appropriate entry fee Information only: Mrs. Balmer (02) 241 1870	Entries Close: 31.1.88 Box No. 2343 P.O. North Parramatta 2151
Fri. 12th	N.S.W.C.F. STATE CHAMPIONSHIPS Canterbury Velodrome Bayview Ave. Earlwood 6.00 p.m. Juvenile Time Trial 7.30 p.m. Junior Time Trial 8.30 p.m. Senior Time Trial All Divisions Separate Entry Fee for Race Event with Appropriate Entry Fee Information only: Mrs. Balmer (02) 241 1870	Entries Close: 24.1.88 Box No. 2343 P.O. North Parramatta 2151	Sun. 21st	N.S.W.C.F. STATE CHAMPIONSHIPS Canterbury Velodrome Bayview Ave., Earlwood 9.00 a.m. Veteran Sprint up to and including quarters Junior Scratch Race Heats (if necessary) 6.30 p.m. Veteran Sprint Semis and Finals Junior Scratch Race Final Senior Point Score Final All Divisions Separate Entry Fee for each race entry with appropriate entry fee Information only: Mrs. Balmer (02) 241 1870	Entries Close: 31.1.88 Box No. 2343 P.O. North Parramatta 2151
Sat. 13th	N.S.W.C.F. STATE CHAMPIONSHIPS Canterbury Velodrome Bayview Ave. Earlwood 8.30 a.m. Juv 1 Sprint up to and including quarter Finals Women Sprint up to and including quarter finals 10.00 a.m. Junior Point Score Heats (if necessary) Senior Scratch race Heats (if necessary) 6.00 p.m. Juvenile 3 Sprint Championships Juvenile 2 Sprint Championships 7.30 p.m. Juvenile 1 Sprint Championships Semis and Finals Women Sprint Championships Semis and Finals Senior Scratch Race Final Junior Point Score Final All Divisions Separate Entry Fee for Race Events with Appropriate Entry Fee Information only: Mrs. Balmer (02) 241 1870	Entries Close: 24.1.88 Box No. 2343 P.O. North Parramatta 2151	Sat. 27th	PARRAMATTA HOLROYD ACC Merrylands Oval All Divisions plus N.S.W. VETERANS TEAMS PURSUIT - \$12.00 per team Prizes: \$500.00 plus Trophies Information only: Mr. Bates (02) 686 1963	Entries Close: 7.2.88
Sun. 14th	N.S.W.C.F. STATE CHAMPIONSHIPS Canterbury Velodrome Bayview Ave. Earlwood 9.00 a.m. Juvenile 3 Scratch Race Heats (if necessary) Juvenile 2 Scratch Race Heats (if necessary) Juvenile 1 Scratch Race Heats (if necessary) Junior Sprint up to and including quarter finals 6.00 p.m. Juvenile 3 Scratch Race Final Juvenile 2 Scratch Race Final Juvenile 1 Scratch Race Final Womens Scratch Race Final Junior Sprint Semis and Finals 7.30 p.m. Senior Point Score (heats if necessary) All Divisions Separate Entry Fee for each Race Event with Appropriate entry Fee Information only: Mrs. Balmer (02) 241 1870	Entries Close: 24.1.88 Box No. 2343 P.O. North Parramatta 2151	Sat. 27th	MARCH: Sat. 5th N.S.W. v QUEENSLAND Chandler Velodrome Ansett Cup Seniors only (invitation)	
Sun. 14th	N.S.W.C.F. STATE CHAMPIONSHIPS Canterbury Velodrome Bayview Ave. Earlwood 9.00 a.m. Juvenile 3 Scratch Race Heats (if necessary) Juvenile 2 Scratch Race Heats (if necessary) Juvenile 1 Scratch Race Heats (if necessary) Junior Sprint up to and including quarter finals 6.00 p.m. Juvenile 3 Scratch Race Final Juvenile 2 Scratch Race Final Juvenile 1 Scratch Race Final Womens Scratch Race Final Junior Sprint Semis and Finals 7.30 p.m. Senior Point Score (heats if necessary) All Divisions Separate Entry Fee for each Race Event with Appropriate entry Fee Information only: Mrs. Balmer (02) 241 1870	Entries Close: 24.1.88 Box No. 2343 P.O. North Parramatta 2151	Sun. 6th	N.S.W. OMBIUM CHAMPIONSHIP Canterbury Velodrome Bayview Ave. Earlwood 5.30 p.m. Sen/Jun/Juv 1/Wom/Vets/ Information only: Mrs. Balmer (02) 241 1870	Entries Close: 21.2.88 Box No. 2343 P.O. North Parramatta 2151
Fri. 19th	N.S.W.C.F. STATE CHAMPIONSHIPS Canterbury Velodrome Bayview Ave., Earlwood 6.30 p.m. Womens Pursuit Qualifying round Junior Pursuit Qualifying round and quarters Senior Pursuit Qualifying Round and quarters Senior Sprint up to and including quarters All Divisions Separate Entry Fee for each Race Event with Appropriate entry Fee	Entries Close: 31.1.88 Box No. 2343 P.O. North Parramatta 2151	Sat. 12th	GOULBURN ACC Criterion Cartwright Place Goulburn 2.00 p.m. three combined grades of sen/jun/vet/wom Minimum Prizes: \$1000.00  Information only: Mrs. Knight (048) 217480	Entries Close: 28.2.88 Box No. 2343 P.O. North Parramatta 2151
Fri. 19th	N.S.W.C.F. STATE CHAMPIONSHIPS Canterbury Velodrome Bayview Ave., Earlwood 6.30 p.m. Womens Pursuit Qualifying round Junior Pursuit Qualifying round and quarters Senior Pursuit Qualifying Round and quarters Senior Sprint up to and including quarters All Divisions Separate Entry Fee for each Race Event with Appropriate entry Fee	Entries Close: 31.1.88 Box No. 2343 P.O. North Parramatta 2151	Sat. 19th to Sat. 26th	AUSTRALIAN TRACK CHAMPIONSHIPS Shepparton Velodrome Seniors/Juniors/Juvenile 1/Women Information only: Mrs. Balmer (02) 241 1870	
			Sat. 2nd Sun. 3rd	DURBO EASTER CARNIVAL Victoria Park No. 1  Entries Close: Box No. 2343 P.O. North Parramatta 2151	

TO BE CONFIRMED

SYDNEY CYCLING CLUB

# members



<u>NAME</u>	<u>ADDRESS</u>	<u>PHONE</u>
Beauchamp, John	41 Byron St, Coogee 2034	665 4255
Beavis, Don	30 Palmerston Rd, North Unley, S.A. 5061	
Black, Russell	154 Carrington Rd, Randwick, 2031	399 9578
Bonwick, Mark	2/44 McDougall St, Kirribilli, 2061	451 5555w
Bookes, Tony	1 Upper Cliff Ave, Northbridge, 2063	958 5250
Brandon, Frank	40/40 Penkivil St, Bondi, 2026	387 3091
Briggs, Juel	4 Foucart St, Rozelle 2039	818 3981
Browne, Jack	42 Read St, Waverley, 2024	387 3412
Carter, Perc	19 Cook St, Woollooware, 2230	523 6157
Clements, Bill	1/106 Hargrave St, Paddington, 2021	328 6534
Chase, Meryl	5/70 Oaks Ave, Dee Why 2099	
Costa, John	7 Dudley St, Bondi, 2026	30 4774
Davis, Chad	11/21 Bondi Rd, 2026	387 4885
Davis, Kay	11/21 Bondi Rd, 2026	387 4885
Doldissen, Andy	17 Clements St, Five Dock, 2046	713 4459
Downie, Andrew	22 Cameron Ave, Artarmon, 2064	419 2433
Droz, Gilbert	C/- Gilberts Cyclery 16 O'Brien St, Bondi	305216
Droz, Fabian	" "	"
Emery, Phillip	20 Vale St, Clovelly, 2031	665 9528
Frost, Douglas	76 The Comenarra Pkwy, Turramurra, 2074	449 4179
Greig, Robert	4 Holt St, Stanmore, 2048	569 1736
Greig, Janeen	4 Holt St, Stanmore, 2042	569 1736
Griffith, Michael	38 Parkham St, Surry Hills, 2010	699 9681
Hammond, Malcolm	6/145 Hastings Pde, Bondi, 2026	30 8755
Hamrozi, Tony	46 Bandoek St, Randwick, 2031	399 9134
Hanley, Martin	19/339 Edgecliff Rd, Edgecliff, 2027	328 7159
Harold, Peter	36 Bower St, Manly, 2095	898 6200
Hood, Ian	16A Robinson St, Croydon, 2132	745 3858
Israel, Patricia	29 Oxley St, Malabar, 2036	661 7902
James, Anton	431 Elizabeth St, Surry Hills, 2010	212 2078
Kamahl, Michael	82 Oxford St, Paddington, 2021	331 2671
Karlikoff, Harry	3/14 Edward St, Bondi, 2026	30 4088
Lobban, Marjorie	77 Young St, Redfern, 2016	699 5081
Lowe, Owen	32 Campbell St, Abbotsford, 2046	712 1907

<u>NAME</u>	<u>ADDRESS</u>	<u>PHONE</u>
Lumb, Alan	27 Albion St, Waverley, 2024	389 7695
Marcus, Helen	2/82 Houston Rd, Kingsford, 2032	662 7394
Marlow, Matthew	48/50 Willis St, Kingsford, 2032	399 6432
McGuinness, Stephen	58/51 Roslyn Gardens, Elizabeth Bay, 2011	356 4216
McQuarrie, Brian	4A Rhodes Ave, Naremburn, 2065	439 4226
Meltzer, Mark	16/360 Birrell St, Bondi, 2026	389 0239
Milner, Hugh	12 Godfrey Rd, Artarmon, 2064	419 5968
Moloney, John	29 Francis St, Bondi, 2026	301422
Montesin, Mario	28 Verdun St, Bexley, 2207	588 6328
Montesin, Ovidio	92 Perry St, Matraville, 2036	661 4305
Montesin, Paul	38 Australia Ave, Matraville, 2036	661 1394
O'Toole, Roy	81 Bunnerong Rd, Kingsford, 2032	344 5130
Page, Jeff	22 Isaac Smith St, Daceyville, 2032	662 1617
Peerenboom, R'marie	56 Hopetoun St, Newtown, 2042	519 6215
Revell, Alan	56 Wallaroy Rd, Woollahra, 2025	327 5037
Rolli, Walter	34 Earl St, Randwick, 2031	399 9991
Sibilia, Bruno	259 Birrell St, Bondi, 2026	389 3144
Sigsby, Don	77 Young St, Redfern, 2016	699 5081
Smith, Alan	11A Rowley St, Brighton-Le-Sands, 2216	59 2455
Smith, Peter	67 Glenmore Rd, Paddington, 2021	33 5457
Soloman, Warren	C/- Room 57, Trades Hall, Cnr Dixon & Goulburn Sts, Sydney, 2000	264 8549
Timbrell, Paul	53/54 Glencoe St, Sutherland, 2232	542 3176
Topfer, Charlie	66 Arthur St, Enfield, 2136	744 8541
Townshend, Cameron	252 Liverpool St, Darlinghurst, 2010	360 1689
Turner, Steve	35 Holmwood St, Newtown, 2042	5192871
Vote, Bruce	7 Beulah St, Kingsford, 2032	3448156
Wallis, Job	23 Harris St, Paddington, 2021	32 0606
White, Spencer	24/679 Bourke St, Surry Hills, 2010	699 5593
Wilhelm, Tom	7/164 Queen St, Woollahra, 2025	32 3680
Gary O'Sullivan		
Ralph Cimino		
Scott Vanthoff		